

SUPPORTING STUDENTS IN KNOWLEDGE EXCHANGE: RESOURCES FOR STAFF

This resource links to Pathway: Make and maintain professional connections, imposter syndrome and assertiveness training, personal skills development



Meet and greet (Adapted from Do: Improvise by Robert Poynton)

Skills: Confidence, networking, assertiveness, creativity

GIVE THE GROUP A SCENARIO FOR GREETING SOMEONE, FOR EXAMPLE; YOUR PARTNER IS A LONG-LOST FRIEND, YOU THINK YOUR PARTNER IS A FAMOUS PERSON, YOU WANT TO KNOW WHERE YOUR PARTNER GOT AN ITEM OF CLOTHING FROM, OR MAKE UP YOUR OWN! *Note: This needs to be played with a larger group that doesn't know each other very well*

Ask the group to wander around and greet someone according to the scenario you have given them. Keep on changing the scenario so they must greet people differently. Encourage the students to be as confident and creative as possible when greeting someone.

After a couple of scenarios ask the group to come back together and share their experiences.

Ask students to think about and discuss:

- Why do you think we did this activity?
- How did you feel greeting someone with a scenario?
- Were you nervous to begin with?
- Did the nerves disappear?
- Was it easy to adapt to different scenarios?
- What did you learn from having to greet people in different scenarios?
- Did you find the task easy or hard?
- *How can you use these skills/ways of thinking you have learnt from this activity in your KE activity?*

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