

Participant Information Sheet.

Interview - Version 2

Date 26/04/2021

Faculty of Health
School of Health Professions
Plymouth University
Peninsula Allied Health Centre
Derriford Road
PL6 8BH

Professor Jon Marsden
BSc (Hons) MSc PhD MCS

Study Title: An exploration of therapists' beliefs and experiences of the use of Elastic Therapeutic Taping in a Paediatric Population.

You are being invited to take part in a research study. Before you decide whether to participate, it is important for you to understand why the research is being done and what it will involve. Please take time to read the following information carefully and discuss it with others if you wish. Please ask if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

We are carrying out research into therapists' opinions on processes, underlying clinical effect and believed mechanisms of action of Elastic Therapeutic Taping (ETT). We will be working with physiotherapists and occupational therapists who work with a paediatric caseload. Within the interview we will look to qualitatively explore paediatric therapists perceptions of; their taping experiences (by asking for examples of successful and unsuccessful practise with clinical reasoning); and the process of gaining knowledge for use of taping. We are using a combination of survey and semi structured interview to explore these areas; this is the information sheet for the interview.

What is the purpose of the study?

Elastic therapeutic taping (the most recognised brand name is Kinesio taping) has become increasingly popular within the world of athletics as well as with medical treatments for all age groups. We are interested in the understanding clinicians' perspectives of taping. This will help to inform future research studies and training recommendations for clinicians.

Why have I been chosen?

We are looking for therapists who work with children. When you completed the survey into ETT you indicated that you would be happy to be contacted regarding the interview.

Do I have to take part?

It is up to you to decide whether or not you will take part. We have included a consent form with this information sheet. If you decide not to take part, please contact us (details below) and we will not contact you any further. If you choose to continue, we will send you a link to a very brief online consent questionnaire (through JISC). Once you have completed that consent, we will contact you to arrange a convenient time and method for the interview to take place. You may withdraw at any point up to two weeks after the interview has been completed, after this time the interview will have been transcribed and anonymised, your personal data will be stored separately as outlined below.

What is the process for the interview?

We will be able to conduct the interview either by video or telephone call. We will discuss with you the best means for conducting the interview. A test of the system being used can be arranged to ensure you are comfortable with the process prior to the interview. We will agree a date and time for the interview. Samantha Payne (lead researcher) will contact you by your preferred means and start the interview.

The interview will explore your (a) experiences of practice providing examples of successful / unsuccessful practice (b) clinical reasoning underlying practice (c) views on the mechanism underlying ETT. To facilitate the interview we would ask you beforehand to identify at least one case where ETT has been successful and where it has not and your opinion as to the underlying reasons for this.

Please be advised that the interview will be recorded. It is estimated that the interview may take up to 60 minutes. The interview will then be typed up verbatim, during this process we will remove any personal identifiers. We will provide you with a copy of the transcript to check you are happy with what was discussed.

Will taking part in this study be kept confidential?

The University of Plymouth is the sponsor for this study based in the United Kingdom. Your name, contact details and the recording of the interview will be stored on password protected, encrypted University Of Plymouth Onedrive folders, in line with GDPR regulations. Prof J Marsden will act as the custodian of this data and be responsible for deleting the data at the end of the 1 year period or following the completion of the study.

The transcribed documents will be completely anonymised and there will be no identifiable markers associated with any data published. On completion of the data collection, the

anonymised information will be stored for 10 years. This information will be available to and used by the research team to prepare publications, reports and other research outputs from this study. If you choose, it will also be made available to other researchers for research purposes.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

You can find out more about how we use your information at <https://www.plymouth.ac.uk/your-university/governance/general-data-protection-regulation-gdpr> and /or by contacting the sponsor on plymouth.sponsor@plymouth.ac.uk.

The University of Plymouth research team will use your name and contact details to contact you about the research study, and to oversee the quality of the study. Individuals from University of Plymouth sponsor team may look at your research records to check the accuracy of the research study. The University of Plymouth research team will pass these details to University of Plymouth sponsor team along with the information collected. The only people in University of Plymouth who will have access to information that identifies you will be people who need to contact you to arrange appointments and audit the data collection process. The University of Plymouth research team will keep identifiable information about you from this study for up to 1 year. After this time your personal contact details will be destroyed and the data will be labelled using an anonymous code. The people who analyse the information will not be able to identify you and will not be able to find out your name or contact details.

We have an obligation to comply with legal and professional guidance. If any part of the interview breaches these requirements (for example, where participants reveal unsafe and / or unprofessional practise) these will be discussed with the study sponsor and escalated to legal and professional bodies as appropriate.

In summary, information which is collected about you during the course of the research will be kept strictly confidential, this includes the video or telephone recording. Data will be

stored on a secure password-protected electronic file on the University server within the University of Plymouth. Professor J Marsden, a member of the research team, will be responsible for the security of the data. Your details will not be shared with anyone outside of the research team and will be kept securely. Any other data we gather will be made anonymous; personal information such as age, role, and level of experience will be retained but we believe that it is unlikely that you can be recognised from this information. Individual participants will not be identifiable in any way from any publication arising from the study.

Concerns and Complaints

If you feel that the interview and discussion about past cases causes distress you can contact the research team to discuss this afterwards. If you still feel distress after this we may recommend you contact your GP or clinical manager.

In the unlikely event you are harmed by taking part in this study, there are no special compensation arrangements. However, neglectful harm will be covered by the insurance scheme of the University of Plymouth, which is leading on this study. If you are harmed due to someone's negligence, you may have grounds for a legal action but you may have to pay for it.

If you have any concerns or questions about this study, contact any of the research team through the details on this sheet. If you wish to complain, or have any concerns of this study, please approach the research supervisor Professor J Marsden, School of Health Professions, Faculty of Health and Human Sciences Derriford Road PL68BH. Tel 01752 587590, jonathan.marsden@plymouth.ac.uk)

The following contact details should be used if you wish to make complaint to the independent ethics committee at the university that oversees research activity:

Research Administrator to the Faculty Research Ethics and Integrity Committee (hhsethics@plymouth.ac.uk).

What will happen to the results of the research study?

With the completion of the study, the results will be shared through the University of Plymouth Website (<https://www.plymouth.ac.uk/schools/school-of-health-professions/ett4cp>) and through the Royal College of Occupational Therapists Specialist Section for

Children, Young People and Families and Association of Paediatric Physiotherapists newsletters. The research will be presented to the Association of Paediatric Chartered Physiotherapists and Chartered Society of Physiotherapy for publication and conference presentation where appropriate.

Who is funded and reviewed the research?

There is no funding connected to this study and any expenses will be covered by the University of Plymouth. The study is being completed as part of Samantha Payne's PhD qualification.

The Faculty of Health Research Ethics and Integrity Committee have reviewed and approved this research.

Contact for further information please contact:

Samantha Payne (C/O J Marsden), School of Health Professions, Faculty of Health
Derriford Road PL68BH

Email address: samantha.payne@plymouth.ac.uk

Thank you for reading this and considering whether you would like to take part in this project.

Thank you

Samantha Payne

Samantha.payne@plymouth.ac.uk