



#### The Future Leaders Programme

The Future Leaders internship programme is a 3-month paid internship opportunity giving current students at the University of Plymouth the opportunity to engage students as leaders within the broad area of sustainable and civic engagement through links with the Centre for Sustainable Futures, Plymouth Institute of Education. The innovative leadership component will comprise of change-leadership and personal development workshops for the interns to enable them to become future-fit as change-makers, leaders, and role models of a sustainable and civic society. These workshops will focus on developing the skills and tools combined with the inspiration, confidence, and ability to facilitate compassionate and proactive change to tackle issues surrounding sustainability. They will be framed using the Plymouth Compass leadership tool.

The internships will consist of 3 internships that are partnered with community organisations and a further 3 internships will be available for students to propose their own community ideas that are based on sustainable and civic change. These open calls will give 3 students the opportunity to develop their own community engagement projects with the support and input from staff from the Centre for Sustainable Futures and relevant community organisations.

#### **Key Details**

- 6 placements available
- Open to current students at the University of Plymouth
- 3 months in duration (12<sup>th</sup> January to 30<sup>th</sup> March 2022)
- Maximum of 50 hours over 3 months
- £10.78 per hour
- 8 leadership workshops and an end of programme showcase event
- Practical work experience combined with leadership development

#### How can students apply

All the opportunities for each cohort will be advertised on the same date giving prospective interns the opportunity to view all positions and apply for the one which is most applicable. The date applications will go live will be 22<sup>nd</sup> November 2021. Each opportunity will specify how to apply and what is required, for example, submitting a CV and covering letter and where to send this. Following the closing date, applications will be reviewed, shortlisted and interviews will take place with the successful candidates chosen and feedback given.

# Internship partnered with organisation

Students should prepare a CV and cover letter (cover letter no more than 2 pages) that outlines why they are interested in the opportunity and demonstrating how they will meet the requirements of the post (that will be outlined in the internship specification for each position).





## Open internships

Students should prepare a CV and cover letter (cover letter no more than 2 pages) that outlines their project proposal and why they are interested in the opportunity. The project proposal should have a clear outlined of their project, a timeline that fits within the 3-month period of the internship. The proposal should also outline any local, community organisations they think would be suitable to work with on the project. It should also demonstrate the key outcomes of their project.

Applications should be submitted to Rachel Manning at rachel.manning@plymouth.ac.uk by the application deadline of midnight on Friday 3<sup>rd</sup> December.

If you have any questions related to the internship programme or to find out more, please contact Rachel Manning at rachel.manning@plymouth.ac.uk or Paul Warwick at paul.warwick@plymouth.ac.uk





# <u>Future Leaders Programme – Open Internship Description</u>

Positions available: 3

**Duration:** 3 months (12<sup>th</sup> January – 30th March 2022)

Salary: £10.78 per hour

Hours: Maximum of 50 hours over 3 months

**Applications open:** Monday 22<sup>nd</sup> November 2021

**Applications close:** Friday 3<sup>rd</sup> December 2021 (midnight)

**Interview date:** Week commencing Monday 13<sup>th</sup> December 2021

Start and end date of internships: Wednesday 12<sup>th</sup> January – Wednesday 30<sup>th</sup> March 2022

#### **Future Leaders Programme Overview:**

The Future Leaders internship programme is a 3 month fully funded internship opportunity giving current students at the University of Plymouth to develop their sustainable leadership skills. The programme has an innovative leadership component that will comprise of change leadership and personal development workshops that will be framed using the Plymouth Compass. These workshops aim to support students to become future-fit change makers that are confident leaders and role models and that have the skills and confidence to tackle sustainability issues compassionately and proactively.

## Overview of the open internships:

These open internships are available to support students in developing their own sustainability projects that make links to community engagement and civic change. This internship will give students the opportunity to develop their projects with support from staff from The Centre for Sustainable Futures and Plymouth Institute of Education and relevant community organisations. These placements are an opportunity to bring project ideas to life in a part time, paid internship setting. If you think you have a great project idea that needs some extra support and time, then this is a perfect opportunity to develop your project and build on your sustainable leadership skills. We welcome projects from all areas of sustainability and encourage students from all courses to apply.

# How to apply:

Students should prepare a CV and cover letter (cover letter no more than 2 pages) that outlines their project proposal and why they are interested in the opportunity. The project proposal should have a clear outlined of their project, a timeline that fits within the 3-month period of the internship. The proposal should also outline any local, community organisations they think would be suitable to work with on the project. Students should also consider within the application which <a href="UN Sustainable Development Goals">UN Sustainable Development Goals</a> their project makes links to. It should also demonstrate the key outcomes of their project.





Applications should be submitted to Rachel Manning at rachel.manning@plymouth.ac.uk by the application deadline of midnight on Friday  $3^{\rm rd}$  December.





#### Future Leaders Programme – Millfields Trust

Partnership Organisation: Millfields Trust

Internship job title: Sustainable Transport Development Intern

**Duration**: 3 months (12<sup>th</sup> January – 30th March 2022)

Organisation point of contact: Roger Pipe

Salary: £10.78 per hour

**Hours:** Maximum of 50 hours over 3 months

**Applications open:** Monday 22<sup>nd</sup> November 2021

**Applications close:** Friday 3<sup>rd</sup> December 2021 (midnight)

Interview date: Week commencing Monday 13th December 2021

**Start and end date of internships:** Wednesday 12<sup>th</sup> January – Wednesday 30<sup>th</sup> March 2022

#### **Future Leaders Programme Overview:**

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# Overview of the internship project, role, responsibilities, and key tasks:

This community-based internship opportunity seeks to helps us to see if we can develop ourselves as a social enterprise or a charity.

The idea is to use the spare capacity of minibuses and other vehicles that we know exists in the city and link it to where transport is needed. There are organisations including schools, charities and businesses who own minibuses and there are those that need transport who cannot afford it or cannot access due to cost. We want to assess the possibility of putting these two things together, a resource and a need.

The Development worker will have to undertake research to understand the position and then put together a feasibility plan giving recommendations on how the project could (or couldn't) work.





#### **Organisation background:**

Millfields Community Economic Development Trust (Millfields Trust) has been set up to enable local people to contribute and manage the regeneration of Stonehouse in Plymouth.

The Trust is at the forefront of a movement to promote sustainable solutions to the regeneration of communities and allow local people to drive forward the process. This ethos is reflected in the Trust's structure. The Trust takes its name from the site of the former Royal Naval Hospital in Stonehouse, now renamed the Millfields, and has been trading since 1999.

#### Structure.

The Trust is a democratic organisation with membership open to anyone living in Stonehouse over the age of 17. Any member is entitled to stand for election to the Board of the Trust. The Board consists of 7 community directors, two representatives from Plymouth City Council and two business directors, reflecting the commitment to working in partnership. The Board is elected on an annual basis from its membership. The Trust is company limited by guarantee.

#### Aims and objectives.

Employment is one of the key factors in revitalising a community and improving its long-term prospects. Millfields Trust is contributing to the regeneration of the ward and the city by focusing on job creation and the development of business.

In particular, the Trust provides a platform to enable small and medium sized business to grow and develop. A package of measures including, high quality affordable accommodation, easy in and easy out terms and adding value to the tenancy are used to attract and support business. In return companies employ local people, purchase in the local community, and provide goods and services.

Surpluses are used to promote long term change in the community by investing in our sister charity Millfields Inspired. The charity runs a programme entitled Widening Horizons which works with year 5 children in our seven local primary schools. Widening Horizons links the world of work to that of education through a series of inspirational visits and activities.

#### What do we do?

The Trust manages 6 business centres over two sites on the Millfields and in Union Street. With over 100 tenant including charities and social enterprises the buildings are also a hub for the local community.

The Trust has been fortunate to make a surplus in each year that it has been trading invest each year in our sister Charity Millfields Inspired whose programmes work with our seven local primary schools. To date the Trust has invested over £2million back into the community of Stonehouse.





# How to apply:

Please prepare a CV and cover letter outlining within the cover letter (cover letter no more than 2 pages) why you are interested in the opportunity and demonstrating how you meet the requirements of the post (outlined in the person specification below).

Please submit these to Rachel Manning at rachel.manning@plymouth.ac.uk by the application deadline of midnight on Friday 3<sup>rd</sup> December 2021.

## **Person Specification**

Criteria	Essential	Desirable
Knowledge		Some knowledge of how to
		carry out research would be
		helpful
Experience		Some experience of the voluntary or community sector will be of an advantage.
Skills/attributes	Willingness to learn, flexible. Able to listen and be part of a small team Able to use their initiative and be creative	

## **Links to UN Sustainable Development Goals**













# <u>Future Leaders Programme – Internship Description</u>

Partnership organisation: Nudge Community Builders

Internship job title: Community partnership engagement worker (Greenhouse Activator)

**Duration:** 3 months (12<sup>th</sup> January – 30th March 2022)

Salary: £10.78 per hour

Hours: Maximum of 50 hours over 3 months

Applications open: Monday 22<sup>nd</sup> November 2021

**Applications close:** Friday 3<sup>rd</sup> December 2021 (midnight)

**Interview date:** Week commencing Monday 13<sup>th</sup> December 2021

Start and end date of internships: Wednesday 12<sup>th</sup> January – Wednesday 30<sup>th</sup> March 2022

Future Leaders Programme Overview:

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#### Overview of the internship project, role, responsibilities, and key tasks:

Nudge community builders have created a space in Stonehouse called <u>The Plot</u>. The Plot is an alternative shopping arcade that keeps growing. This building is bringing new activity and opportunities into our community. Inspired by allotments, we are renting out the space patch by patch to local businesses and individuals who want to grow a great idea that benefits our community and the street.

This project will be based at The Plot. Nudge have greenhouse at The Plot that the University has full use of. Nudge and the University want this greenhouse space to be a really engaging space within The Plot that builds a stronger relationship between the community of Stonehouse and the University.

#### Your role will be to:

- Make connections and have conversations in the University, in The Plot and the wider community to find out how this space could best be used.
- Experiment with ideas in the greenhouse and evaluate these to see what works and why.





• Put together a proposal of how this space could work best for everyone involved in the future.

#### **Organisation background:**

Nudge is a community benefit society set up by local residents to bring empty buildings back into use for lasting local change. Nudge run three buildings and are currently bringing a fourth back into use. They support a wide range of local people and small businesses to connect and contribute. They also have lots of events out on the street as part of their vision to make Union Street a street the whole world loves.

Nudge are a small team that like to take big risks, find creative solutions to local need, and make things happen in our community that add up to having lasting impact. We listen all the time, we prioritise local voices, local spend, local employment and change that meets local need.

www.nudge.community @nudgecommunity

# How to apply:

Please prepare a CV and cover letter outlining within the cover letter (cover letter no more than 2 pages) why you are interested in the opportunity and demonstrating how you meet the requirements of the post (outlined in the person specification below).

Please submit these to Rachel Manning at rachel.manning@plymouth.ac.uk by the application deadline of midnight on Friday 3<sup>rd</sup> December 2021.

## **Person Specification**

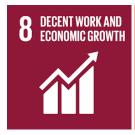
Criteria	Essential	Desirable
Knowledge	A good understanding of the challenges that face communities	
	Knowledge of techniques and processes that can be used to create an environment where people feel valued, equal and comfortable to step-up and be part of the solution	
Experience	Experience of volunteering or working in a community setting or similar	We particularly encourage people who live or have lived in Stonehouse to apply.





	Experience of pulling together a wide range of evidence and information in ways that support something to change or improve	
Skills/attributes	Enjoys talking and connecting with a diverse range of people  Able to understand different people's perspectives and barriers	
	Able to develop creative solutions to a problem	

# **Internship links to UN Sustainable Development Goals**











# <u>Future Leaders Programme – Internship Description</u>

Partnership organisation: Well Connected UK

Internship Job Title: City of Smiles project developer

**Duration**: Part time over 3 months (12<sup>th</sup> January – 30th March 2022)

Organisation point of contact: Andrew Dean and Wendy Smith MBE

Salary: £10.78 per hour

Hours: Maximum of 50 hours of 3 months

**Applications open:** Monday 22nd November 2021

**Applications close:** Friday 3<sup>rd</sup> December 2021 (midnight)

Interview date: Week commencing 13<sup>th</sup> December 2021

Start and end date of internships: Wednesday 12<sup>th</sup> January – Wednesday 30<sup>th</sup> March 2022

#### **Future Leaders Programme Overview:**

The Future Leaders internship programme is a 3 month fully funded internship opportunity giving current students at the University of Plymouth to develop their sustainable leadership skills. The programme has an innovative leadership component that will comprise of change leadership and personal development workshops that will be framed using the Plymouth Compass. These workshops aim to support students to become future-fit change makers that are confident leaders and role models and that have the skills and confidence to tackle sustainability issues compassionately and proactively.

#### Overview of the internship project, role, responsibilities, and key tasks:

# City of smiles

Following our community listening project during the pandemic and from our experience in delivering community focused projects we have created a new initiative, *City of Smiles*; a programme based on kindness and caring. We are excited for Plymouth to be the first *City of Smiles* in the UK, encouraging and enabling people to make small adjustments in their daily routines to have a big impact on individuals, neighbourhoods and communities. Our call to action invites all sectors across the city, from individuals, charities, local authority, health and education providers and businesses to come together to promote kindness, whether at home, in school, in the community or in the workplace.

We aim to launch City of Smiles in 2022 delivering a number of initiatives, including:

 Providing communities with relevant health and wellbeing guidance and connecting them to trusted Plymouth based organisations





- Creating Listening Spaces across the city to allow peoples voices to be heard
- Creating health themed walks, encouraging people to explore the green spaces across the city
- Encouraging volunteering opportunities with our community partners
- Hosting an event bringing organisations and communities together to showcase, celebrate and inspire people across the city

#### The Role

We are looking for an individual to work alongside a small team to help deliver this exciting initiative. We also want an individual who can bring their own ideas and inspiration to the project, as well as playing an ambassadorial role within the University to help promote *City of Smiles*.

#### Key Responsibilities include:

- Undertake research and consultation
- Fulfil tasks set out by the Well Connected team to support City of Smiles
- Attend meetings and events and take notes when required
- Support and advise on social media platforms and write copy
- Promote *City of Smiles* with UoP students and provide recommendations to engage young people

#### Requirements:

- Eager to learn and work within a small team
- Excellent communication skills
- Ability to multi-task and cope well under pressure
- Understanding of social media and willingness to explore other communication channels

#### Organisation background:

Well Connected UK is a registered charity delivering award-winning community health and wellbeing programmes. Our initiatives, include working with NHS England providing training to supervise regular toothbrushing for children who experience inequality and disadvantage across Devon; working with University of Plymouth mentoring and enabling medical students to understand how health inequalities impact on people and communities; as well as a range of projects providing resources and guidance to vulnerable communities, from those effected by addiction, mental health challenges, homelessness and street workers.





We are passionate about partnerships and co-creation, working with people and organisations to ensure we are trusted, authentic and connected within our communities creating meaningful and effective solutions for those who may feel ignored and forgotten.

# **How to apply:**

Please prepare a CV and cover letter outlining within the cover letter (cover letter no more than 2 pages) why you are interested in the opportunity and demonstrating how you meet the requirements of the post (outlined in the person specification below).

Please submit these to Rachel Manning at rachel.manning@plymouth.ac.uk by the application deadline of midnight on Friday 3<sup>rd</sup> December 2021.

# Person specification:

Criteria	Essential	Desirable
Knowledge	- Excellent communication	- Use of social media
	skills	platforms
	- Good organisational skills	- Willingness to explore a
	with an attention to detail	variety of communication
	- Literacy and Numeracy	models e.g. podcasts
	- Understanding of IT and	
	software packages	
Experience	- Working as part of a team	- Public speaking
	- Being confident when	- Experience of
	speaking with others	volunteering
	- Report writing	
Skills/attributes	- A positive outlook and a	- Facilitating focus groups
	good sense of humour	
	- A willingness to learn	
	- The ability to listen to	
	better understand other	

# **Internship links to UN Sustainable Development Goals:**





