

ASSESSING AND SUPERVISING NMC STANDARDS OF PROFICIENCY (2018)

Pre-Registration Nursing Students in Nursing Home Placements

**This guidance covers Year 1 student proficiencies.**



UNIVERSITY OF PLYMOUTH

	PROFICIENCY	EXAMPLES OF SKILL/ACTIVITY	SUGGESTED EVIDENCE
<b>Participates in assessing needs and planning person-centred care</b>			
1.	Demonstrate and apply knowledge of commonly encountered presentations to inform a holistic nursing assessment including physical, psychological and socio-cultural needs.	Mobilisation Personal care Activities/Group work Resident Passports Care Plan Review	Documentation. Staff and/or Service User Feedback. Reflection Evidence of knowledge through Q&A.
2.	Demonstrates understanding of a person's age and development in undertaking an accurate nursing assessment.	Care Planning Care Plan Review MDT involvement Activities/Group work	Documentation. Staff and/or Service User feedback. Reflection. Evidence of knowledge through Q&A.
3.	Accurately processes all information gathered during the assessment process to identify needs for fundamental nursing care, and develop and document person-centred care plans.	Handover information Care Planning Care Plan Review MDT involvement Clinical referral processes	Relevant staff feedback. Reflection. Documentation / Completed Assessment tool.
<b>Participates in providing and evaluating person centred care</b>			
4.	Work in partnership with people, families and carers to encourage shared decision- making to manage their own care when appropriate.	Residents Passports Relatives Updates Inclusivity (decision making involvement) Risk Assessment EOL/Care Planning	Staff and/or Service User feedback. Documentation Reflection National & Local Guidance & protocols
5.	Demonstrates an understanding of the importance of therapeutic relationships in providing an appropriate level of care to support people with mental health, behavioural, cognitive and learning challenges.	Care Plan Review MDT Involvement Reflective study of resident LD/SALT/MH agency involvement	Documentation Staff Feedback Reflection Evidence of knowledge of therapeutic relationships through Q&A.
6.	Provides person centred care to people experiencing symptoms such as anxiety, confusion, pain and breathlessness using verbal and non-verbal communication and appropriate use of open and closed questioning	All routine resident care Social Isolation Care of deteriorating resident	Documentation Staff and/or Service User feedback. Reflection Evidence of knowledge through Q&A.
7.	Takes appropriate action in responding promptly to signs of deterioration or distress considering mental, physical, cognitive and behavioural health.	Wound care/maintenance Respiratory distress Unusual vital signs Overly anxious behaviour Depression	Documentation. Resident review Evidence of knowledge through observation and Q&A.

8.	Assesses comfort levels, rest and sleep patterns demonstrating understanding of the specific needs of the person being cared for	Mattress audit Any urinary or other problems that affect sleep Noise/Light/Temperature 'Knowing' resident	Care Plan Review Resident charts Documentation Q&A of potential improvements
9.	Maintains privacy and dignity in implementing care to promote rest, sleep and comfort and encourages independence where appropriate.	Personal care Empowerment of resident (patience) Compassionate communication	Staff and/or Service User feedback. Resident charts Care Plan Review
10.	Assesses skin and hygiene status and determines the need for intervention, making sure that the individual remains as independent as possible.	Resident charts Handover Information Accurate and safe decision making Head to toe assessment Awareness of dignity at all times	Residents care plan. Knowledge of treatments/dressings. Q&A on assessment Staff and/or Service User feedback. Completed assessment tool.
11.	Assists with washing, bathing, shaving and dressing and uses appropriate bed making techniques.	Personal care Dignity Communication Effective technique Empowerment of Resident	Staff and/or Service User feedback. Observation & Q&A
12.	Supports people with their diet and nutritional needs, taking cultural practices into account and uses appropriate aids to assist when needed.	Care Planning Listening/Responding to Resident Use of appropriate utensils/aids and good technique	Staff and/or Service User feedback. Observation & Q&A Care Plan Review Handover Information
13.	Can explain the signs and symptoms of dehydration or fluid retention and accurately records fluid intake and output.	Fluid Balance Chart Ensuring drinks are taken Innovative ways to encourage intake	Interpretation of fluid balance chart Understanding of urinary problems (Q&A) Care Planning document
14.	Assists with toileting, maintaining dignity and privacy and managing the use of appropriate aids including pans, bottles and commodes.	Encouraging toilet use if at all possible Use of different aids effectively Hygiene/waste disposal	Observation and Q&A Resident documentation Care Plan Review Staff/Service User Feedback.
15.	Selects and uses continence and feminine hygiene products, for example, pads, sheaths and appliances as appropriate.	Empowerment of resident (if possible) Dignity upheld Range of products and uses	Observation and Q&A. Staff/Service User Feedback. Handover/Documentation information
16.	Assesses the need for support in caring for people with reduced mobility and demonstrates understanding of the level of intervention needed to maintain safety and promote independence.	Completion of assessment tools Assisting mobility Effective communication Referral for OT/Physio	Completed assessment tool. Documentation Referral copy. Observation and Q&A.
<b>Participates in procedures for the planning, provision and management of person centred care</b>			
17.	Uses a range of appropriate moving and handling techniques and equipment to support people with impaired mobility.	Upholding high standards using aids Understanding limitations Dignity and Compassion	Observation and Q&A Staff/Service User Feedback. Handover/Documentation information

18.	Consistently utilises evidence based hand washing techniques.	Using washing/handgel appropriately Full compliance with safe hand hygiene	Observation and Q&A Staff/Service User Feedback. Understanding/Knowledge of appropriate use
19.	Identifies potential infection risks and responds appropriately using best practice guidelines and utilises personal protection equipment appropriately.	Use of appropriate PPE Use of Resident Information to apply correct protocols Raising concerns	Staff/Service User feedback. Observation and Q&A Reflection/Research of national/local protocol.
20.	Demonstrates understanding of safe decontamination and safe disposal of waste, laundry and sharps.	Safe use, storage and disposal of sharps Dealing with isolated cases and safe treatment/disposal of waste	Staff feedback. Q&A Demonstrating correct use of equipment and knowledge of local protocols
21.	Effectively uses manual techniques and electronic devices to take, record and interpret vital signs, and escalate as appropriate.	Vital signs and documentation Effective and safe recording and escalation Knowledge of what is 'normal' for the resident	Residents chart/care plan Accurate recording Observation and Q&A Staff/Service User feedback.
22.	Accurately measure weight and height, calculate body mass index and recognise healthy ranges and clinical significance of low/high readings.	Accurate and safe recording Usual 'range' for resident Effective referral	Staff/Service User feedback. Observation and Q&A Documentation Handover/referral information
23.	Collect and observe sputum, urine and stool specimens, undertaking routine analysis and interpreting findings.	Undertaking routine specimens Use of equipment/lab protocols	Observation and Q&A Results/documentation. Staff feedback.
<b>Participates in improving safety and quality of person centred care</b>			
24.	Accurately undertakes person centred risk assessments proactively using a range of evidence based assessment and improvement tools.	Admission procedure/protocol Care Plan review Referral form	Observation and Q&A. Care Plan Staff feedback. Referral/Admission documentation
25.	Applies the principles of health and safety regulations to maintain safe work and care environments and proactively responds to potential hazards.	Any risk assessment Safe and effective activities/team/individuals Care Plan Review Environment awareness	Observation and Q&A Staff/Service User feedback. Risk Assessment Doc. Reflection
26.	Demonstrate an understanding of the principles of partnership, collaboration and multi-agency working across all sectors of health and social care.	Holistic care of resident Effective communication cross agency Awareness of external services	Care plan review External agent feedback Risk assessment or other documentation Observation and Q&A
27.	Demonstrate an understanding of the challenges of providing safe nursing care for people with co- morbidities including physical, psychological and socio-cultural needs	Handover information Polypharmacy review Updating care records Cross agency collaboration	Observation and Q&A Staff feedback. External agent feedback Documentation Reflection or project
28.	Understand the principles and processes involved in supporting	Safe Empowerment /Motivation of residents	Observation and Q&A

	people and families so that they can maintain their independence as much as possible.	Awareness of background/culture etc Discussion with families	Staff/Service User feedback Care Plan notes Reflection
29.	Provides accurate, clear, verbal, digital or written information when handing over care responsibilities to others.	Handover Care Plan notes Assessment Tools Knowledge of priorities	Handover notes Care Plan Assessment documentation Staff feedback