

Assessment of proficiencies

There are 90 proficiencies that will need to be completed by the end of the programme. Depending where the student is placed depends on the opportunities for them to demonstrate the proficiency. If a student has been assessed as proficient but does not maintain proficiency in subsequent years relevant plans drawn up and can be reassessed.

Proficiency can be assessed by Practice Supervisors or Assessors or anyone occupationally competent (such as phlebotomists).

Practice Assessors will be verifying proficiency at the end of placement assessment.

Nursing proficiencies (NMC 2018) Year 1 (part 1)

Participates in assessing needs and planning person-centered care		
1. Demonstrate and apply knowledge of commonly encountered presentations to inform a holistic nursing assessment including physical, psychological and socio-cultural needs	2. Demonstrates understanding of a person's age and development in undertaking an accurate nursing assessment.	3. Accurately processes all information gathered during the assessment process to identify needs for fundamental nursing care and develop and document person-centered care plans.
Participates in providing and evaluating person-centred care		
4. Work in partnership with people, families and carers to encourage shared decision- making to manage their own care when appropriate	5. Demonstrates an understanding of the importance of therapeutic relationships in providing an appropriate level of care to support people with mental health, behavioural, cognitive and learning challenges.	6. Provides person centred care to people experiencing symptoms such as anxiety, confusion, pain and breathlessness using verbal and non-verbal communication and appropriate use of open and closed questioning
7. Takes appropriate action in responding promptly to signs of deterioration or distress considering mental, physical, cognitive and behavioural health.	8. Assesses comfort levels, rest and sleep patterns demonstrating understanding of the specific needs of the person being cared for	
Participates in providing and evaluating person-centred care		
9. Maintains privacy and dignity in implementing care to promote rest, sleep and comfort and encourages independence where appropriate	10. Assesses skin and hygiene status and determines the need for intervention, making sure that the individual remains as independent as possible. 5	11. Assists with washing, bathing, shaving and dressing and uses appropriate bed making techniques. 5
12. Supports people with their diet and nutritional needs, taking cultural practices into account and uses appropriate aids to assist when needed 3	13. Can explain the signs and symptoms of dehydration or fluid retention and accurately records fluid intake and output 3 2	14. Assists with toileting, maintaining dignity and privacy and managing the use of appropriate aids including pans, bottles and commodes 5
15. Selects and uses continence and feminine hygiene products, for example, pads, sheaths and appliances as appropriate. 5	16. Assesses the need for support in caring for people with reduced mobility and demonstrates understanding of the level of intervention needed to maintain safety and promote independence.	

Participates in procedures for the planning, provision and management of person-centered care

17. Uses a range of appropriate moving and handling techniques and equipment to support people with impaired mobility.	18. Consistently utilises evidence based hand washing techniques 3	19. Identifies potential infection risks and responds appropriately using best practice guidelines and utilises personal protection equipment appropriately. 3
20. Demonstrates understanding of safe decontamination and safe disposal of waste, laundry and sharps 3	21. Effectively uses manual techniques and electronic devices to take, record and interpret vital signs, and escalate as appropriate. 3	22. Accurately measure weight and height, calculate body mass index and recognise healthy ranges and clinical significance of low/high readings 2 3
23. Collect and observe sputum, urine and stool specimens, undertaking routine analysis and interpreting findings 5		
Participates in improving safety and quality of person-centred care		
24. Accurately undertakes person centred risk assessments proactively using a range of evidence based assessment and improvement tools	25. Applies the principles of health and safety regulations to maintain safe work and care environments and proactively responds to potential hazards	26. Demonstrate an understanding of the principles of partnership, collaboration and multi-agency working across all sectors of health and social care.
27. Demonstrate an understanding of the challenges of providing safe nursing care for people with co- morbidities including physical, psychological and socio-cultural needs	28. Understand the principles and processes involved in supporting people and families so that they can maintain their independence as much as possible	29. Provides accurate, clear, verbal, digital or written information when handing over care responsibilities to others.