



# UNIVERSITY OF PLYMOUTH

## Clinical Skills Sessions and Subjects 2022 - 2023

### Year 1

Week	Subject	Prep for Practice
Week 1 October	Online Module Introduction	Introduction to assessment, and staff roles, professional values,
Week 2 November	Basic Life Support Mental Health Skills – MSE, Suicide and self harm, nutrition in mental health	-
Week 3 December	Infection Control Hand Washing, Vital Sign Assessment	Episode of care selection and planning
Week 4 December	Personal Care, ANTT, Nutrition and Hydration	Initial Midpoint and final interviews Achieving proficiencies
Week 5 January	Meds management and administration oral, subcut and IM injection	Meds management assessment Raising Concerns in placement
Week 6 January	Venepuncture, Blood glucose and Urinalysis	-

### Year 2

Week	Subject	Direct Entry Students Catch up
Week 1	A-E Assessment Cardiac monitoring Sepsis	Drug administration
Week 2	Respiratory assessment and auscultation Airway management and suction	ANTT
Week 3	IV accesses, cannulation IV Drug Administration IV infusion pumps	Venepuncture IM and SC drug administration
Week 4	In hospital arrest and BLS End of Life Care	
Week 5	Stoma Care Catheterisation	
Week 6	Enteral management NGT insertion and drug administration Recognition and management of raised ICP	

### Year 3 – Adult only

Week	Subject	Clinical skills re-explored/expanded
Week 1 January	Peer teaching, coaching and supervision	NG tube insertion and management Bowel care (suppositories/stoma care) IV infusions safety, fluid management
Week 2 February	Patient assessment and practical BLS	A-E assessment through role play and discussion Patient assessment through Virtual reality scenarios. BLS and airway management along with exploration of causes of cardiopulmonary arrest
Week 3 February	Patient assessment	Role play scenarios covering A-E assessment. Presentations of End of Life care (community hospital), Hypoglycaemia (minor injury unit) and surgical wound sepsis (acute hospital ward)
Week 4 March	Patient assessment and transfer of acute patient	Role play scenario acute abdominal pain (urinary catheterisation in the community) Deteriorating patient, stabilisation, transfer to new area and SBAR to new team to continue care.
Week 5 March	Community management challenge	Case load management, team work, delegation, prioritisation, and knowledge share. Wound care venepuncture, IV medication, patient assessment.
Week 6 April	Ward leadership and team work challenge	Ward management as a team of nurses. Communication, leadership and management styles, prioritisation of care, clinical audit, patient assessment planning, treatment and evaluation. (Clinical skills revisited – Oral and IV medication, wound care, assessment of unwell patient, management of a patient with dementia on an acute ward, blood transfusion practice, risk assessments, 12 lead ECG, escalation of care and documentation)