



This resource links to Pathway: Reflecting on your experience



Quotes

Skills: Reflection

Give students a page of quotes, use some of your favourite or draw from the ones below. Ask the students to pick a quote that they feel best matches their feelings about their KE activity. Give students time to think about it and then share with a partner or the whole group if they are happy to.

Ask students to think about and discuss:

- Why do you think we did this activity?
- Why did you choose this quote?
- How does this quote reflect your experience?
- How does this quote make you feel?
- *How can you use these skills/ways of thinking you have learnt from this activity in your KE activity?*

“Stay away from those people who try to disparage your ambitions. Small minds will always do that, but great minds will give you a feeling that you can become great too.” – *Mark Twain*

“When you change your thoughts, remember to also change your world.”

– *Norman Vincent Peale*

“It is only when we take chances, when our lives improve. The initial and the most difficult risk that we need to take is to become honest.” – *Walter Anderson*

“Develop success from failures. Discouragement and failure are two of the surest stepping stones to success.” – *Dale Carnegie*

“You will face many defeats in life, but never let yourself be defeated.” – *Maya Angelou*

“You don’t learn to walk by following rules. You learn by doing, and by falling over.”

– *Richard Branson*

“Go confidently in the direction of your dreams! Live the life you’ve imagined.”

– *Henry David Thoreau*



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