

Disabled Students Allowance

Non-Medical Helper

Specialist One to One Study Skills

Specialist one to one study skills support is **non-subject specific** and helps you to develop skills and strategies aimed at promoting independent learning.

Band 4

Specialist one to one Study Skills may include the following:

- Time management and organisation
- Exam and revision strategies
- Preparing for lectures, seminars and presentations
- Planning techniques
- Action planning and target setting
- Research methods
- Structuring information
- Referencing and sourcing data
- Academic writing processes and techniques
- Effective/interactive reading strategies
- Proofreading strategies

This list is not exhaustive and your support may feature activities not listed here.