FIND OUT

Are you affected by PARKINSON’S?
Join us at your local Parkinson’s Drop-in.

Ludgvan Jubilee Hall
Every 2nd Tuesday – 1.30pm-4pm
Helston Cattle Market
Every 3rd Friday – 12.30pm-3pm
Contact Helen 01736 762048

Cannon Downs Village Hall
Every 1st Thursday - 10am – 12.30pm

Launceston Town Hall Every 1st Thursday - 2 – 4 pm

St Austell, Bethel Chapel Rooms
Every 2nd Wednesday -10.30am – 2.30pm

East Taphouse Community Hall
Every 3rd Wednesday - 10am – 2.30pm

Wadebridge Betjeman Centre
Every 4th Wednesday – 2 -4pm

Contact Sue on 01803 262166
Local activities for people with Parkinson’s

Dance for Parkinson's happens at East Taphouse on Friday mornings. The next series of workshops starts on 17th June and runs for 5 weeks. 01503 262166 for more details.

Every Monday afternoon at Summercourt, there is a Parkinson's Shanty Singing group. 01726 861202 for more details.

Dance and Movement Mondays happen at the Praze-an-Beeble Institute from 11 am. 01736 762048 or 07840 109505 for more information.

Newly diagnosed group happening at Carnon Downs Village Hall on the afternoon of the first Thursday of June, July and August. Contact Sue on 01503 262166 to register attendance.

A variety of events and outings take place across the county. Contact chairman@parkinsonscornwall.com for a calendar or look on the website at www.parkinsonscornwall.com

Professionals can receive regular research updates by contacting me. I shall put them on an e mailing list.

There is a YOPs Facebook group called Young People inCornwall with Parkinson’s. It helps build a sense of community and keep people in touch over the county.

In the East of the county Karen Rose organises a younger group but on an informal, irregular basis. Her E mail is karen.pyobb@googlemail.com

There are 7 daytime meetings in Cornwall and one evening YOPs meeting. At East Taphouse and Carnon Downs there are second rooms in which we can meeting new people quietly if they wish.