

This regulation applies to students at PU sites of delivery and in all UK and International partnerships unless exceptions to regulations have been formally approved.



UNIVERSITY OF PLYMOUTH

Study and Wellbeing Review Policy and Procedure

Version number 1.1	Status (draft/final) Final	Owning Directorate / Faculty Academic Registry		
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Document objectives: This document outlines the approach to supporting students to continue their studies at the University of Plymouth, in particular: <ul style="list-style-type: none"> • Where concerns arise about a student's academic performance or engagement, and/or • Where a student's health deteriorates meaning their attendance at University may be affected • Each stage of the support process including the 'Fitness to Study' stage (Stage 3) where an outcome may include interruption from studies • The process for a student to request to return to study after an interruption (Stage 4) <p>Explanatory notes for students about the policy are available at: https://www.plymouth.ac.uk/your-university/governance/student-handbook</p> <p>Guidance notes for staff on the implementation of this policy are available from the Teaching and Learning Handbook: https://www.plymouth.ac.uk/your-university/teaching-and-learning/handbook. The University's approach to the assessment of risk is outlined in Section 6 and a definition of risk is given in the Appendix.</p>				
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Introduction

The University of Plymouth is committed to an ethos of equality and inclusivity; and aims to facilitate and promote positive health and wellbeing through the recognition and understanding of all relevant health conditions and disabilities. This is essential to our wider agenda to empower and transform lives through education. Where necessary, the University encourages students to seek help and support from the appropriate service(s) at the earliest possible opportunity.

The Study and Wellbeing Review (SWR) policy provides a four-stage framework to guide practice in directing students to appropriate support, and to determine in a timely fashion what actions are needed where health, wellbeing or Fitness for Study concerns arise:

- **Stage one** refers to emerging concerns or low risk situations (see 7 below);
- **Stage two** refers to medium risk situations where concerns are ongoing (see 8 below);
- **Stage three** refers to high risk situations (see 9 below) where a student's **Fitness for Study** may be in question;
- **Stage four** refers to the process whereby students can request to return to study following a period of interruption (see 12 below).

This policy applies to students at PU sites of delivery unless exceptions to regulations have been formally approved. The University requires partner institutions to have a similar or equivalent policy that also addresses issues of local concern, legislation, regulation or culture. Partner institutions are welcome to use or adapt the University policy. A copy of the partner policy should be logged with Academic Partnerships and may be subject to review. In the absence of a local policy, this Plymouth University policy will apply.

1. DEFINITIONS, SCOPE AND PURPOSE

- 1.1 The University seeks to support all students to fulfil their potential and expects them to participate appropriately in University life as a student, a member of the University community and/or a resident in University managed accommodation. Appropriate participation attendance and engagement demonstrates a student's **Fitness for Study**. This is defined as follows:
students should be able to take an active part in and meet the requirements of their course, to live and work with others, and to conduct themselves in ways that do not have an adverse impact on other members of the University and the local community.
- 1.2 Occasionally a student's circumstances or health may affect adversely their own or others' ability to engage appropriately in University study activities. This policy and the accompanying explanatory notes describe the processes that the University will follow in instances where this ability is in doubt and/or where associated levels of risk are unacceptable. This may be because of a

student's extended absence, non-engagement with elements of their programme, health condition, wellbeing concern, or other circumstances that lead to an inability to progress in their programme, or that adversely affect others.

- 1.3 **In an emergency, where it is believed that a student's health or wellbeing condition presents an immediate risk to themselves or others, the appropriate Emergency Services should be contacted.** See our **Immediate Help Options** webpage: <https://www.plymouth.ac.uk/student-life/services/learning-gateway/counselling/support-in-times-of-crisis>

The Academic Registrar (AR), or nominee, should be notified of the emergency as soon as possible. The SWR procedures described below will be invoked subsequently as appropriate. The Appendix below provides further relevant information about dealing with emergencies.

- 1.4 **Where a student's health or wellbeing condition results in inappropriate conduct such as abusive or threatening behaviour, or where others are put at unacceptable risk, this may result in immediate interruption from study** on the authority of the appropriate Dean, Director of the Doctoral College (DDC), or the AR. **This would include a requirement for the student to leave University premises and vacate any University accommodation they may occupy as quickly as possible**, within the terms set out by Accommodation Services for the accommodation in question. Where interruptions or withdrawal from study are required, **risk issues for the individual associated with potential homelessness, financial hardship or other vulnerabilities, as well as potential impact on others will be considered; appropriate advice will be given and, if necessary, the case will be referred to the University's Designated Safeguarding Officers** (see also 1.6 below). Such situations would subsequently be dealt with by stage three of this policy (Fitness for Study), or under the University's Student Code of Conduct and Disciplinary Procedure <https://www.plymouth.ac.uk/uploads/production/document/path/6/6464/Student Code of Conduct and Disciplinary Procedure 2015-16.pdf>

1.5 **Applicants and preadmission issues**

Where any of the risk issues referred to in paragraphs 1.2 - 1.4 above become apparent in relation to a prospective student prior to their admission, the SWR policy shall apply as it does to existing students. Use of the term 'student' in this policy document and its associated notes shall therefore include prospective students and applicants where relevant. Issues relating to undergraduate applicants should be referred by the Admissions Office to the appropriate Faculty Registrar (FR), or else to the AR, so that the relevant elements of the SWR policy can be applied where necessary. Issues relating to postgraduate research degree (PGR) applicants should be referred by the

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Doctoral College to the Doctoral College Manager (DCM) to apply the SWR policy where necessary.

1.6 Safeguarding and Prevent

The University is committed to supporting and promoting the welfare of its students and is committed to the provision of a safe environment conducive to work, study and the enjoyment of a positive experience for all members of its learning community. The University will take all safeguarding concerns, including suspicions and allegations of exploitation, radicalisation, harm or abuse, seriously and will conduct a risk assessment as soon as possible.

If any member of staff believes a student (or colleague) may be at risk of, or experiencing, harm or abuse, they must talk to a Designated Safeguarding Officer. Once available facts have been gathered, a Designated Safeguarding Officer may make a referral to the relevant local authority to ensure this risk can be minimised and the safety of that individual protected. A list of Designated Safeguarding Officers is available here:

<https://liveplymouth.ac.sharepoint.com/sites/u154/Lists/Safeguarding%20%20Prevent/Tiles.aspx>

If you are concerned about the welfare of a student in relation to a safeguarding concern or suspicion of allegations of exploitation or harm and cannot reach a Designated Safeguarding Officer, please email safeguarding@plymouth.ac.uk or contact the Security team on ext 3333 if the concern is urgent. For emergency situations see 1.3 above.

2. AIMS OF THE STUDY AND WELLBEING REVIEW POLICY

To ensure that students:

- 2.1 Can benefit from being members of the University community and can participate in all aspects of their programme of study for the required period, with a reasonable chance of successfully obtaining the award for which they are registered.
- 2.2 Do not in any way prevent, hinder or disrupt the study or assessment activities of other students; staff in the discharge of their duties or academic pursuits; or visitors to the University from carrying out their lawful business.
- 2.3 Do not, as a consequence of their required or necessary presence on campus, present an unacceptable risk to the health or safety of themselves or others.
- 2.4 Are in a position to engage satisfactorily in any elements of study or assessment which take the form of placements, particularly those taking place in a professional and/or work-based setting.

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3. STUDY AND WELLBEING REVIEW POLICY IN RELATION TO OTHER POLICIES

- 3.1 This policy runs parallel to the University's Academic Regulations and other relevant policies. The Appendix below contains links to other relevant University of Plymouth policies and useful documents.
- 3.2 For those programmes that are professionally accredited, e.g. in health and education, Fitness to Practise policies are in place. These processes are normally managed by the Faculty within which the programme is located; the outcome of these processes may also need to be reported centrally. PGR students will be referred to the Doctoral College (DC); the DDC will be responsible for this process.
- 3.3 Students enrolled on professional or statutory regulated programmes with their own regulatory body (PSRB accredited) may require reports of the outcomes of these processes to be submitted to the relevant body as part of their mandate to protect the public and the profession; please see the specific programme handbook for details.
- 3.4 Any related Health and Safety issues will be considered under the provisions of University's Safety Policies (<https://www.plymouth.ac.uk/your-university/about-us/university-structure/service-areas/health-and-safety>).

4. KEY RESPONSIBILITIES

- 4.1 The University has responsibilities in relation to the health, safety and wellbeing of all members of our community, including students, staff and visitors.
- 4.2 The Deputy Vice Chancellor, Education and Student Experience (or nominee) is responsible for the overall management and implementation of this policy and the accompanying procedures. The DVC may delegate this responsibility as appropriate to the AR or other senior staff.
- 4.3 The day-to-day operation and administration of the policy will be undertaken by the Faculty Registrars (FR) and the Doctoral College Manager (DCM), liaising with the AR (or nominee).
- 4.4 All staff are responsible for acting within the framework of this policy where there are concerns as outlined in section 1. above, or where a student self-refers to a member of staff because of a significant concern.
- 4.5 Students are responsible for informing the University about any changes to their ability to study or otherwise to engage safely and appropriately with others as a member of the University community. We recognise that there may be times when a student is unable to do this. Inability or refusal to do so may result in a student's study being interrupted, in accordance with this

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policy, until the student is able to demonstrate that they can re-engage appropriately with the University as a student and/or resident. **Requests to return to study must be made in writing to the relevant FR or to the DCM**, and will be dealt with as outlined in 12. below.

5. DATA PROTECTION AND CONFIDENTIALITY

- 5.1 The University follows the General Data Protection Regulation (GDPR), is governed by Data Protection Act (DPA) 2018, and will treat all personal information (including sensitive personal information relating to students' mental, physical health or personal circumstances) as confidential within the terms of the legislation.
- 5.2 Personal information about a student obtained under this policy and procedure will only be shared within the University amongst those members of staff who need to know that information in order to offer the student appropriate support, to enable the operation of this policy and procedures or, where it is required, with accrediting professional, regulatory or statutory bodies.
- 5.3 The University may ask a student for his or her agreement to share personal information obtained under this policy and procedure with relevant professionals outside of the University in order to offer the student appropriate support. The University will not normally share any personal information about a student without their agreement, but may do so in exceptional cases, where permitted by law.
- 5.4 International students should be aware that the University is required to report any interruptions to study or withdrawal to UK Visas and Immigration.

6. ASSESSMENT OF CONCERNS AND RISKS

- 6.1 A definition of risk and links to documents providing further guidance can be found in the Appendix below. Levels of concern about a student and associated risk will be assessed by members of University staff using the three-stage framework outlined below. Risk assessment will be undertaken on a case-by-case basis and in conjunction with other appropriate professionals where necessary, to ensure that relevant issues can be dealt with in a supportive, equitable and transparent fashion.
- 6.2 All staff are responsible to act under the terms of this policy if they become aware of risks arising from a student's health or wellbeing by alerting their FR

or the DCM in the first instance.

7. STAGE ONE

Where concerns emerge about a student that appear to be low risk, a formal Student Support Meeting or Case Conference need not be called but discussion, information gathering and signposting actions should be taken as follows:

- 7.1 **Concerns arising in academic contexts:** for example, a pattern of **non-attendance** or **non engagement**, or claims for **extenuating circumstances**. In these circumstances, the student should be invited by a member of Faculty staff within that student's School (e.g. personal tutor/senior tutor, module leader, or PGR student's supervisor) to discuss issues identified, possible solutions and relevant support available. **The student must be informed that the meeting has been called under stage one of the SWR Policy.** The FR or DCM must be informed, and a contemporaneous record of the meeting must be made. This record must be held by the Faculty and shared appropriately.
- 7.2 **Concerns arising in social contexts** (e.g. in Halls of Residence, on campus, in the local area, or outside of programme activities): the student should be invited by an appropriate member of Student Services, Accommodation Services, Mental Health support or Disability Services staff to discuss the concerns identified, the possible solutions and relevant support available. **The student must be informed that the meeting has been called under stage one of the SWR Policy.** The FR or DCM must be informed, and a contemporaneous record of the meeting must be made. This record must be held by the Faculty and shared appropriately.
- 7.3 At such low risk meetings it should be made clear that it is the **student's responsibility** to inform the University of any issues related to fitness for study. The explicit causes/instances for concern should be explained to the student, with clear examples provided. The student should be made aware of appropriate sources of academic and personal advice and support. The student must be informed that a record of the meeting will be kept and that if concerns persist, a more formal meeting will be called.
- 7.4 If, at an informal meeting with the student, it becomes apparent that more serious concerns exist and that an informal approach will not resolve the situation, the student must be informed that a more formal meeting will be called as quickly as possible, and this must be reported to the FR or DCM immediately.

8. STAGE TWO

Stage Two involves more formal **Student Support Meetings (SSMs)** to address risks judged to be of medium level as follows:

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- where an informal meeting with the student as defined in either 7.1 or 7.2 above (Stage One) has already been held but no improvements have occurred in relation to the situation identified. or;
- where issues arise, which are judged to be too serious to be dealt with by a Stage One meeting.

In these cases, an SSM should be organised to consider what additional assistance is appropriate. **An SSM is a formal meeting organised by a FR or DCM;** it will involve the student and appropriate members of academic and/or professional services support staff, such as a Disability Adviser, Accommodation Services and/or Mental Health Worker. **University professional services staff in attendance will act in an advisory capacity and not as advocates for the student.** A student may bring a person of their choosing (friend, member of the Student Union Advice Centre etc.) to the meeting for support and are encouraged to seek advice from the University of Plymouth Students Union (UPSU) Advice Centre <https://www.upsu.com/advice/>.

A student will not be permitted to bring a legal representative to a meeting unless the decision of the Panel is likely to exclude the student from professional registration permanently, without right to appeal, thereby preventing the student from following his or her intended career.

- 8.1 As part of Stage Two, **the student will be asked to agree an action plan as a result of the SSM.** This may include:
- a) requiring the student to attend weekly appointments with a nominated member of staff for regular monitoring; and

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- b) requiring the student to engage with support services within the University or from external professionals, such as the student's GP and/or other relevant medical and support services.

8.2 The FR or DCM (or their nominee) will also **set a date for review of the student's progress against the agreed action plan** (normally after 15 working days) and will inform the student that inability or refusal to meet the conditions agreed will result in the need for a high risk Case Conference with the possibility of the student being interrupted until such time as they are able or prepared to re-engage appropriately with the University.

9. STAGE THREE (FITNESS FOR STUDY)

9.1 A situation will be judged high risk if previous interventions at Stage One or Stage Two have not been successful, or are no longer appropriate, or if **Immediate action is required** to mitigate concerns about a student or their impact on others. **In serious situations, a Stage Three Case Conference should be called to consider the student's Fitness for Study (FfS) directly without first enacting Stage One or Stage Two of this policy.** This may include non-engagement with key elements of a programme or in University processes. All staff are responsible for informing the relevant FR or DCM if they become aware of high-risk situations.

9.2 In **exceptional circumstances**, such as where there is deemed to be an urgent, unacceptable level of risk to the student or members of the University community, **the AR, Dean or DDC can immediately interrupt a student from their studies and require them to leave the University premises as soon as possible**, pending further investigation, and prior to the holding of a Stage Three FfS Case Conference.

9.3 Where the student who is interrupted from their studies is resident in University accommodation, a reasonable amount of time must be allowed for the student to vacate their accommodation. Where the student poses a risk to others they may be required to move to alternative temporary accommodation pending arrangements for their departure from the campus. In such circumstances, the student may also be asked to refrain from being present on the University campus, except by invitation to attend meetings in relation to this policy, or to attend the UPSU Advice Centre.

9.4 It is the responsibility of the FR, DCM or AR to appoint a suitable member of staff to act as Chair of a Stage Three FfS Case Conference. FfS Case Conference attendees will include academic and professional services staff as necessary and appropriate to consider the case. **University professional services staff in attendance will act in an advisory capacity and not as advocates for the student.** The student will normally be invited to attend the

FfS Case Conference. **A student may bring one person** (exceptionally more than one, with the prior consent of the Chair) **of their choosing to the meeting for support.** This could be a member of their family, a friend, an adviser from the University of Plymouth Students Union (UPSU) Advice Centre (see <https://www.upsu.com/advice/>) or, where appropriate, a member of NHS or other wellbeing support service (e.g. a community mental health team member or care coordinator). A student will **not** be permitted to bring a legal representative to a meeting unless the decision of the Panel is likely to exclude the student from professional registration permanently, without right to appeal, thereby preventing the student from following his or her intended career.

- 9.5 Guidance notes will be provided to students in advance of the FfS Case Conference. These include information about what to expect in terms of the kind of room in which the Case Conference will be held, the format for the meeting, the likely attendees, and issues of confidentiality. Students will be informed that they can make representations to the Chair if they wish to object to the attendance of any members of staff. To minimise anxiety or distress, the Chair may consider restricting the number of staff in attendance at a Case Conference at any one time.
- 9.6 The FfS Case Conference will be an information-based process, drawing upon the views and experience of University staff. Additional information such as expert professional judgement from, for example, a registered health practitioner, a social worker, law enforcement or rehabilitation professional, may be sought where appropriate. Appropriate information may include a letter from the student's GP or a report from a clinical psychiatrist, psychologist or occupational health specialist. A student's own account of their situation may also provide relevant information about their level of insight and ability or willingness to engage in required University activities. **The University will make decisions based on the full range of information available in each case and is not obliged to act upon the specific opinions or recommendations of any single professional.** The University will also consider the matter in the light of its own previous experience in managing such situations.
- 9.7 The FfS Case Conference may consider various options in relation to the student, including additional support strategies, a change in the mode of study, interruption from study, or a recommendation to the Vice Chancellor that the student be withdrawn permanently from the University. **Where it is decided that a student should be interrupted from study, this will normally be for the remainder of the current academic year.**

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- 9.8 The decision of the FfS Case Conference will be communicated to the student in writing, normally within 10 working days of the conference, by the FR, DCM or nominee.
- 9.9 If it is deemed appropriate that the student should be interrupted from studies **they will also be informed in writing of the general procedures for return to study** below, and of any particular arrangements specific to their case.

10. IMPACT ON ACADEMIC PROGRESS

- 10.1 If the Study and Wellbeing Review Policy does not identify any underlying cause for a student's non-engagement, any unsatisfactory progress will be dealt with under the University's Academic Regulations (AST5.3 Exclusion of a Student on the Grounds of Unsatisfactory Progress – see [https://www.plymouth.ac.uk/uploads/production/document/path/12/12692/MASTER_COPY - Academic Regulations 2018-19.pdf](https://www.plymouth.ac.uk/uploads/production/document/path/12/12692/MASTER_COPY_-_Academic_Regulations_2018-19.pdf)
- 10.2 In cases where an action plan has been agreed as part of Stage One, Two or Three of the SWR Policy, continued failure to make academic progress, or to engage with the requirements of the programme of study, may result in the decision of the relevant Dean or award assessment board to interrupt or withdraw the student from the programme directly. In the case of PGR students, any impact on academic progress will be considered under the appropriate procedures within the Doctoral College.

11. APPEALS

Appeals against decisions made at stages 1 to 4 of this policy should be submitted in writing to the Complaints and Appeals Office within 10 working days of the decision being notified to the student concerned. See: <https://www.plymouth.ac.uk/student-life/your-studies/essential-information/complaints-appeals-and-conduct>

A student may submit an appeal on the following grounds:

- a) Material procedural irregularity or other administrative error;
- b) Where there is new evidence which for good reason, was not available at the time that the decision was taken under the FfS procedure.

Appeals will be considered if there is evidence of procedural irregularity, bias or failure to reach a reasonable decision. Appeals at Stage 1 or 2 of the Appeals Procedure will be considered by the Head of School (or nominee) or the Academic Registrar (or nominee). Stage 3 appeals will be considered by the Deputy Vice Chancellor (or nominee). **Advice and guidance regarding**

appeals is available from the Student Union Advice Centre on 0800 953 0155 or 01752 588373 or at advice@su.plymouth.ac.uk

Students who remain dissatisfied after their appeal has been considered will be able to apply to the Office of the Independent Adjudicator for further review. For information see www.oiahe.org.uk/

12. STAGE FOUR: REQUESTS TO RETURN TO STUDY

- 12.1 Following any period of interruption from the University under these procedures, it may be appropriate for the student to return to resume their studies. The University will specify the minimum length of time of any interruption (normally this will be for the remainder of the current academic year) but **it is the student's responsibility to contact the University formally, giving at least six weeks' notice, if they wish to request to return to study at the end of any period of interruption.** When a period of interruption is required, students will be informed in writing of the contact details and date by which they are required to formally contact the University with a request to return to study. If an interrupted student does not contact the University with a request to return, the interruption will automatically be extended for one further academic year and an official reminder and explanatory letter will be sent to their contact address(es). Thereafter, if the student still does not respond, they will be withdrawn from their programme of study.
- 12.2 Each student's case depends on the specific circumstances but in all cases, return to study will be conditional upon satisfactory indications of fitness for study and will normally require a Stage Four Case Conference to be called by the appropriate FR or the DCM. Where relevant, the information required to support a request to return may be from a registered health practitioner, a social worker, law enforcement or a rehabilitation professional who has enough knowledge of the student's circumstances to be able to make an informed statement about the student's fitness for study. It may also take the form of an Occupational Health assessment report commissioned by the University to take account of relevant information. Students may also be required to produce a reflective statement (of approximately 1000 words), or to complete an equivalent task, to assist the University in making a decision about fitness to study. **The University reserves the right not to permit a return to study, and may permanently withdraw a student if the information presented at the Case Conference is deemed insufficient to mitigate any perceived remaining risk.**
- 12.3 Following the Stage Four Case Conference any decision to permit a student to return to study must be approved by the Dean of Faculty (or nominee) and will depend upon the students' agreement to the fulfilment of such conditions

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as deemed appropriate to the relevant case (such as a return to study plan or a requirement for the student to attend regular review meetings).

- 12.4 In cases where a student has taken the decision independently to interrupt their studies, the University will utilise the processes described in 12.1 – 12.3 above, where it deems them appropriate, to determine whether a request to return to study can be approved.

13. Review of this policy

This policy and procedures will be subject to an annual review meeting to be Chaired by the DVC, Education and Student Experience (or nominee); and including the AR, Head of Student Services; the Head of Complaints, Appeals and Conduct; the Faculty Registrars; the DCM; and the Student Union's Vice President (Education) or nominee.

APPENDIX

Links to other relevant University of Plymouth policies, useful information and documents

- **Wellbeing help** Information for students and staff concerned about their own or someone else's immediate wellbeing or safety_
<https://www.plymouth.ac.uk/your-university/support-in-times-of-crisis>
- **Full range of student regulations, policies and procedures**
<https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations>
- **University of Plymouth Student Charter:** agreement between the University, the University of Plymouth Students' Union (UPSU) and the student body <https://www.plymouth.ac.uk/your-university/student-charter>
- **Personal Tutoring:** <https://www.plymouth.ac.uk/your-university/teaching-and-learning/guidance-and-resources/personal-tutoring>
- **Extenuating Circumstances Policy** <https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/exam-rules-and-regulations/extenuating-circumstances>
- **Education and Student Experience Strategy –**
<https://web-dr.tis.plymouth.ac.uk/about-us/university-strategy/education-and-student-experience-strategy>
- **Defining Risk**

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Risk may be defined as the potential that a chosen action, choice of inaction or lack of consideration of a need for action will lead to an undesirable outcome. The notion implies that a choice that had or could have an influence on the outcome exists, or existed. In the context of this policy, the risk can be to the individual student or member of staff, to others that might be affected by a student's actions or inactions, or to the institution, including its reputation.

- **Legal representation**

Senate has approved the following statement: "A student will not be permitted to bring a legal representative to a formal hearing unless the decision of the Panel or Committee is likely to exclude the student from professional registration permanently, without right to appeal, thereby preventing the student from following his or her intended career".

- **Academic Regulations:**

<https://www.plymouth.ac.uk/student-life/academic-regulations>

- **Student Disciplinary Procedures, Code of Conduct and General Regulations for Students.**

https://www.plymouth.ac.uk/uploads/production/document/path/1/1555/Student_Code_of_Conduct_and_Disciplinary_Procedure.docx

- **Information about Learning Support and Wellbeing services** via the Learning Gateway: <https://www.plymouth.ac.uk/student-life/services/learning-gateway>

- **Disability Services webpages:** <https://www.plymouth.ac.uk/disability>
(Includes FAQs and links to information about Student Support Documents (SSD); enabling and learning support; fieldtrips; and specific conditions: Asperger syndrome; ADHD developmental coordination disorder; dyslexia; hearing impairment; mental health conditions; mobility impairment and physical disabilities; visual impairment and visual stress)

- **Student Counselling webpages:** <https://www.plymouth.ac.uk/counselling>

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- **University of Plymouth Students Union (UPSU) Advice Centre**
<https://www.upsu.com/advice/>
- **Guidelines for action in cases of risk of serious harm to self or others:**
https://www.plymouth.ac.uk/uploads/production/document/path/1/1703/59500_0_261548_9881_Guidelines_for_Action_TD.pdf
- **Guidelines for action: staff with concerns about a student's well-being:**
https://www.plymouth.ac.uk/uploads/production/document/path/1/1703/59500_0_261548_9881_Guidelines_for_Action_TD.pdf
- **University guidance on supporting students experiencing mental health difficulties:**
https://www.plymouth.ac.uk/uploads/production/document/path/2/2601/Supporting_students_experiencing_mental_health_difficulties.doc.doc
- **Fitness to Study for Students with Severe Eating Disorders:** Guidance, Higher Education Occupational Practitioners' Society
http://www.heops.org.uk/uploads/1521730766HEOPS_Guidance_Fitness_to_Study_with_Severe_Eating_Disorders_v2.pdf
- **Safety advice for students** <https://www.plymouth.ac.uk/student-life/services/learning-gateway/staying-safe>
- **University of Plymouth Health and Safety Policies**
<https://www.plymouth.ac.uk/your-university/about-us/university-structure/service-areas/health-and-safety>
- **Faculty of Health & Human Sciences Fitness to Practise procedures for Healthcare, Nursing and Social Work students:**
https://www.plymouth.ac.uk/uploads/production/document/path/2/2057/Fitness_to_Practice_Procedure_for_Students.pdf
- **Faculty of Medicine & Dentistry Fitness to Practise procedures**
<https://www.plymouth.ac.uk/courses/undergraduate/bds-dental-surgery/student-conduct-and-fitness-to-practise>.
- **University of Plymouth Safeguarding Policy**
https://www.plymouth.ac.uk/uploads/production/document/path/11/11583/Safeguarding_Policy.pdf.