



**UNIVERSITY OF
PLYMOUTH**
Faculty of Health

Professional Development Unit

**ADV709 Injection Therapy for Health Professionals (Corticosteroid route)
University of Plymouth delivered in collaboration with Torbay & Southern Devon Care Trust**

The information below is a guide to the application process for ADV709. ADV709 has a number of additional requirements alongside submitting a Plymouth University postgraduate application form.

The application process will identify that students are registered healthcare professionals working at an advanced level in the treatment/management of musculoskeletal pathology. Applicants will have an identified mentor and the support of their work place to carry out the injection of prescription only medicines (Corticosteroids and Lidocaine) both during and following completion of the module in their workplace.

All applicants may be interviewed before the decision to offer a place is made in order to further clarify the above.

Applicants will need to adopt or develop a patient group directive, patient specific directive or clinical management plan to continue practising independently following qualification. Whilst guidance will be given on this during the module it is suggested that applicants consider these issues with their workplace and professional body prior to starting the module.

As part of the application process you will be asked to provide a number of pieces of information, a list and summary of process is below. Please be aware that all offers of places will be conditional to satisfactory submission of additional information and completion of a telephone interview where appropriate.

Module Dates for 2021

Delivery 1: 1, 2, 21, 22 and 23 June 2021

Delivery 2: 5, 6 July and 2, 3, 4 August 2021

Location of teaching:

All teaching is delivered at Peninsula Allied Health Centre, Derriford Road, Plymouth PL6 8BH

Assessment (further information below):

1. Objective Structured Clinical Examination (OSCE)
2. Portfolio 6 months after completion of module
3. We look forward to your application and please do liaise with us if you have any questions.

Academic lead Plymouth University: Vasileios Lepesis, Podiatry Lecturer and Physiotherapist, School of Health Professions Plymouth University vasileios.lepesis@plymouth.ac.uk

Partner Lead

Mr Alan Potts, Orthopaedic ESP Spinal and Lower Limb, South Devon Healthcare NHS Foundation Trust, Torbay Hospital, TQ2 7AA alan.potts@nhs.net

Mr Carl Edwards, Orthopaedic ESP Shoulder Elbow and Hand, South Devon Healthcare NHS Foundation Trust, Torbay Hospital, TQ2 7AA carl.edwards@nhs.net

Additional information required for ADV709

1. Hepatitis B information as evidenced by GP or occupational health department
2. Professional Indemnity Insurance which covers administration of prescription only drugs by injection e.g. Physiotherapists a photocopy of your Chartered Society of Physiotherapy membership card should be submitted.
3. Appropriate professional body registration e.g. HCPC or NMC. A photocopy of your membership card should be submitted.
4. Mentor form and CV
 - a. Mentor form Applicants need to have an identified mentor for the course of the module. A form is below for mentors to complete this needs to be signed by the mentor prior to submission
 - b. Mentor CV. An up to date copy of your mentors CV should be submitted. .
5. Workplace support. This should be a letter from your workplace which details their support for mentored students of ADV709 to carry out injections of Corticosteroid to patients during and following completion of ADV709. This may be completed by your manager or human resources department.

Application Process

Applicant Step 1: Submit postgraduate application form and additional information

- a. **Hepatitis B status**
- b. **Professional Indemnity Insurance**
- c. **Professional Body Registration**
- d. **Mentor Form**
- e. **Mentor CV**
- f. **Workplace support letter Plymouth University:**

The application will be reviewed and approved by programme lead, before an offer sent to applicant.

Assessment of ADV709

The assessment of ADV709 is in two parts:

1. OSCE (Objective Structured Clinical Examination) 30%

The OSCE assesses elements which require the student to:

- Demonstrate knowledge of pharmacology, dosage and dilutions, health and safety, side effects, contraindications
- Demonstrate the ability to calculate appropriate dosage, take consent, draw up solution and inject into an artificial model demonstrating safe practice
- Demonstrate through the use of case scenarios clinical reasoning, assessment, evaluation and describe role of Botulinum Toxin in overall management incorporating appraisal of the evidence base

The OSCE must be passed before commencement of mentored practice. Should a student not be successful at this element they will be offered a resit prior to mentored practice. If a student is unsuccessful at resit they will be asked to withdraw from the module.

2. Portfolio of Evidence 70%

Students will complete formative elements with their mentor including a SWOT analysis and development plan these are not formally marked but are key to the student's development as a practitioner.

The portfolio consists of 2 elements:

- a. **Record of injections** this is a factual record of the 10 injections completed in mentored practice. Each record of injection should be signed off by the mentor. These are marked on a pass/ fail basis
- b. **Bodies of evidence.** For **1 of their injections** students will write a 2,500 word body of evidence which explores the underpinning evidence for that particular injection. These will be marked by the module team at Plymouth University.

Each assessed element must be passed at 50%.

Please send your application to: pduadmissions@plymouth.ac.uk

Applicant Step 2:

University of Plymouth: Confirmation all additional information received and reviewed by module lead

Mentor information Form

Who can be a mentor?

Mentors of injection therapy students must be independent prescribers e.g. Medical Practitioner or appropriately experienced health professionals (e.g. Physiotherapist). Mentors will be able to demonstrate clinical expertise in their area of spasticity or dystonia management by providing their curriculum vitae.

Role of mentor?

Mentors host, supervise and assess students of injection therapy in their practice or clinic whilst they are studying on ADV709. Mentors are ultimately supervisors and students will be responsible for their own actions. It is of course imperative that communication between student and mentor is open and honest to ensure clarity of expectations on either side.

Mentors will:

- Demonstrate injections of corticosteroid in upper and lower limb regions for the management of pain
- Instruct and supervise the student injecting
- Guide the student in local policy and procedure relating to Injection therapy
- Offer formative feedback (advice) to the student regarding injecting techniques and other relevant topics alongside formative preparation for injection
- Demonstrate and promote safe practice in Injection Therapy
- Direct the student in current best practice for example in the management of chronic lateral epicondylitis, carpal tunnel syndrome, knee OA.
- Record their signature in the portfolio of evidence for 10 injections this contributes one element of the assessment process see below.

Mentor and Student information

Student name:

Student telephone:

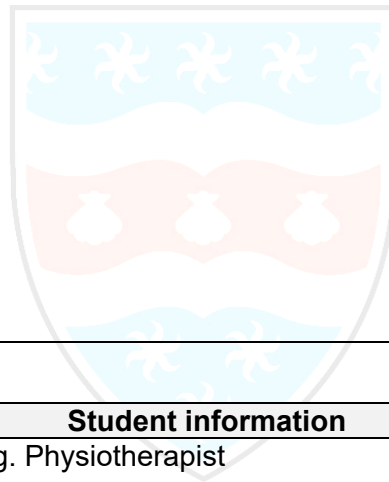
Student email:

Mentor name:

Mentor telephone:

Mentor email:

Mentor postal address:



Student information

Profession	eg. Physiotherapist
Qualification year	
Speciality	
Years of specialisation	
Anatomical regions most likely to inject	
Practice setting	eg. Acute Trust
Any information that will help your mentor tailor your experience to your needs	

Mentor information	
Current job title	
Qualification year	
Speciality	eg. MSK outpatients
Anatomical regions most commonly injected with corticosteroid and patient group	eg. upper limb, lower limb ESP
Practice / clinical setting where injections will take place	
Any information that you feel will help the student prepare for their visits to your clinic / practice	
Mentor CV included	Yes <input type="checkbox"/> No <input type="checkbox"/>

Sample mentor signature	
<p>Mentors please sign the box below to provide a sample of the signature you will use to verify competence of successful injecting of the student of module: ADV708: Injection Therapy for Health Professionals.</p>	
Signature	Print name
<p>You will ideally have just one mentor although on rare occasions a second is necessary. You must undertake at least TWO injections with any one mentor. If you need more than one mentor please complete the required information below.</p> <p>Name of extra mentor:</p> <p>Injections supervised by this mentor:</p> <p>Reason for requiring extra mentor:</p> <p>Sample signature of extra mentor:</p>	
Signature	Print name