

**PODIATRY
WITH
PLYMOUTH
UNIVERSITY**

Record of Observed Conditions Self-Completion Manual

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This booklet will enable you to record some of the podiatric conditions that you experience in clinic during your three years of training as a podiatrist. We have given you some of the most common conditions you are likely to encounter, but feel free to add to this list any conditions that you experience that are not listed. You can also take time to research a short definition in the first instance. If you meet a patient with the condition you can then record details to help you understand and remember the main features. This might include:

- Specific features or characteristics of the condition
- Other related aspects which may impact on the patient mobility, general health or psychosocial health
- Aetiology of the condition
- How the condition is being managed
- Lesions related to the condition
- Patients attitude to the condition

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Condition	Definition	Description/Comments
Abducto-varus 5 th toe		
Claw Toe		
Dorsiflexed 1 st ray		
Forefoot/Anterior Equinus		
Forefoot varus		
Forefoot valgus		
Frieberg's infraction		
Genu recurvatum		
Genu varum		

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Genu valgum		
Haglunds Deformity		
Hallux abducto- valgus		
Hallux limitus		
Hallux rigidus		
Hammer toe		
Hyperextended 1 st IPJ		

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Mallet toe		
Over-riding (under) toe		
Pes cavus		
Pes planus (Flexible flat foot)		
Plantarflexed 1 st ray		
Rearfoot varus		

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Rearfoot valgus		
Retracted toe		
Sesamoiditis		
Sever's Disease		
Tailor's Bunion		
(Others)		

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Condition	Definition	Description/Comments
Ankylosing spondylitis		
Crepitus		
Gout		
Heberden's nodes		
Juvenile arthritis		
Lupus		

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Osteoarthritis		
Osteophytes		
Osteomyelitis		
Psoriatic arthritis		
Rheumatoid arthritis		

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Swan neck deformity		
(Others)		

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Condition	Definition	Description/Comments
Cerebral palsy		
Charcot		
Hereditary motor sensory neuropathy		
Lower motor neurone lesion		
Multiple sclerosis		

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Parkinson's disease		
Spina bifida		
Spinal nerve entrapment		
Upper motor neurone lesion		
(Other)		

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Condition	Definition	Description/Comments
Anhidrosis		
Atopic eczema		
Basal cell carcinoma		
Bromhidrosis		
Contact dermatitis		
Hyperhidrosis		
Malignant melanoma		

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necrobiosis lipoidica		
Necrosis		
Squamous cell carcinoma		
Ulceration <ul style="list-style-type: none">• Ischaemic• Neuropathic• Venous		
(Other)		

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Condition	Definition	Description/Comments
Angina		
Atherosclerosis		
Chilblains		
Cerebrovascular event (stroke)		
Congestive heart disease		
Hypertension		
Intermittent claudication		
Myocardial infarction		
(Other)		

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Condition	Definition	Description/Comments
Bursitis		
Plantar digital neuroma		
Enthesopathy		
Sprain		
Strain		

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Tarsal tunnel syndrome		
Tendonopathy		
Tight hamstrings		

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Condition	Definition	Description/Comments
Connective tissue disorders		
Metatarsus adductus		
Polydactyly		
Syndactyly		

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Talipes equino- varus		
Tarsal coalition		
(Other)		

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Condition	Definition	Description/Comments
Bullae		
Extravasation		
Fissure		
Haemosiderosis		
Heloma durum		
Heloma miliare		
Heloma molle		
Heloma neuro-vascular		
Linear callus		
Macule		
Nodule		
Papule		

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Pustule		
Scales		
Vesicle		
Telangiectasia		

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Condition	Definition	Description/Comments
Beau 's lines		
Involuted nail		
Koilonychia		
Onychauxis		
Onychocryptosis		
Onychogryphosis		
Onycholysis		
Onychophosis		
Onychomycosis		

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Paronychia		
Psoriatic nail		
Pterigium		
Sub-ungual haematoma		
Sub-ungual heloma durum		
Sub-ungual ulceration		

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Condition	Definition	Description/Comments
Cellulitis		
Lymphangitis		
Mosaic verrucae		
Onychomycosis		
Tinea pedis		
Verruca		
Maceration		

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