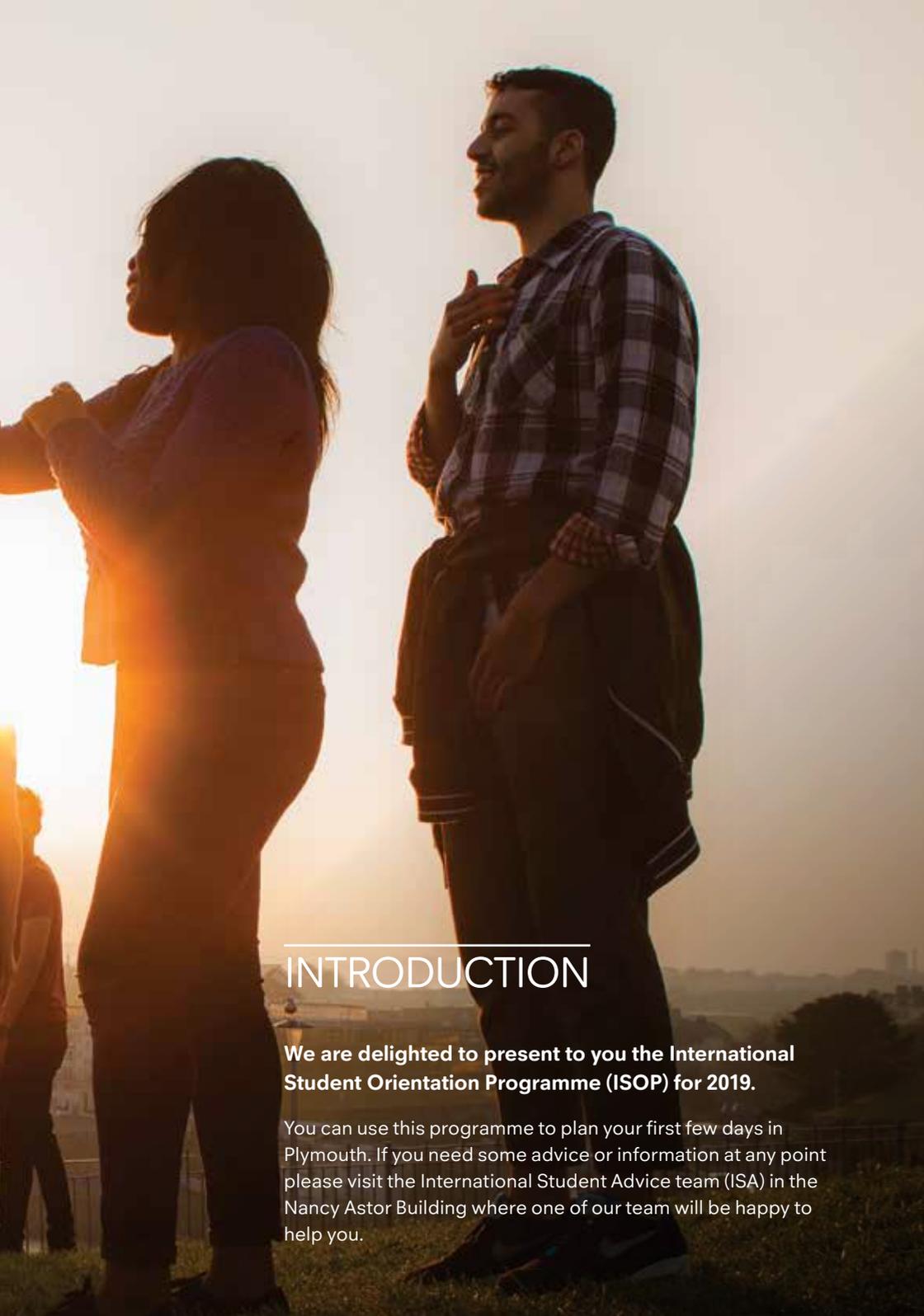

CONTENTS

YOUR ORIENTATION PROGRAMME	3
WHERE TO FIND INFORMATION	4
HEATHROW PICK-UP AND FURTHER TRAVEL OPTIONS	5
IMPORTANT INFORMATION	6-7
SESSION INFORMATION	8-14
TIMETABLES	15-18
CAMPUS MAP LINK	19





INTRODUCTION

We are delighted to present to you the International Student Orientation Programme (ISOP) for 2019.

You can use this programme to plan your first few days in Plymouth. If you need some advice or information at any point please visit the International Student Advice team (ISA) in the Nancy Astor Building where one of our team will be happy to help you.

YOUR ORIENTATION PROGRAMME

The International Student Orientation Programme (ISOP) is open to all new undergraduate and postgraduate students from outside the UK who have been accepted to the University of Plymouth from September 2019.

Your orientation programme is designed to provide you with academic and practical advice to help you settle in to your surroundings and study successfully.

The programme includes a range of activities to introduce you to the wider city of Plymouth and there are plenty of social events which provide fun and informal opportunities to meet other students.

Some of the activities are listed as compulsory and we would encourage you to attend these. Most activities are free. Activities that have limited availability will require a ticket, this will be indicated with a *T. Some activities are repeated throughout the programme, these will be indicated with an *R so don't worry if you miss the first one. University Ambassadors will be supporting this programme and will be available to answer your questions, you will be able to identify them by their blue t-shirts, don't be afraid to approach them if you have any questions, they will be looking forward to meeting you.

Programme Key:

- *R** – These sessions are repeated throughout the programme but you only need to attend one of these sessions.
- *C** – Sessions that are compulsory for all students, you must attend these sessions.
- *T** – You will need to book a ticket to attend this event. Tickets can be collected from the ISOP welcome desk in the Rolle Marquee.

If you have collected a ticket and are no longer able to attend, please return your ticket to the welcome desk as we often have a waiting list for these events.

WHERE TO FIND INFORMATION

Throughout the programme there will be a dedicated ISOP welcome desk which will be located in the Rolle Marquee, see the campus map link on page 19. If you are not sure what sessions are available or have any questions about the programme then come to the ISOP welcome desk.

Some of the activities will require you to meet at the ISOP welcome desk so please familiarise yourself with its location. Most of the sessions will be held in the Rolle Marquee.

If you arrive later than the ISOP week please go to the Student Hub, ground floor of the Nancy Astor Building.

MARQUEE OPENING HOURS DURING ISOP

Monday 09th	08.45 – 17.00
Tuesday 10th	08.45 – 17.00
Wednesday 11th	08.45 – 17.00
Thursday 12th	08.45 – 17.00
Friday 13th	08.45 – 16.30
Saturday 14th	10.00 – 15.00



HEATHROW AIRPORT PICK-UP INFORMATION

We want to make sure you arrive at the University of Plymouth safely and in good time to attend the International Student Orientation Programme so we offer a free meet and greet coach service from Heathrow Airport.

To allow you flexibility when booking your flights the service is available across two days, and there will be a choice of two departure times. The journey takes around 4–5 hours. Our student ambassadors will be escorting you and will be happy to answer any questions you may have. Booking details will be sent to you once you have accepted your offer to study at the University of Plymouth.

FURTHER TRAVEL OPTIONS

If you are unable to make use of our free meet and greet service you may want to consider the following travel alternatives. Plymouth Railway Station is just a few minutes' walk from the campus. The regular train service from London Paddington Station to Plymouth takes around 3-4 hours. Please read our web page: Arriving in the UK for other travel information.

For rail enquiries, call +44 (0)3457 484 950 or visit www.nationalrail.co.uk or www.thetrainline.com.

Plymouth Coach Station is in the city Centre, about 5 minutes' walk from the campus. There are regular coach services from most major cities to Plymouth.

Brittany Ferries operates car ferry services to Plymouth from Roscoff (France) and Santander (Spain). Go to www.brittany-ferries.com for details.



IMPORTANT INFORMATION

RIGHT TO STUDY CHECK: VISA AND PASSPORT

If you are from outside of the EU /EEA and pay international tuition fees you will not be able to complete your on-line enrolment until you arrive and have your passport and visa checked and scanned. During the Orientation Programme, this will be available during office hours on the ground floor of the Nancy Astor Building. It is not necessary to make an appointment but it could be busy during this week and you may have to wait.

COLLECTING YOUR BIOMETRIC RESIDENCE PERMIT (BRP)

If you enter the UK with a Tier 4 visa sticker in your passport, you will need to collect your BRP upon arrival in the UK. If you have chosen to collect your BRP from the University of Plymouth, we should be

able to issue this when you present your passport for scanning, providing that we have received it from the Home Office. If you are not sure where to collect your BRP then contact ISA on arrival and we can advise you. If you need to collect your BRP from the Post Office ISA can also provide you with directions on how to get there.

REGISTERING WITH THE POLICE

If you are a visa national and have been granted limited leave to remain in the UK for longer than 6 months you may be required to register with the police. To see if this applies to you then check the visa vignette in your passport, your BRP or your decision letter where it will read "Register with the Police within 7 days". Members of our local Police team will be on campus on Friday 20th September



to register you so do not worry if you go over the 7 days. We will let you know where to go. If you arrive after this date, you can go directly to the local police station. Before registering please check with a member of the ISA team about the information you will need to complete your registration.

WI-FI

Once you have completed your enrolment you will be able to access the University's wireless network called eduroam. If for any reason you cannot enrol upon arrival then you can access the guest wi-fi which is free for the first 4 hours only and then there is a small charge for continued use. We therefore recommend that you enrol as early as it is possible. To access the guest wi-fi follow these instructions:

- Select "Guest Wifi UoP" from the wi-fi connection options on your device.
- A 'Sign-In Required' message may appear. Select 'ok'.
- You will be directed to the 'Connect with the University of Plymouth' page. Scroll down this page for your options. Select '4 Hours Free'.
- You will be asked to fill out your first name, last name, email address and agree to the terms & conditions. After you have completed this, click on submit.
- You should now be connected to the Wi-Fi.

Details on how to access eduroam on various operating devices will be available following enrolment.

MOBILE SIM CARDS

If you are using our meet and greet service then you can collect a sim card from one of our student ambassadors. We will also have free sim cards available at the welcome desk in the Rolle Marquee. The sim cards will have a small amount of free credit which will allow to call your family.

ACCOMMODATION

If you are looking for private accommodation, the University has a database, where all properties have been inspected and approved by our off campus housing co-ordinator. Look at our web page private halls and housing. If you would like more information on private accommodation, then please call into the Residence Life office in the Mary Newman Hall.

If you haven't already booked a room in one of the Halls of Residence and are interested in this accommodation option, please enquire about late availability with Residence Life in the Mary Newman building on your arrival to the office. Please note that it cannot be guaranteed that there will be an available room that will meet your budget or requirements, however, do ask our team before signing into a tenancy agreement with a private landlord.

SESSION INFORMATION

NEW TO THE UNIVERSITY OF PLYMOUTH

If you have just arrived at university and would like some help getting to your accommodation or information about the Orientation Programme then visit the welcome desk in the Rolle Marquee where ambassadors will be able to assist you and our welcome team are looking forward to meeting you.

ONLINE ENROLMENT *R

If you have had your passport and visa scanned then you can complete your online enrolment here to confirm you will be attending your course and to set up your University of Plymouth computing account.

VOLUNTEERING WITH THE STUDENTS' UNION DROP IN *R

Sign up and discover all the great projects you can be a part of!

SHOPPING TOUR *R

If you have just arrived and realised you need to buy some home comforts and groceries then you can join our shopping tour to buy what you need! Collect one of our 'top tips' shopping leaflet from a student ambassador.

BANKING IN THE UK *R

This session will provide you with advice on how to open a bank account and information about banking in the UK. When you have chosen a bank, you will need a bank letter from ISA before you can open the account. Request forms will be given out at these talks or can be collected from the welcome desk in the Rolle Marquee.

MOVIE NIGHTS *R

Join us for some big screen entertainment, the movie will be listed on the timetable on page 15 of this handbook.

OFFICIAL WELCOME TO THE UNIVERSITY OF PLYMOUTH *C

Professor Julian Chaudhuri Deputy Vice-Chancellor - Education and Student Experience formally welcomes you to the University of Plymouth, light refreshments will be provided. This session will also include a welcome and introduction from the International Student Advice team.

CAMPUS TOURS *R

Our student ambassadors will take you on a guided tour of the campus..

STUDENTS' UNION SPORTS TASTER SESSION (FREE)

Come along and take a look at what the sports centre and gym has to offer you. Wear your trainers if you would like to try out some sports in the Sports Hall!

GETTING A PART-TIME JOB: YOUR EMPLOYABILITY SKILLS

Looking to get some work experience or find a part time job? Find out how the Careers and Employability Service can help.

INTRODUCTION TO YOUR STUDENTS' UNION INCLUDING A TOUR OF THE SU

What the University of Plymouth's Students' Union can do for you whilst you study and find out how you can get involved.

BRITISH CULTURE: WHAT CAN YOU EXPECT? *C

An interactive session on adapting to life in Plymouth. What do you know about British people and culture?

FISH AND CHIP SUPPER *T

Enjoy a traditional British seaside treat for free! Just make sure you get a ticket.

BRITISH ACADEMIC CULTURE: MAKING SENSE OF IT! *C

We will guide you through the academic system at the University of Plymouth, from what lecturers will expect you to do and the importance of understanding the academic rules and regulations.

FROM CHINA: ADAPTING TO LIFE IN THE UK *C FOR CHINESE STUDENTS

Sharing experiences from current students, this session will help Chinese students to understand how to do well in their studies, have a great experience and stay safe.

REGISTERING WITH THE POLICE

You can register with the police, no appointment is necessary but it could be busy and you may have to wait. Please make sure that you have the correct documentation available:

- Current passport with temporary visa in it
- Biometric Residence Permit card (if you have one)
- 1 passport sized photograph
- £34 registration fee which should be in the exact cash as no change will be given.
- Completed registration form, please make sure you complete the form fully (you can collect a form from Rolle Marquee welcome desk).

“ The University of Plymouth is a great place to study in an idyllic part of England, with Dartmoor and beautiful sandy beaches so close and all the conveniences of a city centre two minutes walk away.

*Hazel Atkins, BSc (Hons) Mathematics,
Analyst at BMT Reliability Consultants Ltd*



CHAPLAINCY MEAL *T

Enjoy a home cooked, healthy meal with the Chaplaincy Team. Vegetarian option available. No matter what faith, you are all welcome. This is free but you will need to book a ticket and availability is limited.

QUIZ NIGHT

Test your general knowledge skills in this fun team quiz.

BASKETBALL FUN

Come along and have fun playing basketball, even if you're a complete beginner! Just turn up there is no need to book, make sure you take suitable sports footwear with you.

KARAOKE NIGHT

Practice your singing skills, sing along or just take in the atmosphere at this fun karaoke session! This is the perfect opportunity to meet new friends and connect with other students.

STUDENT FUNDING UNIT *R

A brief introduction to budgeting and the best places and deals locally to stretch your budget further.

REGISTER WITH A DOCTOR *C

You must register with a doctor in order to get quick access to healthcare if you become sick. Staff from the University Medical Centre will help you register at the Wellbeing Centre on campus. Registration forms can be collected in advance at the Rolle Marquee.

STUDENT WELLBEING SERVICES WELCOME *C

Meet the Student Wellbeing Services staff who will provide you with information about the services they offer. After the presentation you will have an opportunity to meet the team and ask questions.

STAYING SAFE IN PLYMOUTH *C

This session is delivered by one of the local Diversity Officers who will provide you with advice on living and enjoying yourself whilst staying safe in Plymouth. This is also an opportunity to meet the University's dedicated police liaison officer.

ALL ABOUT YOUR TIER 4 VISA *C FOR TIER 4 VISA HOLDERS

Delivered by the UKVI Compliance team who will outline your obligations and responsibilities as a tier 4 visa holder.

FREE CREAM TEAS *R

Enjoy a free traditional Devon cream tea. This is a scone with cream and jam with a cup of tea. Also a good place to meet new friends.

SECOND HAND GOODS STALL

The Chaplaincy and previous students have kindly donated their good quality second hand goods to our new students. Pick up household items such as cutlery and cooking pots or study text books and ring binders. All free!

WORK PLACEMENTS – WHAT YOU SHOULD KNOW

The placements team and International Student Advice will provide you with important information about placements in relation to your tier 4 visa responsibilities.

MUSIC AND SALSA DANCING

This is a great opportunity to make friends while you enjoy listening to some Latin sounds. A Latino expert will be on hand to teach you some new salsa moves. Stay around afterwards and enjoy some music from around the world.

BADMINTON FUN!

Come along and have fun playing badminton, even if you're a complete beginner! UPSU sports staff will be there to answer any questions on all the sports they offer. No need to book just turn up.

HARBOUR BOAT CRUISE *R *T

Meet the student ambassadors inside the Rolle Plaza Marquee to walk down to the harbour. Experience Plymouth from the sea on this two hour cruise. Don't forget to take a jacket/coat with you as it can be cold at sea.





Plymouth has everything you would expect from a large city in the South West – major high street stores, theatres, multiplex cinema, art cinemas, and a wealth of small clubs and venues.



TIMETABLE

MONDAY 9TH SEPTEMBER

SESSION	TIME	LOCATION
New to the University of Plymouth	09.00 – 17.00	Rolle Plaza Marquee
Right to Study Check (Passport and VISA Scanning)	09.00 – 17.00	Wellbeing Centre, Endsleigh Place
Online Enrolment	10.00 – 18.00	Charles Seale-Hayne Library
Wellbeing Drop-in *R	11.00 – 14.00	3 Portland Mews
Volunteering with the Students' Union (drop-in) *R	14.00 – 16.00	The Hive, Students' Union
Shopping Tour *R	16.00 start	Rolle Plaza Marquee, meet at the welcome desk

TUESDAY 10TH SEPTEMBER

SESSION	TIME	LOCATION
New to the University of Plymouth	09.00 – 17.00	Rolle Plaza Marquee, welcome desk
Right to Study Check (Passport and VISA Scanning)	09.00 – 17.00	Wellbeing Centre, Endsleigh Place
Online Enrolment *R	10.00 – 18.00	Charles Seale-Hayne Library
Campus Tours *R	10.00 start	Rolle Plaza Marquee, meet at the welcome desk
Shopping Tour *R	11.00 start	Rolle Plaza Marquee, meet at the welcome desk
Wellbeing Drop-in *R	11.00 – 14.00	3 Portland Mews
Volunteering with the Students' Union (drop-in) *R	14.00 – 16.00	The Hive, Students' Union
Banking in the UK *R	14.00 start	Rolle Plaza Marquee
Student Funding Unit *R	14.15 – 14.45	Rolle Plaza Marquee
Movie Night	19.00 start	Roland Levinsky Building, Lecture Theatre 1

WEDNESDAY 11TH SEPTEMBER

SESSION	TIME	LOCATION
New to the University of Plymouth welcome	09.00 – 17.00	Rolle Plaza Marquee, welcome desk
Right to Study Check (Passport and VISA Scanning)	09.00 – 17.00	Wellbeing Centre, Endsleigh Place
Online Enrolment *R	10.00 – 18.00	Charles Seale-Hayne Library
Students' Union Sports Taster Session (FREE)	10.00 – 12.00	Nancy Astor Sports Centre
The International Alumni Community	10.30 – 11.00	Rolle Plaza Marquee
Official Welcome, Professor Julian Chaudhuri *C	11.00 -11.30	Rolle Plaza Marquee
Wellbeing Drop-in *R	11.00 – 14.00	3 Portland Mews
Getting a part-time job: Your employability skills	11.35 – 12.30	Rolle Plaza Marquee
Shopping Tour *R	13.00 start	Rolle Plaza Marquee, meet at the welcome desk
Introduction to the Languages Café	13.00 – 14.00	Robbins Building, Foyer
Banking in the UK *R	14.00 start	Rolle Plaza Marquee
Free Cream Teas *R	14.00 – 16.00	Chaplaincy, 1 Kirkby Terrace
Student Funding Talk *R	14.15 –14.45	Rolle Plaza Marquee
Fish and Chips Supper *T	18.00 or 18.30	Students' Union Bar
Movie Night	19.00 start	Roland Levinsky Building, Jill Craigie Cinema

THURSDAY 12TH SEPTEMBER

SESSION	TIME	LOCATION
New to the University of Plymouth welcome	09.00 – 17.00	Rolle Plaza Marquee, welcome desk
Right to Study Check (Passport and VISA Scanning)	09.00 – 17.00	Wellbeing Centre, Endsleigh Place
Online Enrolment *R	10.00 – 18.00	Charles Seale-Hayne Library

THURSDAY 12TH SEPTEMBER – CONTINUED

SESSION	TIME	LOCATION
Campus Tour *R	09.00 start	Rolle Plaza Marquee, welcome desk
Introduction to your Students' Union (including tour)	10.00 start	Students' Union, The Little Room
British Culture: What can you expect? *C	11.00 start	Rolle Plaza Marquee
Wellbeing Drop-in *R	11.00 – 14.00	3 Portland Mews
British Academic Culture: Making sense of it! *C	13.00 start	Rolle Plaza Marquee
Free Cream Teas *R	14.00 – 16.00	Chaplaincy, 1 Kirkby Terrace
From China: Adapting to Life in the UK *C for Chinese students	14.15 – 15.15	Rolle Plaza Marquee
Chaplaincy Meal *T	17.00 or 17.45	Sherwell Hall
Quiz Night	19.00 start	Sherwell Hall
Basketball Fun	19.00 start	Nancy Astor Sports Centre
Karaoke Night	21.00 – 23.00	The Little Room

FRIDAY 13TH SEPTEMBER

SESSION	TIME	LOCATION
New to the University of Plymouth welcome	09.00 – 17.00	Rolle Plaza Marquee, welcome desk
Right to Study Check (Passport and VISA Scanning)	09.00 – 17.00	Wellbeing Centre, Endsleigh Place
Online Enrolment *R	10.00 – 18.00	Charles Seale-Hayne Library
Campus Tour *R	10.00 start	Rolle Plaza Marquee, welcome desk
Introduction to your Students' Union (including tour)	10.00 start	Students' Union, The Little Room
Register with a Doctor *C	09.30 – 16.30	Wellbeing Centre, Endsleigh Place
Staying Safe in Plymouth *C	10.00 – 11.00	Rolle Plaza Marquee
Bank in the UK *R	11.00 start	Rolle Plaza Marquee
Wellbeing Drop-in *R	11.00 – 14.00	3 Portland Mews
Student Wellbeing Services Welcome *C	12.00 – 13.00	Rolle Plaza Marquee

FRIDAY 13TH SEPTEMBER – CONTINUED

SESSION	TIME	LOCATION
Second hand goods stall	12.00 – 16.00	Rolle Plaza Marquee
Free Cream Teas	14.00 – 16.00	Chaplaincy, 1 Kirkby Terrace
Your Tier 4 Visa Responsibilities <i>*C for tier 4 visa holders</i>	15.00 – 15.30	Rolle Plaza Marquee
Work Placements: what you should know	15.30 – 16.00	Rolle Plaza Marquee
Music and Salsa Dancing	19.00 – 21.00	Students' Union, The Big Room

SATURDAY 14TH SEPTEMBER

SESSION	TIME	LOCATION
Shopping Tour *R	09.15 start	Rolle Plaza Marquee, meet at the welcome desk
Harbour Boat Cruise *T	10.30 or 13.30	Rolle Plaza Marquee, meet at the welcome desk
Badminton Fun!	14.00 start	Nancy Astor Sports Centre
Movie Night	19.00 start	Roland Levinsky Building, Jill Craigie Cinema

SUNDAY 15TH SEPTEMBER

SESSION	TIME	LOCATION
Shopping Tour *R	12.00 noon	Rolle Plaza Marquee, meet at the welcome desk
Harbour Boat Cruise *T	13.15	Rolle Plaza Marquee, meet at the welcome desk
Movie Night	19.00 start	Roland Levinsky Building, Jill Craigie Cinema

MONDAY 16TH SEPTEMBER

SESSION	TIME	LOCATION
Exchange Student Induction	09.30 – 12.30	Portland Square, Stonehouse Lecture Theatre

FRIDAY 20TH SEPTEMBER

SESSION	TIME	LOCATION
Police Registration Day	09.00 – 16.00	Babbage, 002

PLEASE CLICK HERE FOR THE CAMPUS MAP

WE LOOK FORWARD TO MEETING YOU!



**INTERNATIONAL STUDENT ADVICE (ISA),
NANCY ASTOR BUILDING
UNIVERSITY OF PLYMOUTH
DRAKE CIRCUS
PLYMOUTH, PL4 8AA
UNITED KINGDOM**

 www.plymouth.ac.uk/isa

 00 44 (0)1752 587740



**UNIVERSITY OF
PLYMOUTH**