

Assessment of proficiencies

There are 90 proficiencies that will need to be completed by the end of the programme. Depending where the student is placed depends on the opportunities for them to demonstrate the proficiency. If a student has been assessed as proficient but does not maintain proficiency in subsequent years relevant plans drawn up and can be reassessed.

Proficiency can be assessed by Practice Supervisors or Assessors or anyone occupationally competent (such as phlebotomists).

Practice Assessors will be verifying proficiency at the end of placement assessment.

Nursing proficiencies (NMC 2018) Year 2 (part 2) Those marked with an * can be assessed in Part 2 or Part 3

Participates in assessing needs and planning person-centred care with increased confidence		
1. Support people to make informed choices to promote their wellbeing and recovery, assessing their motivation and capacity for change using appropriate therapeutic interventions e.g. cognitive behavioural therapy techniques.	2. Apply the principles underpinning partnerships in care demonstrating understanding of a person's capacity in shared assessment, planning, decision-making and goal setting.	* 3. Recognise people at risk of self-harm and/or suicidal ideation and demonstrates the knowledge and skills required to support person-centred evidence-based practice using appropriate risk assessment tools as needed. 1
* 4. Demonstrates an understanding of the needs of people and families for care at the end of life and contributes to the decision-making relating to treatment and care preferences. 6		
Participates in delivering and evaluating person centred care with increased confidence		
5. Provides people, their families and carers with accurate information about their treatment and care, using repetition and positive reinforcement when undergoing a range of interventions and accesses translator services as required.	6. Works in partnership with people, families and carers to monitor and evaluate the effectiveness of agreed evidence based care plans and readjust goals as appropriate drawing on the person's strengths and assets	7. Maintains accurate, clear and legible documentation of all aspects of care delivery, using digital technologies where required.
8. Makes informed judgements and initiates appropriate evidence based interventions in managing a range of commonly encountered presentations.		
Participates in the procedures for the planning, provision and management of person-centred care with increased confidence		
9. Assesses skin and hygiene status and demonstrates knowledge of appropriate products to prevent and manage skin breakdown. 5	* 10. Utilises aseptic techniques when undertaking wound care and in managing wound and drainage processes (including management of sutures and vacuum removal where appropriate). 4 5	11. Effectively uses evidence based nutritional assessment tools to determine the need for intervention. 3
12. Demonstrates understanding of artificial nutrition and hydration and is able to insert, manage and remove oral/nasal gastric tubes where appropriate 3	13. Assess level of urinary and bowel continence to determine the need for support, intervention and the person's potential for self-managemet 4	* 14. Insert, manage and remove urinary catheters for all genders and assist with clean, intermittent self-catheterisation where appropriate 4 2 4

* 15. Undertakes, responds to and interprets neurological observations and assessments and can recognise and manage seizures (where appropriate).  	16. Uses contemporary risk assessment tools to determine need for support and intervention with mobilising and the person's potential for self-management	17. Effectively manages the risk of falls using best practice approaches.
18. Uses appropriate safety techniques and devices when meeting a person's needs and support with mobility providing evidence based rationale to support decision making.	* 19. Undertakes a comprehensive respiratory assessment including chest auscultation e.g. peak flow and pulse oximetry (where appropriate) and manages the administration of oxygen using a range of routes  	* 20. Uses best practice approaches to undertake nasal and oral suctioning techniques. 
21. Effectively uses standard precaution protocols and isolation procedures when required and provides appropriate rationale. 	22. Provide information and explanation to people, families and carers and responds appropriately to questions about their treatment and care.	23. Undertakes assessments using appropriate diagnostic equipment in particular blood glucose monitors and can interpret findings 
24. Undertakes an effective cardiac assessment and demonstrates the ability to undertake an ECG and interpret findings  		
Participates in improving safety and quality of person-centred care with increased confidence		
25. Demonstrates knowledge and skills related to safe and effective venepuncture and can interpret normal and abnormal blood profiles) 	* 26. Demonstrates knowledge and skills related to safe and effective cannulation in line with local policy. 	* 27. Manage and monitor blood component transfusions in line with local policy and evidence based practice 
* 28. Can identify signs and symptoms of deterioration and sepsis and initiate appropriate interventions as required.   	29. Applies an understanding of the differences between risk management, positive risk taking and risk aversion to avoid compromising quality of care and health outcomes.	30. Demonstrates awareness of strategies that develop resilience in themselves and others and applies these in practice. E.g. solution focused therapies or talking therapies
Participates in the coordination of person-centred care with increased confidence		
31. Participates in the planning to ensure safe discharge and transition across services, caseloads and settings demonstrating the application of best practice.	32. Negotiates and advocates on behalf of people in their care and makes reasonable adjustments to the assessment, planning and delivery of their care.	33. Demonstrates effective persons and team management approaches in dealing with concerns and anxieties using appropriate de-escalation strategies when dealing with conflict

Key:



Used also in Part 3 of proficiencies