NURSING, MIDWIFERY & ALLIED HEALTH PROFESSIONS

As the largest provider of health and social care professional education in the South West, we offer a range of undergraduate diplomas and degrees, continuing professional development (CPD) and postgraduate programmes.

Courses are delivered at key sites across the south-west region, with a strong emphasis on work placements and career progression, enabling our students to learn within an interesting, innovative and enjoyable environment and to gain the appropriate skills, knowledge and experience to be able to fulfil their aspirations. Our courses develop confident, knowledgeable and competitive health and social care professionals for future employers.

Want to find out more about our courses?
Book now for one of our open days: www.plymouth.ac.uk/opendays
### COURSES

- Dietetics
- Nursing (Adult)
- Nursing (Child Health)
- Nursing (Mental Health)
- Occupational Therapy
- Optometry
- Paramedic Practitioner
- Physiotherapy
- Podiatry
- Pre-registration Midwifery
- Social Work

### YOU MAY ALSO BE INTERESTED IN:

Still not sure which course to choose? Check out our courses in our Medicine, Dentistry & Biomedical Sciences section.

**DISTINGUISH YOURSELF WITH A DEGREE FROM ONE OF THE FIRST INSTITUTIONS TO OFFER THE NEW NURSING AND MIDWIFERY COUNCIL (NMC) STANDARDS FOR NURSING EDUCATION.**
BSc (Hons) DIETETICS

Dietetics is a varied and exciting profession – it focuses on the impact of food and nutrition on health. As a dietitian you will translate the most up-to-date public health and scientific research on food, health and disease into practical guidance to enable people to make appropriate food and lifestyle choices.

Plymouth was the first university to offer dietetics as a three-year course and has a proven history for creating competent professional graduates who are eligible to register as dietitians with the Health and Care Professions Council.

Year 1:
You’ll study psychosocial studies, nutritional epidemiology, biochemistry and genetics, physiology, and human nutrition and food studies to underpin modules in subsequent years. Interprofessional learning with other health profession students provides insights into the necessity for multiprofessional working. You’ll spend three weeks in your first supervised placement.

Year 2:
Pathophysiology, pharmacology, immunology, biochemistry, epidemiology and public health nutrition are studied and extended. An integrated and innovative series of case-based learning exercises will enable you to extend the depth and breadth of your knowledge in nutrition, dietetics and clinical decision making, embedding evidence-based practice and application of year one learning. You’ll undertake supervised clinical practice to enable you to develop the confidence and personal skills required to work as a dietitian.

Final year:
Nutritional science, psychosocial and evidence-based practice are consolidated through appraisal and analysis of contemporary nutritional topics, dietetic specialities and public health nutrition. Knowledge and skills are increasingly applied, with a strong patient focus, during a 12-week supervised clinical practice. You’ll develop management and leadership skills required to work in an interprofessional healthcare environment. You’ll also work on an in-depth research project in an area of personal interest related to dietetics or nutrition.

Special features:
- An established course integrating theory and practice, and interprofessional learning throughout.
- State-of-the-art kitchen facilities.
- Diversity of staff expertise to ensure research-informed teaching.
- Accreditation from the British Dietetic Association.

Entry requirements:
128 points from three A levels which must include Biology and Chemistry, with preference to applicants with at least 72 points in Biology and Chemistry (A/AS combined levels in these subjects will be considered).
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks are required. Deferred entry not accepted. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
Many dietitians gain employment within NHS hospitals or community settings, specialising in areas such as paediatrics, diabetes, obesity and gastroenterology. Other career options include public health nutrition, food industry, freelance and the media, with opportunities to work overseas.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Health and Care Professions Council. This course is accredited by the Association of UK Dietitians.

UCAS course code
B410

Institution code
P60

Duration
3 years (with integrated placements)

Course type
Full time

Location
Plymouth. Please see our website for further details on placements and study trip locations

Fees
For details about fees please refer to page 24

Experience 27 weeks of clinical placements.
Plymouth University offered me the invaluable opportunity to study dietetics, and in only three years! The course offered a superb variety of learning experiences that I can now build on, the University lecturers were always willing to support my needs, and the friendly atmosphere around campus made the whole experience very rewarding!

I now work as a community dietitian in Northern Ireland, and my time at Plymouth has definitely prepared me. The work involves advising and supporting the nutritional needs of a wide variety of patients including advising on conditions such as diabetes, coeliac disease, and those requiring enteral feeding.

Looking back, I really had a terrific experience at Plymouth University, and I enjoyed the lectures in particular. They were extremely interesting and relevant to my practice; it was great to learn new things and consolidate my knowledge, and we were always encouraged to take steps forward into the profession and to test our understanding. There is a 24/7 library available and the University staff are extremely helpful and supportive. There was also a wide variety of clubs and societies available to join and a newly refurbished Students’ Union to socialise in! As a piece of advice, I think that students should make the most of every opportunity and enjoy being at university.

Most importantly, however, Plymouth University offers a really great, but very intensive, course. If dietetics is your passion, then it will definitely be worth it!

Gemma Rice
BSc (Hons) Dietetics graduate
If you have the qualities that demonstrate a compassionate and professional approach to care, then nursing is for you. We’ve developed our courses to ensure that our graduates are equipped with the skills and knowledge to help shape the healthcare of tomorrow. We are consistently recognised as one of the leading providers of nursing education across the region and our nursing courses are informed by credible research delivered by high-quality teaching staff. By studying at Plymouth you’ll benefit from:

• our academic staff’s enthusiasm and passion for teaching, research and the nursing profession
• hands-on clinical experience to develop your understanding and the skills required for your future career, and development of through-life learning
• high-specification facilities, including a clinical skills suite to complement your clinical placement experience.

Nursing and Midwifery Council (NMC) standards:
We were one of the first institutions to offer the new NMC standards for nursing education. Since 2011, we’ve been teaching the most up-to-date curriculum, meaning our graduates leave ready to help shape the nursing workforce of the future. These standards have allowed us to increase the number of clinical skills sessions we offer, develop overseas placements, and offer more opportunities for exchange programmes with other institutions.

Which nursing course?
Choosing to become a nurse means that you’ll work with a wide variety of people. And while it’s important to have core nursing skills, different groups of people require different types of care depending on their situation. We offer courses in three fields, each providing you with the specific knowledge and skills to best help these groups. You can choose to study:

• Adult Nursing
• Child Health Nursing
• Mental Health Nursing.

On completion of your chosen course, you’ll be eligible to apply for registration with the NMC, which will allow you to practise as a Registered Nurse. The following pages give more information about our courses, including content and entry requirements.

Practice placements:
We work closely with a variety of healthcare providers to develop a varied range of placement opportunities across the South West for our nursing students. These placements are your opportunity to link theory to practice and learn how to deal with patients and their families and friends in the most effective and appropriate manner. Many students find this to be the most challenging but rewarding part of the course.

Please note: you may have to travel and work in placements outside of your immediate locality. You’ll also be required to work a 24-hour shift pattern, which will include some weekend and night shift working.

Research:
We have a strongly developed research culture, covering five groups:

• Ageing and rurality
• Applied health genetics
• Clinical skills
• E-health
• Preventive and supportive care.

These groups study issues that are relevant to practice and education. Our academics’ diverse expertise means that our courses include the latest in theory and expert techniques.
BSc (Hons) NURSING (ADULT)

We are regulated by the NMC, thereby ensuring that our courses meet the most recent educational standards for nursing education. We actively involve our students with the development of the nursing curriculum, meaning that our graduates leave ready to help shape the nursing workforce. In recognition of the changing future of health and social care, we are able to offer an enriched course that provides exciting opportunities within the South West and on exchange programmes internationally with other institutions.

Working closely with other professionals, patients and their families, you’ll gain the experience and skills needed to join the 100% of our graduates working as professional nurses*.

Year 1:
You’ll be introduced to the basics of nursing, which will help you to develop key skills and knowledge to prepare you for practice. You’ll do two practice placements within the South West, which give you the chance to experience working in different healthcare settings. Gaining insights into multi-professional teamwork within healthcare, you’ll learn that nursing is not just about the ‘doing’, but also about the thinking, reflection and provision of evidence to enable you to provide a safe and positive experience of caring.

Year 2:
Your enhanced knowledge will allow you to make more contributions to assessing, planning and delivering safe and sympathetic care. You’ll have an increased responsibility in practice, and will develop competence in core skills in hospital and community settings, public health, acute care, assessment and care delivery. You’ll learn to critically analyse and interpret data, then apply it to your professional practice, enabling you to measure and deliver high-quality care.

Final year:
The learning, teaching and practice becomes more challenging, with more opportunities to show your commitment to delivering a high standard of care. Your knowledge will be more specialised, demanding higher level skills of synthesis, analysis and evaluation. You’ll develop vital management and leadership skills and have the courage to speak out for your patient. Your final three placements will focus on professional mastery and your fitness for practice as a Registered Nurse.

* Source: official Higher Education Funding Council England data

Entry requirements:
120 points to include 64 points from two A levels. Preference is given to those with a science profile.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks are required. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
There is a broad range of employment opportunities for qualified nurses including hospital care, community care, GP surgeries, prisons, private companies, and placements working abroad.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Nursing and Midwifery Council as a ‘Registered Nurse – Adult’.

UCAS course code B740
Duration 3 years (with integrated placements across the South West)
Location Plymouth and Truro. Please see our website for further details on placements and study trip locations.
For placement information please visit www.plymouth.ac.uk/ug/5008
Institution code P60
Course type Full time
Fees Please see page 24 for fees and any additional costs

98% of students are in a professional or managerial job six months after graduating.
BSc (Hons) NURSING (CHILD HEALTH)

Caring for young people with a wide range of needs is a challenging and fulfilling career. From newborns to adolescents and beyond, you’ll gain experience of supporting children and their families during periods of great change and stress. You’ll develop your clinical and communication skills, and your understanding of caring in hospital and community settings, to graduate ready to shape the future of nursing.

Year 1:
Learn about the foundations of nursing theory and practice, and focus on the skills required for safe practice. You’ll gain an understanding of the multi-professional teamwork approach within healthcare and undertake two practice placements within the South West, giving you experience in different healthcare environments.

Year 2:
Focus on developing your professional identity and experience. You’ll broaden and deepen your nursing knowledge, enabling you to make a greater contribution to practice. Modules will develop your clinical practice in the holistic care of the child and family. You’ll be able to appraise basic principles and theories to support arguments with evidence and reason, demonstrating an awareness of alternative contexts.

Final year:
You will focus on your professional ability and fitness for practice. Your knowledge and context will be more specialised, requiring higher level skills of synthesis, analysis and evaluation. You’ll take more responsibility for your own learning as teaching and practice becomes more challenging, and explore management and leadership theories. You’ll gain further practice experience in a variety of care settings, enabling you to effectively contribute to the delivery of care.

Special features:
- Graduate ready to apply for registration with the NMC as a ‘Registered Nurse – Child Health’.
- Balance classroom learning and assessment with placements in hospitals and communities designed to maximise your range of experiences and clinical skills, and work with professionals from other fields of nursing.
- Assessment includes essays, casework analysis, seminar presentation, practice portfolio and video role-play.
- Benefit from teaching staff actively researching across all fields of nursing.

Entry requirements:
120 points to include 64 points from two A levels. Preference is given to those with a science profile; consideration is also given to social science A levels.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks are required. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
Children’s nurses can work within hospitals or community settings for either the NHS or a private sector employer. Graduates can undertake further study to become specialists within this field of nursing.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Nursing and Midwifery Council as a ‘Registered Nurse – Child Health’.

UCAS course code
B730
Duration
3 years (with integrated placements across the South West)
Location
Plymouth. Please see our website for further details on placements and study trip locations.

For placement information please visit www.plymouth.ac.uk/ug/5011
Institution code
P60
Course type
Full time
Fees
For details about fees please refer to page 24

98% of students are in a professional or managerial job six months after graduating.
BSc (Hons) NURSING (MENTAL HEALTH)

Understanding mental health is important to us all. This course emphasises the power of the individual within their own recovery process, and gives you opportunities to develop your clinical and communication skills. You’ll develop the knowledge and experience to work within community, primary or acute care settings, and have the confidence to help clients take the first steps to changing their lives.

Year 1:
We’ll introduce you to the course philosophy and perspectives on mental health. You’ll learn about the concepts and theories common to all fields of nursing, and develop your skills in effective communication, collaborative working and professional practice. Your theoretical knowledge will be strengthened during two supervised practice placements within the South West.

Year 2:
Learn skills to undertake effective collaborative assessment and understand how to react to clients’ distress. You’ll develop your personal and professional skills in order to enhance your critical thinking and work in a safe, evidence-based way. You’ll also look at the impact of mental health from the perspective of service users and carers, and explore policies that shape service delivery.

Final year:
You’ll develop skills to be able to deliver an effective range of interventions for clients experiencing complex needs. Your research skills will be strengthened through an opportunity for extended study on a mental health topic of your choice. You’ll be able to apply your theoretical knowledge and understanding in practice, ensuring you’ll be capable of a practitioner status.

Special features:
- Graduate ready to apply for registration with the NMC as a ‘Registered Nurse – Mental Health’.
- Balance classroom learning with placements in hospitals and communities to maximise your range of experiences and clinical skills.
- Develop a portfolio of mental health skills, such as psychological-based therapy, to enhance your professional development.
- Benefit from teaching staff actively researching across all fields of nursing.

Entry requirements:
120 points to include 60 points from two A levels. Preference is given to those with a social science profile.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks are required. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
As well as posts within the NHS, graduates can secure independent sector posts in drug and alcohol projects as arrest referral officers or in charities providing valuable support to the homeless.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Nursing and Midwifery Council as a ‘Registered Nurse – Mental Health’.

UCAS course code B760
Duration 3 years (with integrated placements across the South West)
Location Plymouth. Please see our website for further details on placements and study trip locations.

For placement information please visit www.plymouth.ac.uk/ug/5012
Institution code P60
Course type Full time
Fees For details about fees please refer to page 24

50% of the course is in a variety of settings, both within hospitals and the community.

ATTEND OUR OPEN DAYS FOR EVEN MORE INFORMATION
admissions@plymouth.ac.uk +44 1752 585858 www.plymouth.ac.uk/courses
When I began the course I was interested in youth offending and mental health. My long-term plans are now centred on crisis or liaison services and personality disorder services, which is still quite a large area in which to work. Having a range of placements near to where I lived in Exeter made life a lot easier and really helped when deciding where I wanted to go after the course.

Throughout the course, the 24/7 library was invaluable! The library staff were massively helpful and I couldn’t have gotten through it without them. Never be afraid to ask for help! I am dyslexic and have been supported every step of the way, but I had to say yes to that help! During my placement there were some service users who provided me with great memories, and the team I worked with were also really friendly and helpful.

Importantly, Plymouth University is a flexible place to learn, and the nursing courses have great facilities and a team of staff for whom nothing is too much work and who really want you to do well. The campus is lovely too: take all of the opportunities that are offered to you and find out about everything else that is on offer! I got involved in so many things like being a PALS mentor and an RCN Committee member, which opened up a lot of opportunities for me.

Rebecca Richards
BSc (Hons) Nursing (Mental Health) graduate
BSc (Hons)
OCCUPATIONAL THERAPY

Do you want to help people live the lives they want? This course will prepare you to help people deal with life challenges including ill health, disability and social problems. You’ll learn how everyday activities can be used and adapted creatively to promote health, wellbeing and a satisfying lifestyle, so that you graduate with the skills and knowledge needed to be an effective occupational therapist.

Year 1:
You’ll initially share teaching and learning with students from other health professions, allowing you to gain core generic knowledge and skills. We’ll introduce you to theoretical foundations and core skills, which will underpin practice. Gain practice skills through a ten-week supervised placement within a health, social or community setting in the South West. Develop problem-solving, reasoning skills and an embedded commitment to lifelong learning.

Year 2:
Profession-specific modules take a problem-based learning approach and are designed to provide an integrated core of essential knowledge and skills for occupational therapy practice. Modules on inter-professional working and research will help you become confident in your role as a developing Occupational Therapist. You’ll also take part in the occupational therapy intervention process during your placement within the South West.

Final year:
You’ll consider the occupational needs of groups and communities in addition to individual clients and you’ll explore an area of practice that is of particular interest to you, considering contemporary and emergent practice drivers. An interprofessional module prepares you for the responsibilities of professional practice as a newly qualified OT, and your final placement enables you to demonstrate a range of core skills required for an entry-level practitioner.

Please note: If you already have a degree-level qualification you may be eligible to study for the pre-registration MSc in Occupational Therapy – please see details in our postgraduate prospectus or visit our website.

Special features:
• Experience problem-based learning designed to be practical and close to real-life issues faced by occupational therapists.
• Benefit from accreditation by the College of Occupational Therapists.
• Experience practice placements to develop a range of core skills required for professional practice.

Entry requirements:
128 points at A level, to include a minimum of 40 points in Biology, science or a social science subject.
GCSE: Five GCSEs at grade C or above to include Maths, English and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks are required. Deferred entry not accepted. Graduates should also see MSc (pre-registration) Occupational Therapy – details on our website. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
You can work in a wide range of health and social care settings including hospitals, voluntary agencies, schools and independent practice. You’ll be able to specialise in areas such as mental health, neurology, paediatrics, learning disabilities, vocational rehabilitation or teaching. Your qualification will be recognised by the World Federation of Occupational Therapists.

Professional accreditation:
Accredited by the College of Occupational Therapists. On successful completion of the course, you are eligible to apply for registration with the Health and Care Professions Council.

University of Plymouth
B920
Duration
3 years (with integrated placements across the South West)
Location
Plymouth. Please see our website for further details on placements and study trip locations

95% of students are in a professional or managerial job six months after graduating.
BSc (Hons) OPTOMETRY

Do you want to pursue a career as an eye care professional? You will benefit from a pioneering, clinical degree set up to bring optometry to the South West, built in consultation with expert professionals in the field. You’ll be trained in both the classroom, laboratory and, from the very first semester, the workplace – be that practices, hospitals or in the community – gaining key knowledge, skills, experience and confidence that you need to succeed as the future of the eye care profession.

Year 1:
Focus on learning the basic scientific principles of optometry. You’ll also begin developing the clinical skills essential to the profession. During your one-week observational placement within the South West, you’ll see at first-hand what working as an optometrist involves.

Year 2:
Learn about advanced ophthalmic examination and study ocular diseases and pharmacology in more detail. You’ll also investigate the legal and ethical issues around managing a business. On your two-week clinical placement, you’ll start getting hands-on experience, applying the skills you’ve learnt so far and working directly with patients.

Final year:
You’ll continue developing confidence and clinical and communication skills by working directly with real patients at the University’s Centre for Eye Care Excellence (CEE). Alongside this practical learning, you’ll study complex case scenarios in the key areas of optometry and complete a supervised research project.

Special features:
- Study on the only course of its kind in the South West – one of just nine optometry courses available in the UK.
- See your studies in a real-world context, with placements at practices in the region during years 1 and 2.
- Boost your employability through learning in a way that’s based on solving problems, working together and communicating well with others.
- Join a close-knit team of staff and students and benefit from an open, supportive environment.
- Graduate with the scientific and clinical knowledge, as well as the professional training, required by the General Optical Council (GOC) to enter the pre-registration year for qualification as an optometrist.

Entry requirements:
144 points to include AAA from three A levels. Two A levels must be in: Maths, Use of Maths, Physics, Chemistry, Biology/Human Biology, Applied Science, or Psychology.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
After professional registration, optometrists can work in the private sector, in the hospital eye service industry, or in academia. Community practices include corporate and independent optical businesses, and there is increasing scope for employment in specialist services such as glaucoma care, domiciliary eye care and laser surgery.

Professional accreditation:
Graduates achieving a minimum of a 2:2 degree classification can go on to complete the College of Optometrists Scheme for Registration in the workplace. After this you can register your qualification with the General Optical Council (GOC).

UCAS course code
B510
Duration
3 years (with integrated placements across the South West)
Location
Plymouth. Please see our website for further details on placements and study trip locations

Institution code
P60
Course type
Full time
Fees
For details about fees please refer to page 24

Work with real patients at our Centre for Eye Care Excellence (CEE) optometry practice throughout your third year.
A huge advantage of studying Optometry at Plymouth was the chance to attend placements in different optometric settings, as well as at Derriford Hospital. There were also opportunities available for gaining plenty of practical experience within the newly established eye clinic.

Gaining experience within this sector before applying for the course is also always a bonus, and something to think about during the summer. Having the opportunity to work in an optician’s or even in a hospital environment would definitely give you a head start.

I still keep in touch with a few of the lecturers and fellow graduates, which has been extremely helpful. As I am currently a pre-reg optometrist, I am still training to become a fully qualified optometrist; having others to talk to who have qualified, or are in the same position as me, makes the process much easier. Also, the staff at Plymouth University were extremely helpful and suggested various pathways that were on offer to me, and showed me how to progress further within my profession.

I would definitely recommend studying at Plymouth! Not only do you get the advantages of the city and its lively atmosphere, but the University itself has a diversity of courses available, with placements integrated into the syllabus and opportunities to study abroad.

Gagandeep Matharu
BSc (Hons) Optometry graduate
Our eye care clinic, the Centre for Eye Care Excellence (CEE), is equipped with the latest instrumentation and staffed by fully qualified optometrists. An important aspect of the training provided is the supervised work with members of the public that our students undertake, particularly in their final year. Our aim is to provide eye care services to the Plymouth University community and beyond, to help our students gain experience, and support to our colleagues in secondary eye care.

The CEE represents a shared regional hub for networking and continuing education, and a valuable source of information and new talent. It has been acknowledged as providing a centre for excellence in the region where eye care professionals and students can exchange ideas – furthering knowledge in the field.
BSc (Hons) PARAMEDIC PRACTITIONER

Being a paramedic practitioner is a highly rewarding and stimulating career, with many opportunities to specialise. Following a curriculum that focuses on quality patient management, you’ll work in the unpredictable environment of pre-hospital and community healthcare and, as such, learn how to be dynamic with your decision making, aptitude and application of skills.

Year 1:
Develop a knowledge base for working in emergency health in the community, learning safe practice, patient assessment and management skills, professional issues, communication abilities and response to major incidents. You’ll complete a minimum of 750 hours of clinical placement time within the South West.

Year 2:
Learn how to improve decision-making skills. You’ll increase your understanding of altered anatomy and physiology; pharmacology and medical, trauma and cardiac cases; and obstetric, paediatric and elderly groups, for advanced clinical skills and patient management. You’ll complete a minimum of 750 hours of clinical placement time within the South West.

Final year:
You’ll develop further knowledge of clinical decision making involving advanced professional issues relating to healthcare practice; gain opportunities to expand your clinical effectiveness by refining your clinical skills, with the incorporation of chronic health, minor illness and minor injury management; engage in a research project; and prepare for professional practice. You’ll complete a minimum of 750 hours of clinical placement time around the South West.

Entry requirements:
120 points to include a minimum of two A levels with a minimum of 32 points from either: Biology/Chemistry or Physics.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks required. Deferred entry not accepted. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
Both within and outside of the NHS, career opportunities are constantly evolving, with a range of domestic and international opportunities available, such as working in primary care, or private healthcare or for multinational organisations in environments such as oil rigs or industrial complexes.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Health and Care Professions Council. The course is endorsed by the College of Paramedics.

98% of students in a professional or managerial job six months after graduating.
Engage in a practical physiotherapy course and our innovative problem-based learning approach means you'll learn from ‘real-life’ clinical scenarios that reflect the conditions treated by physiotherapists. Learn to work in diverse practice settings, including neurological, sports and respiratory, in a variety of healthcare locations including hospitals, specialist rehabilitation centres and patients’ homes. Designed to maximise your experience, your 1,000 hours spent on clinical placement will be spread across the South West peninsula, rather than based in one locality.

Year 1:
Take modules relating to anatomy and physiology, as well as learning about the importance of health promotion and exercise. You'll gain an insight into what it means to be a professional through shared learning with students from other healthcare disciplines. During the second half of the year, you'll start a rewarding clinical placement within the South West where you'll learn how to manage patients with a variety of conditions.

Year 2:
Learn to effectively manage patients with cardiorespiratory, musculoskeletal and neurological conditions. You'll take increased responsibility in practice, drawing on your theoretical knowledge and developing the confidence and personal skills required to be an autonomous physiotherapist. You'll begin to look at more specialist areas such as falls and amputees, and start to plan your final-year research project.

Final year:
Study more complex case scenarios in the key areas of physiotherapy practice, taking an integrated and holistic approach. You'll have the opportunity to undertake a supervised project in an area of your choice. During your placements, emphasis will be on the levels of professional mastery and fitness for practice that you'll need for registration and employment. Alongside this, additional support will be provided in developing your professional portfolio and preparing job applications and interviews.

Entry requirements:
136 points – AAB from three A levels to include a grade B in Biology or Human Biology.
GCSE: Five GCSEs at grade C or above to include Maths, English Language and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks required. Deferred entry not accepted. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
As well as working within the NHS, opportunities exist in the armed forces, sports clubs/facilities and private practices. You may find yourself working in hospitals, health centres, the local community, with older adults or those with disabilities, or for charitable organisations in the UK or abroad.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Health and Care Professions Council and progress from student to full membership of the Chartered Society of Physiotherapy.

UCAS course code: B160
Institution code: P60
Duration: 3 years (with integrated placements across the South West)
Location: Plymouth. Please see our website for further details on placements and study trip locations

30 weeks on placement, split into six five-week placements.
BSc (Hons) PODIATRY

By becoming a podiatrist you’ll be entering a highly rewarding and stimulating career in which you’ll assess, diagnose and treat lower limb and foot injuries and abnormalities. You’ll be a specialist in the lower limb who will be able to improve the mobility and general quality of life for patients of all ages, working in the independent sector, or within the NHS. You’ll learn the key concepts of podiatric practice with innovative and practical teaching within high-specification facilities and practice placements within the South West, both in the NHS and in the independent sector, to enhance your professional experience. Graduate as a highly skilled podiatrist who can work confidently in a variety of settings.

Year 1:
Undertake studies in key concepts and theories of podiatric practice, including anatomy, biomechanics, physiology, podiatric medicine and medicine, and an introduction to practical clinical skills. Be involved in learning with students from other healthcare professions to give you a broad perspective of interprofessional working. You’ll gain practice skills through your supervised placement within the South West in our NHS-based training clinic.

Year 2:
Increase your knowledge of podiatric practice, studying systemic disease, and causes of lower limb disorders and pain. You’ll build your confidence as you develop the skills required to work as a podiatrist in a clinical setting by taking part in practice placements. Learn research skills to support practice with evidence-based learning, and produce a design for a research project in an area of interest to you.

Final year:
The research project that you designed in year 2 will be carried out by you, with support and supervision. Patient-focused clinical practice will be undertaken, and theory addressing contemporary health issues and complex medical cases will be studied. Investigation of the theory and practice of professional skills relating to the clinical, pharmacological and surgical management of your patients will allow you to demonstrate that you have become an autonomous practitioner.
BSc (Hons)
PRE-REGISTRATION
MIDWIFERY

Do you have what it takes to support women and their families through their pregnancy and birth experience? Are you a champion for women’s and newborns’ health and wellbeing? Do you want to provide safe, compassionate, holistic quality care? We’ll equip you with the skills, knowledge and professionalism to become a registered midwife through an engaging curriculum which blends theory and hands-on practice.

Year 1:
Lay the foundations for your career as a midwife, from developing clinical skills and professional attitudes to learning about human reproductive biology. Discover the sociological and psychological impacts of pregnancy and birth. Develop your professional communication skills and improve your skills in IT, reflective practice, literature searching, essay writing, resource creation and exam technique. Undertake the first of your supervised clinical placements within the South West in maternity settings.

Year 2:
Building on year 1 biology studies, you’ll learn more about preconception, conception and childbearing. Explore complications and conditions particular to pregnancy and birth, the role a midwife plays in a multidisciplinary team, and the importance of safe medicine administration. A team-based learning module will introduce you to the essentials of research. You’ll put your improved clinical and theoretical skills into practice on placement, gaining experience outside of midwifery settings.

Final year:
Further develop your clinical skills for planning, assessing, implementing and evaluating pregnancy and childbirth care. Carrying your own caseload, you’ll see what it takes to be an effective practising midwife. You’ll learn how to manage complications in labour and birth, as well as handling emergencies. Using what you’ve learnt on the course, you’ll undertake a research proposal in your chosen area, and enhance your employability by preparing for mentorship and newborn/infant examination.

Special features:
- Become a ‘Registered Midwife’ with the Nursing and Midwifery Council after you successfully complete the course.
- Spend half your time learning through doing in a range of placements.
- Build confidence through clinical skills and theory sessions before working directly with clients.
- Develop a critical approach to research, enabling you to provide evidence-based care.
- Develop the professional knowledge, skills and attributes to enable you to work as an autonomous practitioner fit for the future.

Entry requirements:
128 points to include 64 points from two A levels, one of which must be at least a B in a science – preference is given to Chemistry, Biology or Physics; however, Psychology and Sociology may be considered.
GCSE: Five GCSEs at grade C or above to include Maths, English and Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks required. Deferred entry not accepted. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
Students who complete this degree will be eligible to register as a midwife, enabling them to practise as a midwife in the UK and abroad. Potential employers include midwife-led units, hospitals, community care and the independent sector.

Professional accreditation:
On successful completion of the course, you are eligible to apply for registration with the Nursing and Midwifery Council as a ‘Registered Midwife’.

UCAS course code
B720
Duration
3 years (with integrated placements across the South West)
Location
Plymouth. Please see our website for further details on placements and study trip locations
Institution code
P60
Course type
Full time
Fees
For details about fees please refer to page 24

55% of your time is spent learning through doing, in a range of real placements.

admissions@plymouth.ac.uk +44 1752 585858 www.plymouth.ac.uk/courses
BA (Hons) SOCIAL WORK

Want to make a rewarding and positive contribution to society? Social workers support children and families in child protection, fostering and adoption, and youth. We also support adults and older people. You’ll work with issues around drug and alcohol dependency, mental health, disability and safeguarding.

Our practice-led degree gives you hands-on knowledge with 170 days of real-life placements within the South West with adults and children, so you’ll graduate ready to start your professional career.

Year 1:
Study the foundations of social work and start developing your professional identity. You’ll learn about the values that underpin theory and practice, from the importance of self and identity, and the perspectives of users and carers, to the connections between local and global issues. Learn through doing by spending 30 days in readiness for direct practice.

Year 2:
Further your professional development. You’ll learn how to apply ethical and theoretical perspectives to human development, understand social sciences in a social work setting, and get to grips with applying legal and social policy in the context of welfare. You’ll explore diversity and difference, reflect on real-life issues that impact users and carers, and develop your collaborative working skills. You’ll spend a minimum of 70 days on placement.

Final year:
You’ll consolidate your learning, working towards becoming a safe, competent, ethical practitioner who demonstrates sound professional judgment. Learn how to analyse complex issues, and apply your knowledge and skills to resolve them. Gain a critical perspective on complex, uncertain and changing contexts in social work. Further your skills working in multi-agency settings and develop your understanding of the international arena. You’ll spend a minimum of 100 days in complex social work settings.

Entry requirements:
120 points to include 72 points from two A levels. Social science profile preferred.
GCSE: Five GCSEs at grade C or above to include Maths and English, desirably with Science.
Other: Interview, DBS (formerly CRB) Enhanced Disclosure and occupational health checks required. For a full list of all acceptable qualifications please refer to our tariff glossary on page 330.

Career opportunities:
There is healthy demand for social work graduates from local authorities and the private and voluntary sectors. Some examples of the opportunities available include working with children and families in child protection; fostering and adoption; youth justice; drug and alcohol dependency; and areas of mental health, disability and safeguarding.

Professional accreditation:
On successful completion, you are eligible to apply for registration with the Health and Care Professions Council.

UCAS course code
L501
Duration
3 years (with integrated placements across the South West)
Location
Plymouth. For further details on placements and study trip locations please see our website

Institution code
P60
Course type
Full time
Fees
For details about fees please refer to page 24

Practice-led, you’ll spend over 170 days on real-life placements with adults and children.
I picked Plymouth because it suited me. What I discovered was that I wouldn’t have chosen to go anywhere else. The course enables a reflective, ethical approach to practice, with placements enabled to meet your learning needs. Plymouth University also operates a supportive environment, and with this support I feel that I have been able to reach my academic potential.

As a care leaver, I had access to other services within the University Care Leavers team, who supported my entire journey throughout my time at Plymouth University. The support they offered enabled me to continue studying on occasions when, due to different stresses, I contemplated leaving the course. Alongside the Student Ambassador work, which I did on campus and in schools and colleges, I was able to complete my course.

Use the supportive framework within the University. Your tutors, the practice learning team and the lecturers are all there to support you, but they won’t ‘spoon-feed’ you. You need to be able to embrace ‘self-directed learning’ and a sense of autonomy, but don’t be afraid to ask for help when you really need it.

Ultimately, I was able to start working within my chosen career path before I had even graduated. The University arranged for my final placement to be based with the local authority, and after I finished my placement, I enquired as to whether they had positions available for the summer. I now work in a specified area within the local authority which was created because of a recent change in legislation.

Lucinda Beattie
BA (Hons) Social Work graduate
ATTEND OUR OPEN DAYS FOR EVEN MORE INFORMATION

admissions@plymouth.ac.uk   +44 1752 585858   www.plymouth.ac.uk/courses