PROFESSIONAL DEVELOPMENT
WITH
PLYMOUTHC
UNIVERSITY

MENTAL HEALTH
PROFESSIONAL DEVELOPMENT IN MENTAL HEALTH

The BSc (Hons) Professional Development in Mental Health is aimed at healthcare practitioners with substantive experience of working in mental health care. You will enhance your skills in evidence-based psychosocial interventions to enable you to work effectively using psychologically informed evidence-based practice. You will develop theoretical knowledge alongside the enhanced engagement and intervention skills you need to support service users in their recovery journey.

HIGHLIGHTS

- Practical approaches to engaging and working effectively with people who are experiencing complex mental health difficulties.
- Opportunities for inter-professional learning and active engagement with stakeholders.
- Enables choice and values prior experiential learning and experience, with the opportunity to select clinical modules that enhance your specific work role.
- Flexibly designed programme enabling you to ‘step on and step off’ over a five-year period.

PROGRAMME AIMS

To support you to:

- Become a challenging and critical thinking practitioner who can effectively contribute to service enhancement in a mental health setting.
- Use the best available evidence, contemporary knowledge and high-level clinical decision making skills to underpin interventions.
- Develop the confidence, competence and emotional resilience to consistently exercise personal responsibility and professional accountability for decision making and the provision of high-quality safe care.

MODULES

Core modules

- Understanding evidence to inform clinical decision making
- Advanced psychosocial assessment and formulation
- Additional core module for BSc (Hons) pathway – Independent study

Optional modules (not exhaustive)

- Working with people with a diagnosis of personality disorder
- CBT interventions for mental health professionals (mood disorders)
- CBT interventions for mental health professionals (psychosis)
- Working with families (psychosis)
- Leadership and innovation

CAREER OPPORTUNITIES

- Enhance employability and future career progression with a named specialist pathway award.
- Can form part of a progression route to Masters study.

TO APPLY

Email: pdu@plymouth.ac.uk
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DISCOVER MORE

Please contact the pathway lead Francis Thompson
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or visit: www.plymouth.ac.uk/pg/6167