HOSPITALITY
AT THE UNIVERSITY OF PLYMOUTH

SHOP MENU
BREAKFAST BOXES

SELECT 4 OF THE FRESHLY PREPARED ITEMS BELOW:

1. Cinnamon bun
2. Chocolate babka
3. Vegan blueberry croissant
4. Plain croissant with strawberry conserve & Trewthen Dairy butter portions
5. Savoury pastry; choose from:
   Monterey Jack cheese & smoked paprika twist or
   Ham & cheese panier
6. Fruit flapjacks

OR

8 mini Danish pastry selection

£4
BREAKFAST BOX

EACH BOX INCLUDES (SERVES 4):–

Sausages (8)
Back bacon (500g)
Free range eggs (6)
Black pudding (1)
Hogs pudding (1)
Fresh tomatoes (4)
Closed cup mushrooms (250g)
Heinz baked beans (1 x 415g)
Salted butter (250g)
Hash browns (1kg)
Organic white loaf from Baker Tom's (1)

£29.50

Our breakfast box is packed with delicious meat from our local butcher and other ingredients you’ll need to serve a hearty breakfast.
SWEET TREAT SELECTION BOX
created by our Hospitality chefs

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A MYSTERY BOX OF 4 OF OUR BEST SELLERS:

(CHEF’S CHOICE)

Chocolate brownie
Cheesecake brownie
Mars Bar brownie
Raspberry brownie
Caramelised white chocolate blondie
Vegan banana brownie
Hand-made flapjack (vegan option available)
Raspberry, white chocolate & pistachio shortbread

£8

POSTAL DELIVERY
now available for £4
SCONES

CREAM TEA £6.00
4 x Homemade plain scones
1 x Trewthen Dairy clotted cream (200g)
4 x Bonne Maman strawberry conserve (30g)

SAVOURY SCONES £5.00
4 x Homemade cheese scones
8 x Trewthen Dairy butter portions

For that extra special touch, add a bottle of Tosti Prosecco or Dedicato Millesimato Rosato Spumante wine for £9.50 a bottle.
'BUILD YOUR OWN'
PICNIC BOX LUNCH

STEP 1:
Select a freshly made sandwich using Baker Tom’s organic bread choose from the following fillings:-

- Thai tuna mayonnaise, shredded pak choi & spring onion
- Slow butter roasted chicken sun-blushed tomato, kale, basil & walnut pesto
- Devon ham & salad with wholegrain mustard mayonnaise
- Devon cheddar cheese ploughmans
- Vegan Cheese Savoury (*grated vegan cheese, carrot, red onion, sliced red pepper, vegan mayo, English mustard*)

STEP 2:
Pick three of the following items:-

- Mini vegetarian quiche
- Artisan sausage roll
- Homity pie
- Pork pie
- Seasonal fruit
- Burts crisps
- Mr Filberts olives
- Mr Filberts scoop selection

ONLY £5!
LOCAL CHEESE BOX

Godminster Organic Cheddar (100g)
Cornish Brie (100g)
Devon Blue (100g)
Selection of Jacobs crackers (4 x 2 per pack)
Baker Tom’s rosemary & sea salt focaccia (4 slices)
Grapes & cherry tomatoes
Jail Ale chutney
Trewthen Dairy Butter Portions

All for just £14!

Pair your cheese hamper with a bottle of wine, see pages 15 & 16.
BAKING ESSENTIALS

£3.00  Eggs (12)
£1.40  Milk 2 litre (skimmed, semi-skimmed, whole)
£1.60  Alpro soya (1 litre)
£1.50  Plain flour (1.5kg)
£1.50  Self raising flour (1.5kg)
£2.50  Doves Farm gluten-free flour (1kg)
£2.00  Strong white flour Red Tractor (2kg)
£14.00  Self raising flour (16kg)
£14.00  Plain flour (16kg)
£15.00  Strong white flour Red Tractor (16kg)
 £1.50  Fresh yeast (100g)
£6.00  Tate & Lyle icing sugar (3kg)
£4.00  Tate & Lyle caster sugar (2kg)
£4.00  Dr Oetker gluten-free baking powder (500g)
£4.00  Dr Oetker bicarbonate of soda (500g)
£8.00  McDougalls dark chocolate chips (1.1kg)
£10.50  McDougalls white chocolate chips (1.1kg)
£3.00  Lyles golden syrup (750g)
£5.00  Everyday favourites premium baking & spreading fat - chilled (2kg)
BREAD

ARTISAN & ORGANIC BREAD SELECTION

£2.70 White loaf  VEGAN
£3.00 Malthouse loaf  VEGAN
£1.80 Ciabatta stick (foot long)  VEGAN

£3.00 White or light wholemeal roll (pack of 6)  VEGAN
£3.50 Glazed burger rolls (pack of 6)

£3.50 Rosemary & sea salt focaccia  VEGAN

£3.50 Teacakes (pack of 4)

Please note that bread items are subject to availability

Bread sourced from Cornish bakery
ROAST DINNER BOX

CHOOSE FROM THE FOLLOWING MEATS:

- Prime British fresh chicken (2kg)
- Beef topside roasting joint (1.2 - 1.5kg)
- Horseshoe gammon (2.5kg)

ALL BOXES INCLUDE:

- Pigs in blankets (15)
- Sausagemeat stuffing balls (12)
- Maris piper potatoes (2kg)
- Seasonal veg

ONLY £35

Price includes recipe cards

Fresh meat and vegetables sourced from local Devon & Cornwall farms

For an extra £2, why not let our chefs prep the veg for you?
## MEAT SELECTION

£1.75   Chicken breasts (6-7oz)
£4.00   Back bacon 454g
£10.00  Gammon steaks (4)
£3.50   Sausages (8)
£12.00  Sausages (2kg - approx 30 sausages)
£6.00   6oz beef burgers (4)
£5.00   Rump steak (approx 8oz)
£8.00   28-day aged fillet steak (approx 6oz)
£8.00   28-day aged ribeye steak (approx 8oz)

£25.00  MEAT BOX SELECTION:
- 500g best mince
- 500g short back bacon
- 12x free-range eggs
- 2x 6oz gammon steaks
- 1x 1.4kg chicken
- 8x butchers pork sausages

£27.50  MIX GRILL BOX
- 4x 6oz beef burgers
- 8x butchers sausages
- 2x 6/7oz chicken breasts
- 2x 8oz rump steaks
- 1x 250g halloumi
- 6x bread rolls from Baker Toms

Meat products sourced from Devon & Cornwall farms
NON-PERISHABLES

£7.00  Penne pasta (3kg)
£17.50 Basmati rice (5kg)
£10.00 Long grain rice (5kg)

£4.50  UHT semi skimmed milk jiggers (120)
£3.95  Pavilion teabags (100)
£2.25  Flavoured teas (20)
£20.00 Tetley teabags (1100)
£2.95  Devonshire Tea Classic Breakfast (20)
£2.95  Devonshire Tea Earl Grey (20)
£6.00  Owens Gara Espresso Whole Coffee Beans (200g)
£25.00 Nescafe Gold Blend Coffee Tin (500g)
£25.00 Nescafe Gold Blend Decaf Coffee Tin (500g)
£15.00 Cadbury Hot Chocolate Instant (2kg)
£3.00  La Perruche white or brown sugar cubes (1kg)
£1.20  Sun Magic Apple or Orange juice (1 litre)
£25.00 Border 5 variety mini biscuit assortment (100 packs)
£12.50 Biscoff biscuits (300)
FROZEN MEALS

Select from the following frozen ready meals:

- Mushroom risotto
- Vegetable lasagne
- Sweet & sour chicken

£2.50 each

- Vegan penang curry
- Chicken tikka masala
- Thai green chicken curry
- Chilli con carne
- Chilli non carne

£3.00 each

Please note that these products are not freshly prepared on-site and are provided from our local supplier.
WINE LIST

WHITE WINE

Vinamar Sauvignon Blanc (Chile) 12% abv  £8.00
Pale yellow colour with green hues, intense aromas of pineapple and mango with soft herbal notes. A delightfully fresh Sauvignon Blanc which balances acidity with fresh fruit.

Roller Girl Chardonnay (USA) 13% abv  £8.00
Youthful and straw-coloured, this wine displays fresh aromas of papaya & peach, balanced with subtle notes of oak & yeast. Delightful creaminess on the palate.

Il Molo Pinot Grigio (Italy) 12% abv  £7.00
Straw in colour, with an intensely floral fragrance and a ripe green fruit character & aroma. Steely mineral tones balance the acidity and add a pleasingly dry crispness.

RED WINE

Vinamar Pinot Noir (Chile) 13% abv  £8.00
Light Red colour, aroma of berries with toasted notes. Very fresh in the mouth, with excellent acidity that highlights the fruit flavours.

Roller Girl Merlot (USA) 13% abv  £8.00
Cassis, plums and dried herbs come through on the nose, backed by juicy tannins & a hint of cedar on the palate. A rounded and juicy wine, with a pleasant and concentrated finish.

The Citrus Tree Shiraz (Australia) 14% abv  £7.00
Deep and rich, the Citrus Tree Shiraz has intense aromas of red & blackberries & a smooth, textured palate that drips with juicy dark fruit, hints of chocolate, & a lively overtone of spice.

SPARKLING WINE

Tosti Prosecco (Italy) 11% abv  £9.50
Well balanced & refreshing, with a delicate almond note.

Dedicato Millesimato Rosato Spumante NV (Italy) 11.5% abv  £8.50
Fruity with strong nuances of apricot, apple & pear. Some notes of lime on the nose, with a surprisingly savoury & well structured finish.

ROSE WINE

La Garenne Syrah Rose (France) 12% abv  £7.00
An aromatic blend of red apple, grapefruit, watermelon & strawberry on the nose, with highlights of rose petal. Silky smooth on the palate, light & fresh with a beautiful finish.
Polgoon is a multi award wining vineyard and orchard based in Penzance, famous for producing an artisan range of wines and ciders. Their ethos is to produce premium quality Cornish products using traditional methods. All of their wines and ciders are certified vegan.

**STILL WINE**

Red Rondo 11% abv
A light fruitful red wine made from rondo grapes with blackcurrant, redcurrant & plum followed by a smooth vanilla finish.

White Bacchus 11% abv

**SPARKLING WINE**

Elderflower Polgoon 10.5% abv
A sparkling elderflower wine made using the Methode Traditionelle of secondary bottle fermentation & infused with elderflowers.

Aval 7% abv
Made from selected West Country apples to produce a light, dry sparkling apple wine.

Aval Raspberry 7% abv
A Methode Traditionelle Aval infused with pure raspberry juice.

Locally produced bottled lagers, ales & ciders (500ml)
We are able to source a variety of lagers, ales & ciders from local breweries Cornish Orchards, Dynamite Valley Brewery, Keltek Cornish Brewery, St Austell Brewery and Polgoon.
We are the University’s official catering delivery service, providing local, sustainable and ethically sourced food.

As well as serving the University, we also cater for external events, big or small receptions.

We have professional chefs in-house to create bespoke cuisine. You can see our catering menu [here](#).

We choose to invest in local South West producers and have been awarded the following awards and acknowledgements:-

- Sustainable Restaurant Association Gold 3-star rating
- In the top 20 Food Made Good Sustainable businesses of the year
- Peta announced that we are one of the most vegan friendly Universities in the UK
- ISO14001 accredited
- Green Gown Award, winning the Food and Drink category

Free home delivery service in Plymouth area (Monday to Friday) on orders over £15.

CONTACT DETAILS
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