Tel: 01822 616958
Tavistock
Chapel Street
The Anchorage Centre

Held at:

Social Events
Exercise Classes
Support Group Meetings

e-mail: evans.v5@sky.com

or

Phil on 01822 613992

Pan on 01822 614204

For more Information
and the Surrounding Areas
with Parkinson's in Tavistock
Local support for people living
AND THEIR CARES IN 2016
PEOPLE WITH PARKINSON'S

JOIN US
IN TAVISTOCK
FIND A CURE.
CHANGE ATTITUDES.

PARKINSON'S UK

Social Coffee Mornings
Every Month in 2016
on the third Friday of
a friendly get together

PARKINSON'S UK

JOIN US
IN TAVISTOCK
FIND A CURE.
CHANGE ATTITUDES.

PARKINSON'S UK

Friday
November
18th

Friday
October
21st

Friday
September
16th

Friday
August
19th

Friday
July
15th

Friday
June
July
17th

Friday
May
20th

Friday
April
13th

Friday
March
18th

Friday
February
19th

Friday
January
15th
surrounding area

In Taunton and Knowsley

and their carers

with Parkinson’s

For People

Support and

Information

1255 - 01822 617225
Shopmobility

4 High - 01822 618440
Wheelchair Accessible Taxi
01822 618208
Ring A Ride

Mon - Fri 9.30 am - 3pm
01822 617225
Single point of contact (SPO)
when attending hospital

To get advice on transport options

Mon - Fri 9am - 3pm
01822 617225
Voluntary Car Services

Taunton Area Support Services

Transport

Well Pharmacy - 01822 852783
Taunton - 01822 617894
Mortons - 01822 613133
Lifton Surgery - 01566 784428
Day Lewis - 01822 612104
Booth - 01822 612628
Abby Surgery - 01822 612447

Kirsy Holland - 0345 6434435
at The Careers Centre

Carol Support Worker

Jean Andrew - 01822 614918
Marleen Lee - 01822 855337

Careers Groups

To get a referral, allow you to self-refer or advise

the Physiotherapists who may

01822 612223 and discuss with

Telephone Taunstock Hospital

Muscular Skeletal Problems

Physiotherapy for

Rehabilitation Therapy

for Physiotherapy, Occupational

Taunstock Community