Green Prescription Open Evening

at

Dartmoor Zoo

At Dartmoor Zoo we are strong believers in the beneficial effects that being out in nature can have on mental health and well-being, and we are keen to support people on their personal journeys, be it to recovery, back to work or simply to just feel better than they used to.

Join us to see what support we can offer to individuals, charities and services.

What’s On

Grow4Good South West

Meet Dave Sharp, Head Gardener at Grow 4 Good, a fantastic charity who work with volunteers and referrals on site, helping people through horticulture on the Zoo grounds.

Volunteering Opportunities with Mike and Tim

Our Presentation and Maintenance Teams are headed up by MHFA Trained staff whose work can support with confidence, teamwork and basic employability skills.

Measuring Impact with Adam Cook

Head of Research Adam Cook discusses research supporting the benefits of nature on mental health and measuring progress.

Photography Exhibition and Music with Evie Gotham

Exhibition and talk from Evie Gotham of her photography taken as part of her program of creative therapy. Hear how nature and creativity has helped her.

Benjamin Mee

Dartmoor Zoo’s CEO Benjamin Mee talks about the positive impacts of nature on mental health and well-being, as well as social and green prescriptions.

Come along to:

Dartmoor Zoological Park, Sparkwell, Plymouth, PL7 5DG
T: 01752 837 645

19th May 5pm-8pm

Also here...

- BBQ*
- Stands from organisations who are supporting Mental Health in Plymouth
- Live music from 7pm
- Campfire and s’mores* (*weather permitting)