

Participant Information Sheet.

Version 2

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Faculty of Health
School of Health Professions
Plymouth University
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Study Title: An exploration of therapists' beliefs and experiences of the use of Elastic Therapeutic Taping in a Paediatric Population.

You are being invited to take part in a research study. Before you decide whether to participate, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Please ask if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

We are carrying out research into therapists' opinions on the practice and perceived mechanisms of action of Elastic Therapeutic Taping (ETT) and also to assess if people's level of experience affects views on ETT. We would like to survey physiotherapist and occupational therapist who have a paediatric caseload. We are using a combination of survey and semi structured interview to explore these areas; this is the information sheet for the survey.

What is the purpose of the study?

Elastic therapeutic taping (the most recognised brand name is Kinesio taping) has become increasingly popular within the world of athletics as well as with medical treatments for all age groups. We are interested in the understanding clinicians' perspectives of taping. This will help to inform future research studies and training recommendations for clinicians.

Why have I been chosen?

We are looking for therapists who work with children to complete the survey. We are contacting you through paediatric special interest groups, the Association of Paediatric Physiotherapists (APCP) and the Royal College of Occupational Therapists Specialist

Section for Children, Young People and Families (CYPFS) and through associated professional social media groups.

Do we have to take part?

It is up to you to decide whether or not you will take part. If you choose to complete and submit the survey, this will indicate your consent. You may withdraw at any point before submission of the survey.

Will taking part in this study be kept confidential?

Once the survey has been closed the information will be anonymised and stored securely. If you choose to share your personal details with the researchers for the interview stage, this will be separated from the questionnaire data to fully anonymise the survey. The University of Plymouth will separately securely store your personal details for up to 1 year to allow us to contact you with regards to the interview (however we should contact you within 6 months).

Once the survey has been closed the data will be downloaded. Any personal indicators (for those agreeing to be contacted for a follow up appointment) will be separately stored. Once the data has been double backed up, the online survey data will be deleted. The anonymised data will be stored in password protected, encrypted University Of Plymouth Onedrive folders. Data will be stored for a period of 10 years in accordance with University of Plymouth Policy. Prof J Marsden will be responsible for the storage of the data.

As part of the survey there is the option for people to provide their name and contact details if they want to be contacted in the future for a follow up semi-structured interviews. People's names and contact details will be stored separately to the survey results. They will be stored for a 1 year period after the completion of the survey. Contact details will be stored on password protected, encrypted University Of Plymouth Ondrive folders. In line with GDPR regulations this will be highlighted in the information sheet and in the on line survey. Prof J Marsden will act as the custodian of this data and be responsible for deleting the data at the end of the 1 year period or following the completion of the follow-up interview.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

You can find out more about how we use your information at <https://www.plymouth.ac.uk/your-university/governance/general-data-protection-regulation-gdpr> and /or by contacting the sponsor on plymouth.sponsor@plymouth.ac.uk.

The University of Plymouth research team will use your name and contact details to contact you about the research study, and make sure that relevant information about the study is recorded for your care, and to oversee the quality of the study. Individuals from University of Plymouth sponsor team may look at your research records to check the accuracy of the research study. The University of Plymouth research team will pass these details to University of Plymouth sponsor team along with the information collected. The only people in the University of Plymouth who will have access to information that identifies you will be people who need to contact you to arrange appointments and provide summaries of the research or audit the data collection process. The University of Plymouth research team will keep identifiable information about you from this study for up to 1 year. After this time your personal contact details will be destroyed and the data will be labelled using an anonymous code. The people who analyse the information will not be able to identify you and will not be able to find out your name or contact details.

On completion of the data collection, the anonymised information will be stored for 10 years. This information will be available to and used by the research team to prepare publications, reports and other research outputs from this study.

Concerns and Questions about the study

In the unlikely event you are harmed by taking part in this study, there are no special compensation arrangements. However, neglectful harm will be covered by the insurance scheme of the University of Plymouth, which is leading on this study. If you are harmed due to someone's negligence, you may have grounds for a legal action but you may have to pay for it.

If you have any concerns or questions about this study, contact any of the research team through the details on this sheet. If you wish to complain, or have any concerns of this study, please approach the research supervisor Professor J Marsden, School of Health Professions, Faculty of Health and Human Sciences Derriford Road PL68BH. Tel 01752 587590, jonathan.marsden@plymouth.ac.uk).

The following contact details should be used if you wish to make complaint to the independent ethics committee at the university that oversees research activity:

Research Administrator to the Faculty Research Ethics and Integrity Committee (hhsethics@plymouth.ac.uk).

What will happen to the results of the research study?

With the completion of the study, the results will be shared through the University of Plymouth Website (<https://www.plymouth.ac.uk/schools/school-of-health-professions/ett4cp>) and through the CYPFS newsletter. The research will be presented to the Association of Paediatric Chartered Physiotherapists and Chartered Society of Physiotherapy for publication and conference presentation where appropriate.

Who is funded and reviewed the research?

There is no funding connected to this study and any expenses will be covered by the University of Plymouth. The study is being completed as part of Samantha Payne's PhD qualification.

The Faculty of Health Research Ethics and Integrity Committee have reviewed and approved this research.

Contact for further information please contact:

Samantha Payne (C/O J Marsden), School of Health Professions, Faculty of Health and Human Sciences Derriford Road PL68BH

Email address: samantha.payne@plymouth.ac.uk

Thank you for reading this and considering whether you would like to take part in this project.

Thank you

Samantha Payne

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