## **Initial Pain Assessment Record**

<b>Patients Name</b>	
Assessed by	

Date		

Patients own description of pain/s - including pain score on 1<sup>st</sup> assessment

**Summary of pain/s history** 

What makes pain better?

What makes pain worse?

Aims of pain management

Allocate each site of pain a letter (A, B etc)

No pain Mild Moderate Severe



Words to describe pain

Tender, Crushing, Squeezing, Stabbing, Sharp, Electric shock, Aching, Sore, Burning, Continuous, Intermittent, Occasional, Throbbing, Dull, Discomfort