International Student
Orientation Programme

11th – 17th September 2017
We are delighted to present to you the International Student Orientation Programme (ISOP) for 2017. You can use this programme to plan your first few days in Plymouth. If you need some advice or information at any point please visit the International Student Advice team (ISA) in the Roland Levinsky Building where we will be happy to help you.

Emma, Jeff, Caroline, Nina

Cath & Angie
Getting here

Heathrow meet and greet

We want to make sure you arrive at Plymouth University safely and in good time to attend the International Student Orientation Programme so we offer a free meet and Greet coach service from Heathrow Airport. To allow you flexibility when booking your flights the service is available across two days, and there will be a choice of two departure times. The journey takes around 4—5 hours but our student ambassadors will be escorting you and will be happy to answer any questions you may have and the coach does pass through some of our beautiful English countryside. Booking details will be sent you once you have accepted your offer to study at PU.

Further travel options

If you are unable to make use of our free meet and greet service you may want to consider the following travel alternatives

Plymouth railway station is just a few minutes’ walk from the campus. The regular train service from London Paddington to Plymouth takes around three to four hours. Other direct services head to Plymouth from across the South West, South Wales, the Midlands, the North of England and Scotland. For rail enquiries, call +448457 484 950 or visit www.nationalrail.co.uk or www.thetrainline.com.

Plymouth Coach Station is in the city centre, about 5 minutes’ walk from the campus. There are regular coach services from most major cities to Plymouth. A typical coach journey from London to Plymouth takes about 4.5 hours.

Brittany Ferries operates car ferry services to Plymouth from Roscoff (France) and Santander (Spain). Go to www.brittany-ferries.com for details.
Your Orientation Programme

The International Student Orientation programme (ISOP) is open to all new undergraduate and postgraduate students from outside the UK who have been accepted to Plymouth University from September 2017.

Your orientation programme is designed to provide you with academic and practical advice about starting your life and studies at the University. The programme also includes a range of social activities to introduce you to the wider city of Plymouth and there are plenty of social events which provide fun and informal opportunities to meet other students.

Some of the activities are listed as compulsory and we would encourage you to attend these. Activities are free but some will have limited availability and you will require a ticket, this will be indicated with a *T. Some activities are repeated throughout the programme, these will be indicated with an *R so don’t worry if you miss the first one. We have also identified some activities that we would consider to be extremely beneficial and have marked these as compulsory with a *C.

University Ambassadors will be supporting this programme and will be available to answer your questions, you will be able to identify them by their blue t-shirts, don’t be afraid to approach them if you have any questions, they will be looking forward to meeting you.

Programme Key

*R – These sessions are repeated throughout the programme but you only need to attend one of these sessions.

*C – Sessions that are compulsory for all students, you must attend these sessions.

*T – You will need to book a ticket to attend this event. Tickets can be collected from the ISOP information desk in the Roland Levinsky Building, please have some identification available.

If you have collected a ticket and are no longer able to attend the event then could we ask that you return your ticket to the information desk as we often have a waiting list for these events.
Where to find information and advice

Throughout the programme there will be a dedicated ISOP information point which will be on the ground floor in the Roland Levinsky Building, see the map. Student Ambassadors will be available to assist you throughout the week so if you are not sure what sessions are available then come to the ISOP information point. Some of the activities will require you to meet at the ISOP meeting point so please familiarise yourself with its location. Most of the ISOP sessions will be held in the Rolle Marquee, please see the map below.

**International Student Advice office opening hours during ISOP***

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday 11th</td>
<td>08.45 – 17.00</td>
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<tr>
<td>Tuesday 12th</td>
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<td>Wednesday 13th</td>
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<td>Friday 15th</td>
<td>08.45 – 16.30</td>
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<tr>
<td>Saturday 16th</td>
<td>10.00 – 15.00</td>
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*Please check our website for opening times outside of ISOP*
Visa & Passport Scanning

If you are from outside of the EU /EEA and pay international tuition fees you will not be able to complete your on-line enrolment until you arrive and have your passport and visa scanned. During the Orientation programme, passport and visa scanning will be available during office hours in the Employability and Careers Hub in the Roland Levinsky Building. It is not necessary to make an appointment but it could be busy during this week and you may have to wait. Please check with ISA to find out about scanning location and times outside of this programme.

Collecting your Biometric Residence Permit (BRP)

If you are entering the UK on a Tier 4 Visa then you will need to collect your BRP upon arrival. If you have chosen to collect your BRP at the University of Plymouth we should be able to issue this when you present your passport for scanning. If you are not sure where to collect your BRP then contact ISA on arrival and we can advise you. If you need to collect your BRP from the Post Office ISA can also provide you with directions on how to get there.

Registering with the Police

If you are a visa national and have been granted limited leave to remain in the UK for longer than 6 months you may be required to register with the police. To see if this applies to you then check the visa vignette in your passport, your BRP or your decision letter where it will read “Register with the Police within 7 days”.

Members of our local Police team will be on campus in the Employability and Careers hub on Friday 15th and Thursday 21st September, or you can attend the local police station outside of these days. Before registering please check with a member of the ISA team about the information you will need to complete your registration.
Accommodation

If you are looking for private accommodation, the University has a database, where all properties have been inspected and approved by our off campus housing co-ordinator. The university’s database is called Studentpad. ([www.plymouthstudentpad.co.uk](http://www.plymouthstudentpad.co.uk)). If you would like more information on how to access this free service then you can call into the Residence Life office anytime between 9.30—16.30 Monday 11th September to Thursday 14th September. It is not necessary to make an appointment, but if the team are busy then there may be a short wait.

If you haven’t already booked a room in one of the Halls of Residence and are interested in this accommodation option, please enquire about late availability with the Residence Life and Student Accommodation team located on the ground floor of the Mary Newman building on your arrival to the office. Please note that it cannot be guaranteed that there will be an available room that will meet your budget or requirements, however, do ask our team before signing into a tenancy agreement with a private landlord.
Wi-Fi

Once you have completed your enrolment you will be able to access the Universities wireless network called eduroam following online enrolment. If for any reason you cannot enrol upon arrival then you can access the guest wi-fi which is free for the first 4 hours only and then there is a small charge for continued use. We therefore recommend that you enrol as early as it is possible. To access the guest wi-fi follow these instructions,

- Select “withPlymouth” from the wi-fi connection options on your device.
- A ‘Sign-In Required’ message may appear. Select ‘ok’.
- You will be directed to the ‘Connect with Plymouth University’ page. Scroll down this page for your options. Select ‘4 Hours Free’.
- You will be asked to fill out your first name, last name, email address and agree to the terms & conditions. After you have completed this, click on submit.
- You should now be connected to the Wi-Fi.

Details on how to access eduroam on various operating devices will be available following enrolment.

Mobile sim cards

If you are using our meet and greet service then you can collect a sim card from one of our student ambassadors. We will also have free sim cards available at the information point in the Rolle Marquee. The sim cards will have a small amount of free credit which will allow to call your family.
Monday 11th September

New to Plymouth University
The information point Roland Levinsky 09.00 to 17.00
If you have just arrived at University and would like some help getting to your accommodation, information about the Orientation programme then visit the information point in the Roland Levinsky Building where staff will be able to assist you and our welcome team are looking forward to meeting you.

Online Enrolment *R
Open Access Computing, 003 Library 09.00 to 17.00
If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your Plymouth University computing account.

Volunteering with the Students’ Union Drop In
The Hive, Students’ 14.00 to 16.00
Sign up and discover all the great projects you can be a part of!

Shopping Tour *R
From the ISOP meeting point in the Roland Levinsky building leaving at 16.00
If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our ‘top tips’ shopping leaflet from a student ambassador.
New to Plymouth University
The information point in the Roland Levinsky Building 09.00 to 17.00
If you have just arrived at University and would like some help getting to your accommodation, information about the Orientation programme then visit the information point in the Roland Levinsky Building where staff will be able to assist you and our welcome team are looking forward to meeting you.

Online Enrolment *R
Open Access Computing, 003 Library 09.00 to 17.00
If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your Plymouth University computing account.

Campus Tours *R
From the ISOP meeting point in the Roland Levinsky building leaving 10.00am
Our student ambassadors will take you on a guided tour of the campus.

Shopping Tours *R
From the ISOP meeting point in the Roland Levinsky building leaving at 11.00am
If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our ‘top tips’ shopping leaflet from a student ambassador.

Volunteering with the Students’ Union Drop In
The Hive, Students’ 14.00 to 16.00
Sign up and discover all the great projects you can be a part of!
Tuesday 12th September

Banking in the UK *R
Rolle Marquee 14:00
This session will provide you with advice on how to open a bank account and information about banking in the UK. When you have made a decision about which bank you will open an account with you will need a letter from ISA and ambassadors will be available to walk you to the bank.

Walking tour of historic Plymouth *T
Chaplaincy 1 Kirkby Place 15:00 to 17:00
If you want to know more about the history of Britain’s Ocean City then join David Evans for a two hour walk around some of Plymouth’s historic sites. Make sure you wear comfortable footwear.

Movie night
Lecture Theatre 1 Roland Levinsky building Starting at 19.00
Join us for some big screen entertainment, the movie tonight is “We Bought a Zoo”. Starring Matt Damon and Scarlett Johansson this film is based on a true story of a family who bought a Zoo near Plymouth where some of the movie scenes were filmed.
New to Plymouth University
The information point in the Roland Levinsky Building  09.00 to 17.00
If you have just arrived at University and would like some help getting to your accommodation, information about the Orientation programme then visit the information point in the Roland Levinsky Building where staff will be able to assist you and our welcome team are looking forward to meeting you.

Official Welcome to Plymouth University *C
Rolle Marquee 09.15 to 10.00
Mel Joyner Director of Student Services formally welcomes you to Plymouth University, light refreshments will be provided. This session will also include a welcome and introduction from the International Student Advice team.

Online Enrolment *R
Open Access Computing, 003 Library 09.00 to 17.00
If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your Plymouth University computing account.

Students’ Union Sports Taster Session (no payment required)
Nancy Astor Sports Centre 10.00 to 12.00
Come along and take a look at what the sports centre and gym has to offer you. Wear your trainers if you would like to try out some sports in the Sports Hall!

Getting a part-time job: Your employability skills
Rolle Marquee 10.30 to 11.30
Looking to get some work experience or find a part time job? Find out how the Employability Service and Student Jobs can help.

Student Jobs Drop In
Rolle Marquee 11.30 to 12.30
Sign up to the Student Jobs service and get advice on finding a part time job whilst you study.
Wednesday 13th September

Shopping tour
From the ISOP meeting point in the Roland Levinsky building leaving at 13.00
If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our ‘top tips’ shopping leaflet from a student ambassador.

Introduction to the Languages Café
Robbins foyer 13.00 to 14.00
This is an opportunity to make new friends, find out about Plymouth and meet local people in an informal session where you can chat in English. The Languages Café runs throughout the year and participants meet informally to chat, exchange views and enjoy each other’s company over coffee. Once you have experienced the friendly atmosphere, you’ll want to come along every week.

Banking in the UK *R
Rolle Marquee starting at 14.00
This session will provide you with advice on how to open a bank account and information about banking in the UK. When you have made a decision about which bank you will open an account with you will need a letter from the ISA and ambassadors will be available to walk you to the bank.

Welcome Garden Party *T
Drakes Place Gardens and Reservoir 14:30 - 16:30
Come and join us for fun and games in our beautifully restored Edwardian gardens and reservoir right here on campus. Why not try out your skill on one of the garden games, choose from skittles, croquet, badminton and ping pong! Traditional Morris Dancers, music from the University’s Big Band will entertain us and light refreshments will be available. This is a fantastic opportunity for you to meet Plymouth University academic and professional services staff, existing students and of course new students. See map for location.
Wednesday 13th September

Fish and Chip Supper *T
Students’ Union Café, 18.00 or 18.30
Enjoy a traditional British seaside treat!

Movie night
Jill Craigie Cinema in the Roland Levinsky building Starting at 19.30
Join us for some big screen entertainment, the movie tonight is “The Kings Speech” Starring Colin Firth and Helena Bonham Crater this is the story of King George VI and his impromptu ascension to the throne and the speech therapist who helped the unsure monarch become worthy of it.
New to Plymouth University
The information point in the Roland Levinsky Building 09.00 to 17.00
If you have just arrived at University and would like some help getting to your accommodation, information about the Orientation programme then visit the information point in the Roland Levinsky Building where staff will be able to assist you and our welcome team are looking forward to meeting you.

Campus Tour *R
From the ISOP meeting point in the Roland Levinsky building leaving at 09.00am
Our student ambassadors will take you on a guided tour of the campus.

Online Enrolment *R
Open Access Computing, 003 Library 09.00 to 17.00
If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your Plymouth University computing account.

Introduction to your Students’ Union including a tour of the SU
Students’ Union, Illusion room starting at 10.00am
What University of Plymouth’s Student Union can do for you whilst you study and find out how you can get involved.

British Culture: What can you expect? *C
Rolle Marquee starts at 11.00am
An interactive session on adapting to life in Plymouth. What do you know about British People and Culture?

British Academic Culture: Making sense of it! *C
Rolle Marquee starts at 13.00
Joseph Allison and Patrick McMahon will guide you through the Academic System at Plymouth University, from what lecturers will expect you to do and the importance of understanding the Academic rules and regulations.

Thursday 14th September
Thursday 14th September

From China: Adapting to Life in the UK  *C for Chinese students
Rolle Marquee starts 14.15—15.15
Sharing experiences from current students, this session will help Chinese students to understand how to do well in their studies, have a great experience and stay safe.

From Africa: Adapting to Life in the UK  *C for African students
Rolle Marquee 15.30- 16.30
Sharing experiences from current students, this session will help African students to understand how to do well in their studies, have a great experience and stay safe.

Volunteering with the Students’ Union Drop In
The Hive, Students’ 14.00 to 16.00
Sign up and discover all the great projects you can be a part of!

Multi Faith Information
The Rolle Marquee 14.00—14.15
Our resident Chaplain David V Evans will provide you with information on local places of worship  together with details of faith representatives.

Walking tour of historic Plymouth  *T
Chaplaincy 1 Kirkby Place 14:30 - 16:30
If you want to know more about the history of Britain’s Ocean City then join David Evans for a two hour walk around some of Plymouth’s historic sites. Make sure you wear comfortable footwear.

Chaplaincy Meal  *T
Sherwell Hall 17.00 or 17.45
Enjoy a home cooked, healthy meal with the Chaplaincy Team. This is free but you will need to book a ticket and availability is limited.
Thursday 14th September

Quiz Night
Sherwell Hall from 19.00
Test your general knowledge skills in this fun team quiz.

Basketball fun
Nancy Astor Sports Centre from 19.00
Come along and have fun playing basketball, even if you’re a complete beginner! Just turn up there is no need to book, make sure you take suitable sports footwear with you.

Karaoke night
Student Union 21.00—23.00
Practice your singing skills, sing along or just take in the atmosphere at this fun karaoke session. This is a perfect opportunity to meet new people and connect with other students.
New to Plymouth University
The information point Roland Levinsky 09.00 to 17.00
If you have just arrived at University and would like some help getting to your accommodation, information about the Orientation programme then visit the information point in the Roland Levinsky Building where staff will be able to assist you and our welcome team are looking forward to meeting you.

Online Enrolment *R
Open Access Computing, 003 Library 09.00 - 17.00
If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your Plymouth University computing account.

Registering with the Police
Employability and Careers Hub between 9:30 - 15:30
You can register with the police anytime between 09:30—15:30 and no appointment is necessary but it could be busy and you may have to wait. Please make sure that you have the correct documentation available and £34 in cash before you register, a checklist can be found in the back of this leaflet but if you are not sure please check with a member of the ISA team.

Campus Tours *R
From the ISOP meeting point inside the Roland Levinsky Building leaving at 10.00am
Our student ambassadors will take you on a guided tour of the campus.

Introduction to your Students’ Union including a tour of the SU
Students’ Union, Illusion room starting at 10.00am
What University of Plymouth’s Student Union can do for you whilst you study and find out how you can get involved.

Exchange students meet and greet
Rolle Marquee 10.00—11.00
An opportunity for exchange students to meet up with other students and the exchange staff and find out more about your faculty’s induction arrangements next week.
Register with a Doctor *C
Rolle 018 LT between (time to be confirmed)
You must register with a doctor in order to get quick access to healthcare if you become sick. Staff from the Campus Medical Centre will be here to help you register.

Learning Support, Wellbeing and Learning Development at Plymouth University *C
Rolle Marquee 12.00 to 13.00
Meet the Learning Support and Wellbeing staff who will provide you with information about the services they offer. A light lunch will be provided after the presentation and you will have an opportunity to meet the team and ask questions.

Staying safe in Plymouth *C
Rolle Marquee 13:00 – 14:00
This session is delivered by one of the local Diversity Officers who will provide you with advice on living and enjoying yourself whilst staying safe in Plymouth. This is also an opportunity to meet the University’s dedicated police liaison officer. Staff from the victim support team will also be in attendance to offer advice on how to access their services.

Student Union International Fair
Student Union Marquee 12.00 - 15.00
Meet several local practical services including banks, mobile phone companies and entertainment companies as well as important student services all here to support you through your studies. Also a second hand stall giving away pots and pans and other items for free! Kindly donated by previous students.

Banking in the UK *R
Rolle Marquee starting at 14.00
This session will provide you with advice on how to open a bank account and information about banking in the UK. When you have made a decision about which bank you will open an account with you will need a letter from ISA and ambassadors will be available to walk you to the bank.
Friday 15th September

Your Tier 4 Visa responsibilities *C for tier 4 visa holders
Rolle Marquee 15:00 -15:30
Delivered by the Compliance team will outline your obligations and responsibilities as a tier 4 visa holder.

Work Placements—What you should know
Rolle Marquee—15.30—16.00
The placements team and International Student Advice will provide you with important information about placements in relation to your tier 4 visa responsibilities.

Music and Salsa Dancing
Illusion bar in Students’ Union  19.00—21.00
This is a great opportunity to make friends while you enjoy listening to some Latin sounds. A Latino expert will be on hand to teach you some new salsa moves. Stay around afterwards and enjoy some music from around the world.
Shopping Tours *R
From the ISOP meeting point in the Roland Levinsky building leaving at 9.15am
If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our ‘top tips’ shopping leaflet from a student ambassador.

Badminton fun!
Nancy Astor Sports Centre  Starts 10.00am
Come along and have fun playing badminton, even if you’re a complete beginner! UPSU sports staff will be there to answer any questions on all the sports they offer. No need to book just turn up.

Harbour Boat Cruise  *T
From the ISOP meeting point in the Roland Levinsky building leaving at either 10.30am for the 11.00am sailing or 13.30 for the 14:00 sailing
Meet the student ambassadors inside the Roland Levinsky Building to walk down to the harbour. Experience Plymouth from the sea on this two hour cruise. Don’t forget to take a jacket/coat with you as it can be cold at sea.

Scenic walk to the Royal William Yard  *T
From the ISOP meeting point in the Roland Levinsky leaving at 14:00
Join our volunteers and ambassadors for a scenic walk to the Royal William Yard, a spectacular and stylish waterfront destination full of restaurants, cafes and bars. Make sure you are wearing comfortable footwear for walking.
Saturday 16th September

Movie night *T
Jill Craigie Cinema Roland Levinsky building starting at 19.00
Join us for some big screen entertainment, the movie tonight is “Alice in Wonderland”. Starring Johnny Depp this fantasy adventure film has a South West connection as some scenes were filmed at Anthony House near Plymouth and Charlestown in Cornwall.
Sunday 17th September

Shopping Tour *R
From the ISOP meeting point in the Roland Levinsky building leaving at 12.00 /midday
If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our ‘top tips’ shopping leaflet from a student ambassador.

Harbour Boat Cruise *T
From the ISOP meeting point in the Roland Levinsky building leaving at 13.30 for the 14:00 sailing
Meet the student ambassadors inside the Roland Levinsky Building to walk down to the harbour. Experience Plymouth from the sea on this two hour cruise. Don’t forget to take a jacket/coat with you as it can be cold at sea.

Movie night *T
Jill Craigie Cinema Roland Levinsky building starting at 19.00
Join us for some big screen entertainment, the movie tonight is “Despicable Me”. When supervillain Gru played by Steve Carell hatches a plan along with his hilarious crew of mischievous minions to steal the moon.
If you are a new International Student and have arrived late and missed the Orientation then you can attend the Essential Sessions.

Sessions will be listed in your course induction programme but don’t worry if you don’t have one listed because you can come along to any of the sessions listed below.

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<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Mon 18th Sep</td>
<td>Portland Square Devonport Lecture Theatre</td>
<td>16.30—17.00</td>
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<tr>
<td>Tues 19th Sep</td>
<td>Portland Square Devonport Lecture Theatre</td>
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<td>Wed 20th Sep</td>
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<td>Thurs 21st Sep</td>
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<td>Fri 23rd Sep</td>
<td>Portland Square Devonport Lecture Theatre</td>
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Checklist for registering with the police

If you are required to register with the police please take a look at the following checklist,

Before going to register with the police please make sure you have the following documents available otherwise you will not be able to register,

Current passport with temporary visa in it

- Biometric residence Permit card (if you have one)
- 2 passport sized photographs
- £34 registration fee which should be in the exact cash as no change will be given.
- Completed registration form, please make sure you complete the form fully (you can collect a form from ISA)
International Student Advice (ISA)

Ground Floor of the Roland Levinsky Building
Plymouth University
Web: www.plymouth.ac.uk/isas
Email: international.advice@plymouth.ac.uk
Tel: +44 (0)1752 587740

https://www.facebook.com/isaplymuni/

Please note that the information in this booklet is correct at the time of printing, please check with the information point in the Roland Levinsky Building for any changes to schedules.