BREAKFAST BOXES

SELECT 4 OF THE FRESHLY PREPARED ITEMS BELOW:

1. Cinnamon bun
2. Chocolate babka
3. Vegan blueberry croissant
4. Plain croissant with strawberry conserve & Trewthen Dairy butter portions
5. Savoury pastry; choose from:
   Monterey Jack cheese & smoked paprika twist or
   Ham & cheese panier
6. Fruit flapjacks

OR

£4

8 mini Danish pastry selection
BREAKFAST BOX

EACH BOX INCLUDES (SERVES 4):–

- Sausages (8)
- Back bacon (500g)
- Free range eggs (6)
- Black pudding (1)
- Hogs pudding (1)
- Fresh tomatoes (4)
- Closed cup mushrooms (250g)
- Heinz baked beans (1 x 415g)
- Salted butter (250g)
- Hash browns (1kg)
- Organic white loaf from Baker Tom's (1)

£29.50

Our breakfast box is packed with delicious meat from our local butcher and other ingredients you’ll need to serve a hearty breakfast.
SWEET TREAT SELECTION BOX
created by our Hospitality chefs

A MYSTERY BOX OF 4 OF OUR BEST SELLERS:

(CHEF'S CHOICE)
Chocolate brownie
Cheesecake brownie
Mars Bar brownie
Raspberry brownie
Caramelised white chocolate blondie
Vegan banana brownie
Hand-made flapjack (vegan option available)
Raspberry, white chocolate & pistachio shortbread

£8

POSTAL DELIVERY now available for £4
SCONES

CREAM TEA £6.00
4 x Homemade plain scones
1 x Trewthen Dairy clotted cream (200g)
4 x Bonne Maman strawberry conserve (30g)

SAVOURY SCONES £5.00
4 x Homemade cheese scones
8 x Trewthen Dairy butter portions

For that extra special touch, add a bottle of Tosti Prosecco or Dedicato Millesimato Rosato Spumante wine for £9.50 a bottle.
LOCAL CHEESE BOX

Godminster Organic Cheddar (100g)
Cornish Brie (100g)
Devon Blue (100g)
Selection of Jacobs crackers (4 x 2 per pack)
Baker Tom’s rosemary & sea salt focaccia (4 slices)
Grapes & cherry tomatoes
Jail Ale chutney
Trewithen Dairy Butter Portions

All for just £14!

Pair your cheese hamper with a bottle of wine, see pages 15 & 16.
BAKING ESSENTIALS

£3.00  Eggs (12)
£1.40  Milk 2 litre (skimmed, semi-skimmed, whole)
£1.60  Alpro soya (1 litre)
£1.50  Plain flour (1.5kg)
£1.50  Self raising flour (1.5kg)
£2.50  Doves Farm gluten-free flour (1kg)
£2.00  Strong white flour Red Tractor (2kg)
£14.00 Self raising flour (16kg)
£14.00 Plain flour (16kg)
£15.00 Strong white flour Red Tractor (16kg)
£1.50  Fresh yeast (100g)
£6.00  Tate & Lyle icing sugar (3kg)
£4.00  Tate & Lyle caster sugar (2kg)
£4.00  Dr Oetker gluten-free baking powder (500g)
£4.00  Dr Oetker bicarbonate of soda (500g)
£8.00  McDougalls dark chocolate chips (1.1kg)
£10.50 McDougalls white chocolate chips (1.1kg)
£3.00  Lyles golden syrup (750g)
£5.00  Everyday favourites premium baking & spreading fat - chilled (2kg)
BREAD

ARTISAN & ORGANIC BREAD SELECTION

£2.70 White loaf  VEGAN
£3.00 Malthouse loaf  VEGAN
£1.80 Ciabatta stick (foot long)  VEGAN

£3.00 White or light wholemeal roll (pack of 6)  VEGAN
£3.50 Glazed burger rolls (pack of 6)

£3.50 Rosemary & sea salt focaccia  VEGAN

£3.50 Teacakes (pack of 4)

Please note that bread items are subject to availability

Bread sourced from Cornish bakery
ROAST DINNER BOX

CHOOSE FROM THE FOLLOWING MEATS:

- Prime British fresh chicken (2kg)
- Beef topside roasting joint (1.2 - 1.5kg)
- Horseshoe gammon (2.5kg)

ALL BOXES INCLUDE:

- Pigs in blankets (15)
- Sausagemeat stuffing balls (12)
- Maris piper potatoes (2kg)
- Seasonal veg

ONLY £35

Price includes recipe cards

Fresh meat and vegetables sourced from local Devon & Cornwall farms

For an extra £2, why not let our chefs prep the veg for you?
MEAT SELECTION

£1.75  Chicken breasts (6-7oz)
£4.00  Back bacon 454g
£10.00 Gammon steaks (4)
£3.50  Sausages (8)
£12.00 Sausages (2kg - approx 30 sausages)
£6.00  6oz beef burgers (4)
£5.00  Rump steak (approx 8oz)
£8.00  28-day aged fillet steak (approx 6oz)
£8.00  28-day aged ribeye steak (approx 8oz)

£25.00 MEAT BOX SELECTION:
- 500g best mince
- 500g short back bacon
- 12x free-range eggs
- 2x 6oz gammon steaks
- 1x 1.4kg chicken
- 8x butchers pork sausages

£27.50 MIX GRILL BOX
- 4x 6oz beef burgers
- 8x butchers sausages
- 2x 6/7oz chicken breasts
- 2x 8oz rump steaks
- 1x 250g halloumi
- 6x bread rolls from Baker Toms
NON-PERISHABLES

£7.00 Penne pasta (3kg)
£17.50 Basmati rice (5kg)
£10.00 Long grain rice (5kg)

£4.50 UHT semi skimmed milk jiggers (120)
£3.95 Pavilion teabags (100)
£2.25 Flavoured teas (20)
£20.00 Tetley teabags (1100)
£2.95 Devonshire Tea Classic Breakfast (20)
£2.95 Devonshire Tea Earl Grey (20)
£6.00 Owens Gara Espresso Whole Coffee Beans (200g)
£25.00 Nescafe Gold Blend Coffee Tin (500g)
£25.00 Nescafe Gold Blend Decaf Coffee Tin (500g)
£15.00 Cadbury Hot Chocolate Instant (2kg)
£3.00 La Perruche white or brown sugar cubes (1kg)
£1.20 Sun Magic Apple or Orange juice (1 litre)
£25.00 Border 5 variety mini biscuit assortment (100 packs)
£12.50 Biscoff biscuits (300)
FROZEN MEALS

Select from the following frozen ready meals:

- Mushroom risotto
- Vegetable lasagne
- Sweet & sour chicken

£2.50 each

- Vegan penang curry
- Chicken tikka masala
- Thai green chicken curry
- Chilli con carne
- Chilli non carne

£3.00 each

Please note that these products are not freshly prepared on-site and are provided from our local supplier.
**WHITE WINE**

**Fern Bird Sauvignon Blanc**  
(New Zealand - Marlborough) tbc % abv  
Deliciously crisp and fresh, packed full of vibrant and long-lasting notes of lime, gooseberry and tropical fruit. Zesty, tangy and wonderfully bright.

**MAN Family Wines Free-Run Steen Chenin Blanc**  
(South Africa - Western Cape) 13.5% abv  
A grape variety with incredible adaptability this is a lovely example of a modern, dry style South African Chenin Blanc. A nose of red apples, pears and something peachy moves to a refined yet juicy palate. Hinting at tropical fruit whilst retaining flavours of nectarine and apricot this has just a hint of something nutty.

**Pinot Grigio TBC**

**RED WINE**

**Il Molo Merlot**  
(Italy – Veneto) tbc % abv  
Intense flavours of ripe fruit such as strawberry, plum and cherry are abound in this Merlot. Hints of oak notes come through to provide a spicy, soft structure.

**Tooma River Shiraz**  
(Australia – South East) 14% abv  
Shiraz has found its natural home in the sun kissed Australian vineyard, where it produces a ripe, fruit forward style loved for its immediate approachability. The Tooma River Shiraz is no exception, with a rose nose redolent with red and black berry aromas and a smooth, textured palate dripping with juicy dark fruits, hints of chocolate and lively spices.

**Melodias Winemaker Selection Malbec**  
(Argentina – Mendoza) 13.5% abv  
A juicy, medium bodied wine with notes of ripe plums, black cherries and a touch of sweet spice.

**SPARKLING WINE**

**Via Vai Prosecco**  
(Italy – Veneto) 10.5% abv  
A lively, crisp sparkling wine with a delicate lemon character and an aromatic, dry, refreshing finish.

**Dedicate Millesimato Rosato Spumante**  
(Italy – Vento) 11.5% abv  
Fruity with strong nuances of apricot, apple and pear. Some notes of lime on the nose, with a surprisingly savoury and well structured finish.

**ROSE WINE**

**Desert Rose White Zinfandel**  
(USA) % abv  
Fruity on the nose, with intense strawberry and citrus notes. A light and refreshing White Zinfandel, with a smooth, sweet finish.

**Santa Ana Classic Malbec Rose**  
(Argentina – Mendoza) 12.5% abv  
Bright cherry in colour with hints of orange around the edges, the nose is fresh, aromatic and enticing. On the palate the wine is fruit driven and crisp with a dry finish.
CELEBRATE LOCAL

Polgoon is a multi award winning vineyard and orchard based in Penzance, famous for producing an artisan range of wines and ciders. Their ethos is to produce premium quality Cornish products using traditional methods. All of their wines and ciders are certified vegan.

STILL WINE

Red Rondo 11% abv
A light fruitful red wine made from rondo grapes with blackcurrant, redcurrant & plum followed by a smooth vanilla finish.

White Bacchus 11% abv

SPARKLING WINE

Elderflower Polgoon 10.5% abv
A sparkling elderflower wine made using the Methode Traditionelle of secondary bottle fermentation & infused with elderflowers.

Aval 7% abv
Made from selected West Country apples to produce a light, dry sparkling apple wine.

Aval Raspberry 7% abv
A Methode Traditionelle Aval infused with pure raspberry juice.

Locally produced bottled lagers, ales & ciders (500ml)
We are able to source a variety of lagers, ales & ciders from local breweries Cornish Orchards, Dynamite Valley Brewery, Keltek Cornish Brewery, St Austell Brewery and Polgoon.
HOSPITALITY
AT THE UNIVERSITY OF PLYMOUTH

We are the University’s official catering delivery service, providing local, sustainable and ethically sourced food, conveniently delivered to your choice of location by our professional and friendly team.

We choose to invest in local South West producers and have been awarded the following awards and acknowledgements:-

• Sustainable Restaurant Association Gold 3-star rating 2022
• People & Plant Awards – joint first in the Sustainable Food Category 2021
• In the top 20 Food Made Good Sustainable businesses of the year 2020
• Peta announced that we are one of the most vegan friendly Universities in the UK
• ISO14001 accredited
• Green Gown Award, winning the Food and Drink category

In order to meet your hospitality request all bookings and final confirmations are required **48 hours** prior to the event by email to catering@plymouth.ac.uk

Free home delivery service in Plymouth area (Monday to Friday) on orders over £25.