

Guidance Document

ASSESSING AND SUPERVISING NMC STANDARDS OF PROFICIENCY (2018)

Pre-Registration Nursing Students in Primary Care Placements – Practice Nursing.

(Relevant) NMC Proficiencies: Year 1 students



UNIVERSITY OF
PLYMOUTH

	PROFICIENCY	EXAMPLES OF SKILL / ACTIVITY	SUGGESTED EVIDENCE
Participates in assessing needs and planning person-centred care with increased confidence			
1.	Demonstrate and apply knowledge of commonly encountered presentations to inform a holistic nursing assessment including physical, psychological and socio-cultural needs	<ul style="list-style-type: none"><input type="checkbox"/> Travel Clinic activity.<input type="checkbox"/> Sexual Health Clinic activity.<input type="checkbox"/> Smoking cessation.<input type="checkbox"/> Obesity/Wellbeing/Health Promotion.<input type="checkbox"/> Social Prescribing activity.<input type="checkbox"/> Childhood Immunisation Clinics.<input type="checkbox"/> LTC monitoring.<input type="checkbox"/> Telephone consultations<input type="checkbox"/> Skype/Zoom patient group meetings	<ul style="list-style-type: none"><input type="checkbox"/> Patient's documentation.<input type="checkbox"/> Evidence of understanding from training through Q&A.<input type="checkbox"/> Results/Reports.<input type="checkbox"/> Staff and/or Service User Feedback.<input type="checkbox"/> Practice protocols and policies.
2.	Demonstrates understanding of a person's age and development in undertaking an accurate nursing assessment.	<ul style="list-style-type: none"><input type="checkbox"/> History Taking<input type="checkbox"/> Follow Up of LTC, including compliance and life style choices.<input type="checkbox"/> Liaison and integration of other services<input type="checkbox"/> Dressing choices and care planning for chronic wounds.<input type="checkbox"/> Online MDT meetings	<ul style="list-style-type: none"><input type="checkbox"/> Patient's documentation.<input type="checkbox"/> Staff and/or Service User feedback.<input type="checkbox"/> Reflection.<input type="checkbox"/> National guidance and Local policies.<input type="checkbox"/> Evidence of understanding through Q&A.
3.	Accurately processes all information gathered during the assessment process to identify needs for fundamental nursing care, and develop and document person-centered care plans.	<ul style="list-style-type: none"><input type="checkbox"/> Consultation activity recording/documentation.<input type="checkbox"/> Support Group activity<input type="checkbox"/> Treatment Room Activity<input type="checkbox"/> MDT Involvement.	<ul style="list-style-type: none"><input type="checkbox"/> Evidence of understanding through Q&A.<input type="checkbox"/> Staff and/or Service User feedback.<input type="checkbox"/> Completed Assessment tool.

Participates in providing and evaluating person-centred care

4.	Work in partnership with people, families and carers to encourage shared decision- making to manage their own care when appropriate	<input type="checkbox"/> Clinic activity <input type="checkbox"/> MDT involvement <input type="checkbox"/> Support Group sessions <input type="checkbox"/> Follow Up appointments <input type="checkbox"/> Health Promotion/ Wellbeing <input type="checkbox"/> Obesity/ Smoking Cessation	<input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Reflection <input type="checkbox"/> Patient Notes <input type="checkbox"/> Staff/Service-User Feedback
5.	Demonstrates an understanding of the importance of therapeutic relationships in providing an appropriate level of care to support people with mental health, behavioural, cognitive and learning challenges.	<input type="checkbox"/> Pathway opportunities with MH areas <input type="checkbox"/> Rehab/Addiction/Counselling <input type="checkbox"/> Online MDT meetings <input type="checkbox"/> Observing GP consults <input type="checkbox"/> Rehabilitation services	<input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Staff &/or Service User feedback. <input type="checkbox"/> Pathway reflections.
6.	Provides person centred care to people experiencing symptoms such as anxiety, confusion, pain and breathlessness using verbal and non-verbal communication and appropriate use of open and closed questioning	<input type="checkbox"/> Clinic activity <input type="checkbox"/> Health & Wellbeing <input type="checkbox"/> Health Promotion <input type="checkbox"/> Team working (feedback)	<input type="checkbox"/> Observation (covert or direct) <input type="checkbox"/> Staff &/or Service User feedback <input type="checkbox"/> Evidence of understanding through Q&A.
7.	Takes appropriate action in responding promptly to signs of deterioration or distress considering mental, physical, cognitive and behavioural health.	<input type="checkbox"/> Clinic activity <input type="checkbox"/> Treatment room <input type="checkbox"/> Counselling service <input type="checkbox"/> Health/Wellbeing service	<input type="checkbox"/> Observation (covert or direct) <input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Reflection

Participates in providing person centred care with increased confidence

9.	Maintains privacy and dignity in implementing care to promote rest, sleep and comfort and encourages independence where appropriate	<input type="checkbox"/> Health/Wellbeing services <input type="checkbox"/> Treatment room <input type="checkbox"/> Pathway with DN's, Physio and/or OT	<input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Reflection <input type="checkbox"/> Staff &/or Service User feedback.
10.	Assesses skin and hygiene status and determines the need for intervention, making sure that the individual remains as independent as possible.	<input type="checkbox"/> Diabetic Foot Clinic <input type="checkbox"/> Dermatology services <input type="checkbox"/> Chronic wound care/ Physical assessment. <input type="checkbox"/> Treatment Room <input type="checkbox"/> External pathway with TV specialist	<input type="checkbox"/> Patient's documentation. <input type="checkbox"/> Notes from patient reviews. <input type="checkbox"/> Staff and/or Service User feedback. <input type="checkbox"/> Evidence of understanding through Q&A.
12.	Supports people with their diet and nutritional needs, taking cultural practices into account and uses appropriate aids to assist when needed	<input type="checkbox"/> Consultations <input type="checkbox"/> Health Promotion <input type="checkbox"/> Health & Wellbeing Services <input type="checkbox"/> Diabetes Maintenance	<input type="checkbox"/> Staff and/or Service User Feedback <input type="checkbox"/> Patient Notes <input type="checkbox"/> Evidence of understanding through Q&A <input type="checkbox"/> Specific project work

16.	Assesses the need for support in caring for people with reduced mobility and demonstrates understanding of the level of intervention needed to maintain safety and promote independence.	<input type="checkbox"/> COPD/Cardiac clinics <input type="checkbox"/> MDT Care Planning <input type="checkbox"/> External pathway with Physio/OT	<input type="checkbox"/> National Guidelines <input type="checkbox"/> Practice Protocols and Policies <input type="checkbox"/> Staff and/or Service User Feedback <input type="checkbox"/> Evidence of understanding through Q&A.
17.	Uses a range of appropriate moving and handling techniques and equipment to support people with impaired mobility.	Local Manual handling training	Direct observation
Participates in procedures for the planning, provision and management of person-centered care			
18.	Consistently utilises evidence based hand washing techniques. Identifies potential infection risks and responds appropriately using best practice guidelines, and utilises personal protection equipment appropriately.	<input type="checkbox"/> Clinic Activity <input type="checkbox"/> Treatment Room Activity <input type="checkbox"/> Covid 19 Protocols <input type="checkbox"/> Donning & Doffing PPE/Safe disposal	<input type="checkbox"/> Observation <input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Staff and/or Service User Feedback
19.	Identifies potential infection risks and responds appropriately using best practice guidelines and utilises personal protection equipment appropriately.	<input type="checkbox"/> Clinic Preparation <input type="checkbox"/> Treatment Room Activity <input type="checkbox"/> Covid 19 Protocols	<input type="checkbox"/> Observation <input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Staff and/or Service User Feedback
20.	Demonstrates understanding of safe decontamination and safe disposal of waste, laundry and sharps	<input type="checkbox"/> Clinic Activity <input type="checkbox"/> Treatment Room Activity <input type="checkbox"/> Vaccination Services <input type="checkbox"/> Clinic Preparation	<input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Observation <input type="checkbox"/> Staff Feedback <input type="checkbox"/> Documentation
21.	Effectively uses manual techniques and electronic devices to take, record and interpret vital signs, and escalate as appropriate.	<input type="checkbox"/> Routine clinics <input type="checkbox"/> Follow Up appointments <input type="checkbox"/> Treatment Room Activity <input type="checkbox"/> Health checks <input type="checkbox"/> LTC maintenance	<input type="checkbox"/> Observation <input type="checkbox"/> Staff feedback <input type="checkbox"/> Documentation <input type="checkbox"/> Evidence of understanding through Q&A.
22.	Accurately measure weight and height, calculate body mass index and recognise healthy ranges and clinical significance of low/high readings.	<input type="checkbox"/> Routine clinics <input type="checkbox"/> Diabetes/Cardiac Follow Ups <input type="checkbox"/> Health & Wellbeing Checks <input type="checkbox"/> Health Promotion	<input type="checkbox"/> Observation <input type="checkbox"/> Staff feedback <input type="checkbox"/> Documentation <input type="checkbox"/> Evidence of understanding through Q&A

Participates in improving safety and quality of person-centred care

24.	Accurately undertakes person centred risk assessments proactively using a range of evidence based assessment and improvement tools	<input type="checkbox"/> Clinic Activity <input type="checkbox"/> Assessment Templates <input type="checkbox"/> MDT Care Planning Activity	<input type="checkbox"/> Documentation/Assessments <input type="checkbox"/> Staff Feedback <input type="checkbox"/> Evidence of understanding through Q&A.
25.	Applies the principles of health and safety regulations to maintain safe work and care environments and proactively responds to potential hazards	<input type="checkbox"/> All Activities <input type="checkbox"/> Policy Review <input type="checkbox"/> Risk Assessment	<input type="checkbox"/> National Guidelines <input type="checkbox"/> Practice Protocols and Policies <input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Documentation
26.	Demonstrate an understanding of the principles of partnership, collaboration and multi-agency working across all sectors of health and social care	<input type="checkbox"/> MDT Activity <input type="checkbox"/> Gold Standard Meetings <input type="checkbox"/> PCN and Community Activity <input type="checkbox"/> Patient Participation Group	<input type="checkbox"/> Reflection <input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Staff Feedback <input type="checkbox"/> Documentation
27.	Demonstrate an understanding of the challenges of providing safe nursing care for people with co- morbidities including physical, psychological and socio-cultural needs	<input type="checkbox"/> MDT Activity <input type="checkbox"/> External pathway with DN's <input type="checkbox"/> Care/Action Planning <input type="checkbox"/> Rehab/Addaction Services <input type="checkbox"/> Counselling Services	<input type="checkbox"/> Reflection <input type="checkbox"/> Documentation <input type="checkbox"/> Assessment Forms <input type="checkbox"/> Evidence of understanding through Q&A.
28.	Understand the principles and processes involved in supporting people and families so that they can maintain their independence as much as possible	<input type="checkbox"/> Clinic Activity <input type="checkbox"/> GP Consultations <input type="checkbox"/> Support Groups <input type="checkbox"/> Health & Wellbeing Activity <input type="checkbox"/> External Support Agencies	<input type="checkbox"/> Evidence of understanding through Q&A. <input type="checkbox"/> Reflection <input type="checkbox"/> Staff and/or Service User Feedback <input type="checkbox"/> Practice Protocols and Policies
29.	Provides accurate, clear, verbal, digital or written information when handing over care responsibilities to others.	<input type="checkbox"/> All Activities	<input type="checkbox"/> Observation (direct or covert) <input type="checkbox"/> Documentation <input type="checkbox"/> Staff Feedback